

# **ADDICTION COUNSELOR EDUCATION WESTFIELD PROGRAM**

## **A PROFESSIONAL DEVELOPMENT SEQUENCE**

Addiction services agencies have become an important element in our nation's health care delivery system, employing professional managers, counselors and service providers. Those who wish to pursue a career in the treatment of alcoholism/chemical dependency should be familiar with the functions of a counselor and the diverse populations served by a complex network of treatment modalities. They must possess the knowledge, skills and techniques necessary for the successful treatment of individuals and families afflicted by alcoholism and/or other drug addictions. The Westfield State College Addiction Counselor Education Program assists in the professional development of people involved in an important and growing health care service field.

## **THE ADMISSION PROCESS**

Candidates' qualifications are reviewed by the Director of the Addiction Counselor Education Program. Completion of a high school diploma or GED, narrative statement, and personal interview are all considered when an application is reviewed.

All admission materials become the property of the Addiction Counselor Education Program and may not be returned to you or submitted to other parties for any other use.

Admission to the Addiction Counselor Education Program is determined without regard to race, color, sex, religion, or national origin.

Students may start the program in September.

## **GENERAL INSTRUCTIONS**

Application to the Addiction Counselor Education Program consists of the following: (Submit the application, fee, transcripts and narrative together.)

- Application and \$25 non-refundable fee payable to Westfield State College
- Narrative Statement
- High School Transcript or GED
- Personal Interview

## **ACCEPTANCE**

After a candidate submits an application and supportive material, an appointment will be scheduled with the program director. Admission decisions are made on an individual basis; candidates will be notified, in writing, as soon as a decision has been made.

# **ADDICTION COUNSELOR EDUCATION PROGRAM**

## **WESTFIELD PROGRAM**

### **I. COURSE DESCRIPTIONS**

#### **A. THE USE AND ABUSE OF ALCOHOL AND OTHER DRUGS IN SOCIETY**

This course surveys the broader problems caused by the use and abuse of alcohol and other drugs in modern society. It draws upon intra- and inter-cultural comparisons in emphasizing the magnitude of alcohol and other drug addiction problems, and presents and analyzes normative data. Part of the course is given to a study of the physiological consequences of abusive drinking and drug use. The course will also consider poly-drug abuse, the family of the alcoholic or substance abuser, Alcoholics Anonymous and other self-help/12-step groups, and the relationship of the criminal justice system to alcoholism/chemical dependency rehabilitation.

#### **B. THE DELIVERY OF ALCOHOLISM/CHEMICAL DEPENDENCY TREATMENT SERVICES**

This course gives students an overview of the system that provides alcoholism/chemical dependency treatment services. The course examines the organization and function of each treatment modality and the ways in which a continuum of care can be provided by a network of different facilities. The course also considers the methods counselors use to determine which levels of care and which facilities will be most helpful to addicted persons. Participants will be exposed to the six agencies making up the community-based treatment system: the shelter, the detoxification unit, the halfway house, the in-patient center, the outpatient center, and the outreach program.

#### **C. COUNSELING THE ALCOHOLIC AND OTHER CHEMICALLY DEPENDENT PERSONS**

This course provides students with an understanding and application of counseling skills, techniques and strategies as they are applied to the treatment of the alcohol and other drug dependent person. Definitions and etiologies of alcoholism and chemical dependency including the psychology of addictions will be explored and related to the treatment process. The fundamental functions of a counselor will be explored and other special issues such as dual disorder and HIV infection.

#### **D. PSYCHOPHARMACOLOGY**

This course introduces the student to the basic principles of pharmacology, anatomy, and physiology. These principles are applied to an examination of the major classes of psychoactive drugs, including those commonly subject to abuse.

#### **E. FAMILY ALCOHOLISM AND CHEMICAL DEPENDENCY TREATMENT**

This course will provide an overview of the role of alcoholism/chemical dependency in the family system and the various intervention and treatment approaches used in assisting families troubled by alcohol and other drugs. Students will explore the functions of self-help groups in the recovery process and how these groups differ from professional helping models. The unique roles played by family members and how these roles relate to recovery will be emphasized throughout the course.

### **II. PRE-PRACTICUM**

The pre-practicum workshop is an intensive two-day learning experience designed to bridge the gap between the academic knowledge imparted through the core courses and the hands-on experience of the field practicum. Participants engage in role-playing sessions that allow them to practice basic counseling skills found useful in treating alcoholism/chemical dependency.

### **III. PRACTICUM**

Students enrolled in the practicum work under supervision in licensed alcoholism/chemical dependency treatment facilities with people in need of treatment. The program director helps each student make arrangements for a practicum suited to his or her needs. Participants not so employed seek placements such as detoxification centers, recovery homes, outpatient clinics, court clinics, hospital-based programs and other such facilities. Some students choose management internships in treatment facilities or in federal, state, or independent research organizations.

## FACULTY

**Program Director:**

**Linda A. Mullis**, M.Ed., LADC I, LMHC, MAC, CCS, CADAC II

**Teaching Staff:**

**Michaelene Dalton**, M.Ed., CADAC, LADC I, LMHC, CCS

Coordinator, First & Second Offender Driving Under the Influence Programs, Baystate Medical Center, Spfld. MA

**Philip F. Day**, LICSW, CADAC

Program Manager, Alcoholism & Drug Services, Baystate Medical Center, Springfield, MA

**Richard Flebotte**, MA, CADAC II, LADC I, LMHC

Lead Clinician at Carlson Recovery Center, Baystate Health Systems.

**Richard K. Fleming**, LICSW, CADAC

Private Practitioner

**Joann Grkovic**-M.ed, LADC I, CAC

Assistant Superintendent for Hampden County Sheriff's Depart. & Correctional Facility, Substance Abuse unit.

**David J. Hamelin**, M.A., CADAC, LADC I

Teacher/Intervention Specialist for the Springfield Student Assessment Center

**Martha Klaczak**, LMHC, CADAC II, LADC I

Senior Clinician for Carson Center in Westfield MA

**Linda Lynch**, MA, LADC I, RN

Nurse Manager, Habit OPCO, Springfield MA

**Laura Waskiewicz**, MS, CADAC, LADC I

Assistant Superintendent of Franklin County Sheriff's Office, Greenfield, MA

WESTFIELD STATE COLLEGE  
Community Education

**ADDICTION COUNSELOR EDUCATION PROGRAM APPLICATION  
Westfield Program**

**Social Security Number**

1. Name \_\_\_\_\_  
Last
First
Middle

Other Name(s) under which records may be found: \_\_\_\_\_

2. Home Address \_\_\_\_\_  
Street
City
State
Zip Code

3. Present Mailing Address \_\_\_\_\_  
P. O. Box/Street
City
State
Zip Code

4. Telephone: Home \_\_\_\_\_ Cell \_\_\_\_\_ Work \_\_\_\_\_ Ext \_\_\_\_\_

5. Email Address: \_\_\_\_\_

**OPTIONAL**

This information is **optional** and is being used for statistical purposes only. It will be held in the strictest confidence.

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_  
Mo.
Day
Yr.

\_\_\_\_\_ Person with Disabilities  
 Male \_\_\_\_\_ Disabled Veteran  
 Female \_\_\_\_\_ Vietnam Era Veteran

12-Step/Self-help Involvement:

Yes \_\_\_\_\_ No \_\_\_\_\_

Length of Commitment: \_\_\_\_\_

- \_\_\_\_\_ 1. Alaskan Native
- \_\_\_\_\_ 2. American Indian
- \_\_\_\_\_ 3. Asian/Pacific Islander
- \_\_\_\_\_ 4. White (Non-Hispanic)
- \_\_\_\_\_ 5. Black (Non-Hispanic)
- \_\_\_\_\_ 6. Cape Verdean
- \_\_\_\_\_ 7. Hispanic
- \_\_\_\_\_ 8. Other

Please indicate if accommodations are needed:

6. Previous educational Training - List in chronological order. Include High School or GED with the date completed. Include all colleges attended. If you attended Westfield State College, indicate whether you were a Day Division, Continuing Education or Credit-Free student.

Name of Institution	Location: City/State	Dates Attended	Total Credits	Diploma, Degree or Certificate Awarded

7. Work Experience:

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8. List previous experience (volunteer, etc.) related to your knowledge on alcohol and other drug issues:

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9. How did you hear about the program? \_\_\_\_\_

10. Please complete and attach a **narrative statement** indicating what motivated your decision to enter the Addiction Counselor Education Program.

- Typewritten (preferred - but not necessary)
- No more than two pages (double spaced - one sided)

TRANSCRIPTS FROM EACH SCHOOL LISTED MUST BE SENT TO:

WESTFIELD STATE COLLEGE/COMMUNITY EDUCATION  
ADDICTION COUNSELOR EDUCATION PROGRAM  
577 WESTERN AVENUE  
WESTFIELD, MA 01086-1630  
(413) 572-8034

**All application materials are the property of the Community Education Office, Division of Graduate and Continuing Education and cannot be returned to you or submitted to other parties for any other use.**

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I certify that I have read and understand the general admission information on this application and that the information in this application is true and complete to the best of my knowledge.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date