



**Medical Form**

Westfield State University: H.E.L.P. Program  
MAKE YOUR DOCTOR APPOINTMENT EARLY!  
Per Board of Health

Pages 1 & 2 to be completed by Parent/Guardian, 3 by physician

***MUST BE RETURNED NO LATER THAN June 4, 2019.***

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender: \_\_\_\_\_

Operations/serious injuries (Describe and give dates): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Chronic or recurring illnesses: \_\_\_\_\_

**Check any that apply:**

- \_\_\_\_ Frequent Ear Infections
- \_\_\_\_ Heart Defect
- \_\_\_\_ Convulsions
- \_\_\_\_ Diabetes
- \_\_\_\_ Bleeding (Clotting)

**Allergies**

- \_\_\_\_ Hay Fever
- \_\_\_\_ Poison Ivy
- \_\_\_\_ Insect Sting
- \_\_\_\_ Penicillin
- \_\_\_\_ Other Drug Allergy

**Diseases**

- \_\_\_\_ Chicken Pox
- \_\_\_\_ Measles
- \_\_\_\_ Measles/German
- \_\_\_\_ Mumps
- \_\_\_\_ Asthma
- \_\_\_\_ Other

**Please describe care as necessary to handle asthma:**

\_\_\_\_\_

**Please describe care as necessary to handle diabetes:**

\_\_\_\_\_

**OTHER ALLERGIES (Insects, Food, Plants, Animals, Medicines, Other):**

\_\_\_\_\_

**If Epi-Pen is required to handle allergic reaction, family must supply one.**

**Is Student on a special diet? Please explain what they cannot eat:**

\_\_\_\_\_

**Statement of emotional and mental health from parents (Required)**

**(Please share with us any information about your child's emotional or mental health that might aid us in caring for him or her while enrolled in the program):**

\_\_\_\_\_

\_\_\_\_\_

### IMMUNIZATION HISTORY

**Vaccines:**

Hepatitis B: \_\_\_\_\_ Date: \_\_\_\_\_ Basic Immunization: \_\_\_\_\_ Last Booster: \_\_\_\_\_

Diphtheria: \_\_\_\_\_ Date: \_\_\_\_\_ Basic Immunization: \_\_\_\_\_ Last Booster: \_\_\_\_\_

Tetanus: \_\_\_\_\_ Date: \_\_\_\_\_ Basic Immunization: \_\_\_\_\_ Last Booster: \_\_\_\_\_

Injectable Polio (Salk): \_\_\_\_\_ Date: \_\_\_\_\_ Basic Immunization: \_\_\_\_\_ Last Booster: \_\_\_\_\_

Measles: \_\_\_\_\_ Date: \_\_\_\_\_ Basic Immunization: \_\_\_\_\_ Last Booster: \_\_\_\_\_

Rubella: \_\_\_\_\_ Date: \_\_\_\_\_ Basic Immunization: \_\_\_\_\_ Last Booster: \_\_\_\_\_

Tuberculin: \_\_\_\_\_ Date: \_\_\_\_\_ Basic Immunization: \_\_\_\_\_ Last Booster: \_\_\_\_\_

Hepatitis B: \_\_\_\_\_ Date: \_\_\_\_\_ Basic Immunization: \_\_\_\_\_ Last Booster: \_\_\_\_\_

\_\_\_\_\_ All immunizations part of 105 CMR 430.152 have been fulfilled.

Name of Dentist or Orthodontist: \_\_\_\_\_ Tel: (\_\_\_\_) \_\_\_\_\_

Name of Family Physician: \_\_\_\_\_ Tel: (\_\_\_\_) \_\_\_\_\_

Student medical insurance carrier: \_\_\_\_\_ Policy #: \_\_\_\_\_

Name on Insurance Card: \_\_\_\_\_

**Parent authorization: This health history is accurate as far as I know and the person herein described has permission from me to engage in all prescribed activities, except as noted by myself or the examining physician. I hereby give the physician selected by the program director to order x-rays, routine tests and treatment for the health of my child in the event I cannot be reached in an emergency. I also hereby give my permission to the physician selected by the program to hospitalize, secure proper treatment for, order injection, and/or surgery for my child as named above.**

**Parent/Guardian Signature:** \_\_\_\_\_

**Parent/Guardian Name (Please Print):** \_\_\_\_\_

**Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Student's name:** \_\_\_\_\_

**Date examined:** \_\_\_\_\_

\*\*\*\*\*

**OFFICE USE ONLY**

**Date Sent:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Date Received:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Medical Examination (To be completed by licensed physician)**  
**This examination should be performed within one calendar year of arrival.**  
**Examination for some other purpose within this period is acceptable.**  
**Please also have physician review first two pages of Medical Form**

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender: \_\_\_\_\_

Examination is for the purpose of determining fitness to engage in any strenuous physical activities.

Code : **V** = Satisfactory

**X** = Not Satisfactory

**O** = Not Examined

Height: \_\_\_\_\_

Contacts: \_\_\_\_\_

Lungs: \_\_\_\_\_

Weight: \_\_\_\_\_

Ears: \_\_\_\_\_

Abdomen: \_\_\_\_\_

B.P.: \_\_\_\_\_

Nose: \_\_\_\_\_

Hernia: \_\_\_\_\_

Hct. or Hgb: \_\_\_\_\_

Throat: \_\_\_\_\_

Extremities: \_\_\_\_\_

Urinalysis: \_\_\_\_\_

Heart: \_\_\_\_\_

Posture: \_\_\_\_\_

Eyes: \_\_\_\_\_

Genitalia: \_\_\_\_\_

Skin: \_\_\_\_\_

Glasses: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

**Recommendations and special considerations while in program:**

Special Diet: \_\_\_\_\_

Strenuous Activity: \_\_\_\_\_

Other: \_\_\_\_\_

Current Medications: \_\_\_\_\_

Other: \_\_\_\_\_

**I have examined the person herein described and have reviewed the health history as well as the other information in this three-page form . It is my opinion that this student is physically able to engage in program activities except as noted above. Please attach additional comments or information if needed.**

Signed: \_\_\_\_\_ M.D.

Examining Physician

Please Print Name: \_\_\_\_\_

Telephone: (\_\_\_\_\_) \_\_\_\_\_

Address: \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_