

CAREER CENTER

VIDEO INTERVIEWING TIPS

Lighting	Your light source should be in front of you so employers can see your face clearly. Rely on lamps as well as natural light to ensure that enough light is projected on you to produce a quality image.
Audio	Make sure to notify family members/roommates about your interview to minimize background noise. Use the mute function to minimize distracting noises when you are not speaking.
Location	Pick a quiet location with a bland background to keep the focus on you. On platforms like Zoom, you can change your background to a more a professional background, if needed. Avoid sitting outside as wind, nature and traffic can be picked up in the background.
Technology	Test out the interviewing technology to familiarize yourself with it and assess your bandwidth. Secure the interviewer's phone number prior to the interview in case there is an issue.
Attire/Body Language	Sit up straight in a chair, dress professionally and look at the camera whenever possible. Smile, engage and be yourself!

[Learn the different video interviewing formats](#)

[How to make a good impression in a virtual interview](#)

[4 Strategies for nailing the video interview](#)

[5 essential tips for video and skype interviews](#)

[5 tips for nailing a phone screen](#)

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