

# **Master of Arts in Psychology**

# Mental Health Counseling Forensic Mental Health Counseling

Student Manual (August 2016)

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# Master of Arts in Psychology Concentrations Mental Health Counseling Forensic Mental Health Counseling

The Department of Psychology offers a 60-credit graduate program in psychology designed to serve the student who plans to enter the applied fields of psychology after receiving the M.A. The program offers four specialized tracks, in school guidance counseling, school adjustment counseling (non-licensure), mental health counseling, and forensic mental health counseling.

# **Mental Health Counseling Track**

Completion of the **mental health counseling** concentration is the first step toward fulfillment of a Massachusetts mental health counselor license. Successful completion of 60 credits (and other requirements, as outlined by 262 CMR, Board of Allied Mental Health and Human Services Professions) will offer students the opportunity to apply for licensure as mental health counselors. The program of study for mental health counselors consists of thirty-three (36) credits of required core courses, (12) credits of electives selected under advisement, and (12) credits of internship (600 hours). Practicum requirements for licensure are included in several core courses, as well as two supervision classes.

# **Forensic Mental Health Counseling Track**

A concentration in **forensic mental health** within mental health counseling will prepare students for jobs that address the needs of offender populations. Our curriculum is designed to offer specialized training in theory, assessment, and treatment, and will provide students with the applied experience in forensic and/or criminal justice settings. Students interested in research or in continuing their graduate education will have the opportunity to complete a thesis or independent study project. Upon graduation, students meet masters-level knowledge and experience requirements for subsequent licensure in mental health counseling. Successful completion of 60 credits (and other requirements, as outlined by 262 CMR, Board of Allied Mental Health and Human Services Professions) will offer students the opportunity to apply for licensure as mental health counselors. The program of study for forensic mental health counselors consists of thirty-three (36) credits of required core courses, (12) credits of forensic courses, and (12) credits of internship (600 hours). Practicum requirements for licensure are included in several core courses, as well as two supervision classes.

# **General Program and Policy Summary**

The M.A. program must be completed within seven years of the first course counted toward the degree. Since courses are offered in a cohort model, that is, in a fixed sequence, planning with advisors is imperative. Upon acceptance into the program, the student is scheduled for orientation where their cohort options are determined. There will be continual evaluation during the course of study with students apprised of their progress. A favorable evaluation is necessary for continuation in the program. The granting of the degree is based on professional competence, completion of the program of study, and satisfactory passing of the Counselor Preparation Comprehensive Examination (CPCE; Thesis may substitute for forensic mental health concentration).

To accommodate students who work and/or have other substantial demands placed upon their time, courses are offered during the evenings, late afternoons, or on Saturdays. Important exceptions to this schedule are the Practicum and Internship experiences. While some placements permit flexible scheduling, many may require a graduate student candidate adjust their schedules. Advisors will work with students to assist with a placement match that is best-suited to life circumstances, however since these experiences are an essential component of counselor training, students must plan for the flexibility that will allow them to complete these requirements.

# **MENTAL HEALTH COUNSELING - 60 credits**

#### **Required Courses (36 credits)**

PSYC 0522	Theories of Counseling	3 s.h.
PSYC 0610	Principles & Practices of Psychological Testing	3 s.h.
PSYC 0621	Basic & Applied Research	3 s.h.
PSYC 0620	Dynamics of Group Counseling*	3 s.h.

PSYC 0630	Advanced Development	3 s.h.
PSYC 0645	Counseling Diverse Populations	3 s.h.
PSYC 0524	Counseling Basics with Supervision*	4 s.h.
PSYC 0624	Advanced Counseling with Supervision*	4 s.h.
PSYC 0615	Psychopathology: Diagnosis & Treatment of Adults	3 s.h.
PSYC 0641	Ethics & Standards in the Mental Health Professions	3 s.h.
PSYC 0680	Evidence-Based Therapies in Mental Health Counseling	4 s.h.

Electives – Determined through consultation with program advisor (total of 12 credits)

# **Internship Requirements (12 credits-600 hours)**

PSYC 0690 Internship (Mental Health Counseling)

6 s.h. per semester Fall/Spring

#### FORENSIC MENTAL HEALTH COUNSELING - 60 credits

# **Required Courses (48 credits)**

PSYC 0522	Theories of Counseling	3 s.h.
PSYC 0610	Principles & Practices of Psychological Testing	3 s.h.
PSYC 0621	Basic & Applied Research	3 s.h.
PSYC 0620	Dynamics of Group Counseling*	3 s.h.
PSYC 0630	Advanced Development	3 s.h.
PSYC 0632	Psychological Theories of Criminal Behavior	3 s.h.
PSYC 0637	Forensic Counseling: Assessment	3 s.h.
PSYC 0638	Forensic Counseling: Treatment	3 s.h.
PSYC 0645	Counseling Diverse Populations	3 s.h.
PSYC 0524	Counseling Basics with Supervision*	4 s.h.
PSYC 0624	Advanced Counseling with Supervision*	4 s.h.
PSYC 0615	Psychopathology: Diagnosis & Treatment of Adults	3 s.h.
PSYC 0641	Ethics & Standards in the Mental Health Professions	3 s.h.
PSYC 0680	Evidence-Based Therapies in Mental Health Counseling	4 s.h.

Forensic Elective – Determined through consultation with program advisor (3 credits)

# **Internship Requirements (12 credits-600 hours)**

PSYC 0690 Internship (Forensic Mental Health Counseling)

6 s.h. per semester Fall/Spring

<sup>\*</sup> Practicum hours counted toward LMHC licensure are included in the following courses:

PSYC_0524	Counseling Basics with Supervision
PSYC_0624	Advanced Counseling with Supervision
PSYC 0620	Dynamics of Group Counseling

**Practicum requirements**: A total of 100 clock hours of Practicum are weaved into the requirements of courses above. Students complete direct client contract requirements outlined in 262 CMR 2.00. A minimum number of supervision hours will include 10 individual supervision hours, 5 group supervision hours, and the remaining 10 either individual or group supervision hours.

#### ACADEMIC & STUDENT SUPPORT SERVICES

# **Academic Advising**

The staff and faculty of Westfield State University Graduate Studies Office understand and respect the concerns and needs that many adults have about pursuing a graduate degree. We emphasize the importance of *regular* advising to both new students and students who are at various stages of completing their Master's degree.

Upon admission into an academic graduate program, you are assigned a major advisor. You will also be scheduled for orientation and advising. Your advisor will assist you in planning your program with the cohort choices available. You assume responsibility for knowing and meeting the curriculum requirements of your program.

You will have follow-up group advising throughout your program of study, as well as individual access to your advisor.

Because we are strongly committed to counseling support as an integral component of our educational programs, we encourage you to contact your advisor if you feel your cohort plan is no longer feasible due to changing circumstances. We will assist you in outlining your options should a change in cohort be necessary.

# **Graduate Catalog**

The University Graduate Catalog is directly available at <a href="http://catalog.westfield.ma.edu">http://catalog.westfield.ma.edu</a>. The drop-down menu at the top of the page allows you to toggle back and forth between the undergraduate and graduate content as well as previous archived versions.

Additionally, for those with portable devices (phones and tablets) running iOS, Android or Microsoft operating systems, a mobile version of the application is available at <a href="http://m.catalog.westfield.ma.edu">http://m.catalog.westfield.ma.edu</a> which can then be saved to your "desktop" or home screens similar to mobile applications.

The Graduate Catalog contains important information for your academic experience at the University. Among other information, the Catalog details specific rules, regulations, policies, fees, courses of study, academic requirements, and course descriptions.

#### Library

The Governor Joseph B. Ely Library's collections include over 152,300 volumes, 1,504 current periodicals, 16,565 bound periodicals, 529,000 microforms, 16,078 media items, abstracts, indexes, and 180+ electronic databases containing more than 25,000+ full text periodicals available online. Online databases and online catalog are available from the Library's homepage <a href="http://lib.westfield.ma.edu">http://lib.westfield.ma.edu</a>. Reference, instruction, interlibrary loan, and copiers are available. Mobile Access is provided for 54 databases at <a href="http://lib.westfield.ma.edu/mobile">http://lib.westfield.ma.edu/mobile</a>. A student ID is required to borrow materials. Help and information can be obtained through Ask a Librarian by phone at 413-572-5234 or e-mail at <a href="mailto:askus@westfield.ma.edu">askus@westfield.ma.edu</a>.

# **Library Hours (Fall and Spring)**

Library nours (rail and Spring)	
Monday-Thursday	8:00 a.m Midnight.
Friday	8:00 a.m 5:00 p.m.
Saturday	10:00 a.m 6:00 p.m.
Sunday	1:00 p.m Midnight.

Hours are posted online for Final Exam period, holidays, Intersession, and Summer.

Students should also be aware that subject librarians are available to help with specific library collections and research assistance. The Subject Librarian for Psychology is Ed Hill. He can be reached at 413-572-5464 or <a href="mailto:chill@westfield.ma.edu">chill@westfield.ma.edu</a>. The Subject Librarian for Education/ERC is Corinne Ebbs. She can be reached at 413-572-5233 or <a href="mailto:cebbs@westfield.ma.edu">cebbs@westfield.ma.edu</a>. A current list of Subject Librarians can be found on the WSU library's main webpage under Library Info.

# The Reading and Writing Center

The Reading and Writing Center (RWC) is dedicated to supporting and encouraging all students as they write to communicate their ideas and to discover new ones. The RWC staff assists writers on any type of project, in any major, at any stage of the writing process. The RWC offers sessions during the day in Parenzo Hall, Room 218 and in the evening in Ely Library. You may use the RWC at any stage in your writing process, from first thoughts to final drafts.

To make a FREE online appointment and to learn more about the RWC's services, including drop-in hours at Ely Library and workshops on a variety of topics, visit the website: <a href="http://www.westfield.ma.edu/academics/reading-and-writing-center/writing-services-for-students">http://www.westfield.ma.edu/academics/reading-and-writing-center/writing-services-for-students</a>, stop by Parenzo Hall, Room 218, or call 413-572-5569.

Additionally, the peer writing tutors will offer drop-in hours in Ely Library on Mondays and Tuesdays, 6-9 p.m. and our "text-a-tutor" (text: 413-459-1151) will be available to meet students at a mutually convenient time and place.

Three tips to ensure you get the most out of your RWC session: 1. Make an appointment sufficiently in advance of the due date to allow adequate time for making revisions. Keeping in mind that some time periods in the academic year are very busy, such as midterm or prior to finals. Plan appropriately; 2. Bring anything associated with the assignment: a copy of the assignment, the course syllabus, earlier drafts, relevant research and reading material, and your most recent draft; 3. Prior to your session, reread your assignment or your draft and identify a particular question or concern for the session.

# The Reading and Writing Center Hours (Fall and Spring)

Monday-Wednesday	10:00 a.m 9:00 p.m.
Thursday	10:00 a.m. – 7:00 p.m.
Friday	10:00 a.m 3:00 p.m.

# **Information Technology Services**

The Student Technology Support Desk is located in Ely Library. Technology questions, support requests, and troubleshooting requests should be directed to the Technology Support Desk. The Student Support Desk can be reached at 413-572-5528. The Information Technology Center also maintains a webpage that provides many DIY solutions for common requests such as how to set up your university e-mail on a device. This webpage can be found at <a href="http://www.westfield.ma.edu/offices/academic-information-services/technology-support/diy-instructions">http://www.westfield.ma.edu/offices/academic-information-services/technology-support/diy-instructions</a>.

<u>Wireless Internet Access:</u> To access the campus wireless network, simply follow the instructions on how to connect to a wireless network that came with your laptop or other portable electronic device. The name of our wireless network is 'wsc'. Once connected, open your web browser and you will be automatically redirected to our login page. Here you enter your user name and password. In addition, computer labs are located in Wilson Hall, Room 104 and the first floor of the Ely Library

Emergency Notification System: In case of an emergency, Westfield State University has an Emergency Notification System to rapidly communicate with students, faculty, and staff by sending voice messages to all oncampus phone, emails to all Westfield State University e-mail addresses, and text/voice messages to cell phones. It is highly recommended that students sign up for Emergency Alerts. More information can be found at <a href="http://www.westfield.ma.edu/offices/information-technology-it/emergency-notification-system">http://www.westfield.ma.edu/offices/information-technology-it/emergency-notification-system</a>.

<u>eAcademy:</u> The Department of Information Technology has made arrangements with Microsoft, Adobe and various other vendors for our faculty, staff, and students to obtain their products at a substantial discount. Students can visit the e-Academy website and register for an account using your school e-mail address. Once you have created your account you will be able to purchase Microsoft Office, Microsoft Windows, Adobe Creative Suite and various other software titles at a substantial discount. The eAcademy site can be found at <a href="https://westfield.onthehub.com">https://westfield.onthehub.com</a>.

Get essential Westfield State information anytime, anywhere, on your mobile device at m.westfield.ma.edu. The Westfield State University Mobile Web offers up-to-date information, optimized for different types of mobile devices. Read news, events, announcements, class cancellations, directory, shuttle schedules, and more.

#### **Career Services**

Graduate students are encouraged to take advantage of the services provided by the University's Career Center not only while a student but in the future as alumni as well. The office is open weekdays from 8:30 a.m. to 5:00 p.m., and by appointment, during the school year. Services include career counseling, a variety of workshops on preparing for employment (resumes, job search and interview skills) credentials file service, computerized job matching, weekly newsletters on career opportunities, and a career resource library. On-campus employment recruiting and special programs are also featured. Graduate school catalogs, testing information and research guides are available. A computerized interactive guidance program, SIGI+, is also available to assist students in self-assessment and career exploration. For additional information, drop by the Office of Career Services in the Lammers Hall Annex, call 413-572-5206, or e-mail <a href="mailto:careers@westfield.ma.edu">careers@westfield.ma.edu</a>.

# **Counseling Center**

The Counseling Center is located in Lammers Hall Annex. Hours of operation are 8:30 a.m. to 5:00 p.m. Monday – Friday during the academic year. Appointments may be made by calling 413-572-5790. The Westfield State University Counseling Center exists to provide counseling and preventive psychological services for WSU students. Their mission is to facilitate self-discovery, personal growth and healing for students in their journey toward whole-person development. The Counseling Center staff seeks to understand and value the individual within the context of community living, offering services through a multitude of pathways: individual counseling, couples counseling, family counseling, group counseling, assessment of needs, referrals to community and other WSU resources, workshops and presentations.

The Office of Substance Abuse Prevention (OSAP) offers both substance abuse counseling and a variety of educational and creative social programming designed to enhance development of responsible decision-making skills on the part of students regarding substance (ab)use and healthy living. Further information about OSAP may be obtained by contacting the Counseling Center.

# **Veteran Services**

The Office of Veteran and Military Services is located in the Horace Mann Center, Garden Level, Room 10. Veteran Services provides support and assistance for veterans, active duty military, Guard/Reserves, and their dependents. The office provides services for understanding and applying for VA benefits, as well as federal and state programs and benefits. Students are encouraged to visit the office for assistance with any student or military-related questions.

#### ACADEMIC EXPECTATIONS

#### **Program of Study**

Upon initial acceptance into a degree program, you will be assigned an advisor skilled in your area of specialization. Your program of study (Mental Health Counselor see Appendix A and Forensic Mental Health Counselor see Appendix B) is worked out in consultation with your advisor and in accordance with the requirements for a degree in your major program. It is based on *cohort movement*, meaning you will be required to enroll in courses on the program of study when they are offered. You will have some choice in determining whether an assertive vs. relaxed cohort works best for you.

The planned degree program will include:

- 1. Required courses (as indicated on pages 4 and 5 of this handbook)
- 2. A planned program of courses necessary for competency in the field of concentration,
- 3. In some cases, elective courses.
- 4. Identification of courses where practicum hours are required

The program of study must have your signature and the signed approval of your advisor(s). The Coordinator of Graduate Records will circulate the program of study for the signature of the department chair and graduate Dean. The original will then be placed in your file, a copy sent to your advisor and a third copy sent to you.

The signed Program of Study form must be on file within your first semester of study after acceptance. Any changes to the Program of Study must have advance written approval. These approved changes must be filed with the Graduate Office. The advisor is not responsible for his/her advisee's meeting Graduate School regulations and deadlines. You are personally responsible for knowing all University rules and regulations, as well as your program requirements.

# **Retention in Degree Program**

The Division is authorized to award a Master's degree for a program of study that includes coursework with grades of B average or better (3.0). You may earn one C that will count as credit toward your degree (providing that your overall average is at least 3.0). A grade of F or a second C in a course requires that the course be repeated: if in a required course, that course must be repeated with a B or better; if in an elective course, that course or another elective must be repeated with a B or better. A grade of B- is not a B and, therefore, is unacceptable as a

replacement grade. If you earn three (3) C's or two (2) F's, you will be dismissed from the program. If you earn two (2) C's, then a B- in a repeated course, you will be placed on academic probation, but may be allowed one opportunity to repeat, earning a B or better. A GPA of 3.0 must be maintained to remain in good academic standing.

All grades will remain on the transcript; however, when you repeat a course with a grade of B or better, the original grade will not be used in computing the cumulative average. Grades of F earned as the result of proven plagiarism will be treated in accordance with the university's policy on Academic Integrity. Earning an F grade for plagiarism at any stage of program completion may provide grounds for administrative removal from your academic program.

# **Student Responsibilities**

It is your responsibility to become familiar with all regulations and procedures required by the graduate program. In no case should you expect a waiver or exception to published program requirements by pleading ignorance of the regulation or by asserting that an advisor or other authority did not directly present the information. All students should become familiar with all academic policies and specific university/departmental program requirements. Only the Dean of Graduate and Continuing Education, supported by the Graduate Council, has the authority to waive the basic requirements stated in this catalog. No statements made by any person regarding waiver of admission or program requirement shall in any way bind the Graduate Dean or Graduate Council.

# **Professional Liability Insurance**

Students are required to purchase professional liability insurance while enrolled as a matriculated student. Evidence of insurance coverage must be submitted each semester to the program advisor or coordinator of the graduate program. Mental Health Counseling students who opt to join a professional association, e.g. Massachusetts state chapter of the American Mental Health Counselors Association (MaMHCA), can often receive professional liability coverage at extremely affordable rates. Annual student dues for MaMHCA are \$65. The current annual rate for liability insurance through MaMHCA (including fees) is \$24.25. For additional information on this benefit, please visit the MaMHCA website at <a href="http://www.mamhca.org/member-benefits/">http://www.mamhca.org/member-benefits/</a>.

# **Time Limit**

You are expected to complete your degree requirements within seven (7) years from the date of the first course credited toward your degree, including transfer credits from other accredited institutions. No credit will be given for a course older than seven years at the time of graduation. If you fail to meet this time requirement, you must apply in writing for an extension, stating in detail the reasons for the request. The university does not guarantee that the extension will be granted, and the Dean of Graduate and Continuing Education may impose additional requirements before the degree will be granted.

# **Academic Integrity**

"Academic Honesty, a necessary foundation of a learning community is expected of all members of the university community. Violations of the Academic Honesty Policy are unacceptable and are subject to academic penalties including reduced grade, failure of the course, and suspension or dismissal from the university. Violations of academic honesty include, but are not limited to, cheating on examinations, plagiarism, submission of papers for credit in two or more courses, interference with the ability of other students to make use of permitted course materials, facilitating academic dishonesty, engaging in research on human or animal subjects without permission from the appropriate campus committee, and failure to report academic dishonesty." Academic Honesty, (http://www.westfield.ma.edu/prospective-students/campus-life/student-handbook/academic-life/academic-honesty-policy)

Students in the graduate program are expected to have high standards of integrity. Any graduate student who cheats or plagiarizes on examinations, papers, assignments or within a research setting is subject to dismissal from the program. Cases involving academic integrity shall be referred to the Dean for adjudication. The Academic Dishonesty Policy is included as **Appendix C**.

# **Appeals Process**

Questions or concerns relating directly to a university course should first be raised with the course instructor. Program directors and department chairs are available to consult on appeals at the program level. If you have questions or concerns about the academic policies and regulations of the Graduate School, you should direct them in writing to the Dean.

# **QUESTIONS & ANSWERS**

#### Can I transfer credit from another institution?

Up to six (6) semester hours of prior graduate credit <u>may</u> be accepted in transfer from one or more regionally accredited graduate schools toward a Master's degree. To be accepted, such courses must be appropriate to your Program of Study and must be approved by your program advisor. Transfer coursework may not have been counted toward a prior degree. After matriculation, students may not take courses at other institutions for the purpose of transfer. Transfer courses must carry a grade of B (3.0) or better and must be both relevant to your program of study and taken within the program's seven-year time frame. Courses graded Pass/Fail are not acceptable for program credit. Official transcripts for transfer consideration must be sent directly from the transfer institution to the DGCE Office.

# Can I do independent/directed study?

Opportunities for independent study are provided in each department on an advanced graduate level for one to six semester hours' credit. Course admission requires the permission of the faculty member and approval of the Program advisor, Department Chair, and Dean. Written plans for independent study projects must be **approved in advance** before registering for the independent study course. A maximum of six (6) credits of Independent/Directed Study is allowed within a degree program.

# Can I audit courses?

It is possible to audit any course offered by the Division. If you elect to audit courses, you have the privilege of attending classes, but are not required to take any test or examination or turn in any written assignments. Faculty does not evaluate your work. When you take a course as audit, you do not receive a grade or academic credit. Therefore, audited courses do not contribute to the completion of a graduate program of study. Should you want to change a course from audit to credit, you must change this status in the Division's Office prior to the third class meeting by completing the appropriate form. Audited courses may not be re-taken for credit toward a graduate program.

# How do I withdraw from a course?

Enrollment in a course implies a serious intention to complete the work of that course. You may drop a course by withdrawing before the first scheduled class meeting without notation on your permanent record. After the second class meeting, you will receive a grade of "W", *if you properly withdraw in writing before the deadline*. The withdrawal form (available in the graduate office) requires both the student's and the faculty member's signatures. The deadline date is published in each semester's schedule of courses and is set close to mid-term. Verbal messages of intent to the instructor or staff do not constitute withdrawal. Unless a withdrawal form has been completed, signed by you and the instructor, and submitted to the Graduate and Continuing Education Office, you have not officially withdrawn.

Students who can document an "extenuating circumstance" may be allowed to drop a course with a "W" notation on their transcript prior to the final exam. They should contact the Dean of Graduate and Continuing Education to discuss their situation. Students who enroll for a course and fail to attend the first two classes may be withdrawn at the discretion of the professor. Professors are asked to justify such a decision at the time of the recommended withdrawal. Beginning with the third week of classes (or with the third class meeting in summer sessions), faculty may not submit a "W."

Refunds of tuition and appropriate fees, if any, are made on the basis of the date and time of receipt of a student's withdrawal notification in the DGCE Office, and in accordance with the published refund schedule in force during the session within which the refund is requested.

# **Can I change concentrations?**

Students in Graduate Programs may change their concentration within a specific department with approval from the DGCE Chair and the Dean. You must complete a Graduate Degree Program Change of Major form, available in the office of Graduate and Continuing Education, to begin the process. Upon acceptance into your new concentration, you must complete a new Program of Study. Students who wish to enter programs sponsored by another department (e.g., Education to English) must re-apply. In either case, a new Program of Study must be completed with your advisor's approval and the signatures of your DGCE Chair and Graduate Dean. Changing concentrations may delay your intended graduation date, as seats are not guaranteed until a cohort position in the chosen concentration is confirmed.

# How much will my education cost?

Course costs are based on the number of credits per course. All payments must be made by bank money order, postal money order, cashier's check, personal check, Discover, MasterCard or VISA. No cash is accepted unless it is \$10 or under for official transcripts, course descriptions, etc. Costs below are current as of the publication date of this manual and are subject to change.

Tuition – per credit	Rate
Graduate (0400-0600 level courses)	\$318/credit*
Audit	\$50/credit*(graduate)
Fees	
Graduate Psychology Mental Health Internship (Practicum) Fee	\$100 per placement
Transcript and Official Letter Request Fees	
Official Letter	No cost
Transcript fee - normal processing	\$2/each
Transcript fee - 24 hour processing	\$5/each
Other Fees	
New Student I.D. Card (validated each semester)	\$10
Replacement I.D. Card	\$30
Late Registration	¢50
(see registration calendar in semester catalog)	\$50
Monthly Service Charge for past-due balances	\$10
Health Insurance (Fall coverage from Aug 1, 2016 to July 31, 2017) *Price subject to change each academic year	\$2,511
Delayed Payment Application Fee	\$100
Returned Check Fee	\$25
Commencement Fee (assessed semester of graduation)	\$75

<sup>\*</sup>Includes \$105 per credit (GR) tuition, \$75 Registration Fee, \$75 Educational Service Fee (non-refundable after semester start), and other instructional fees.

# Can I make payments?

The Division of Graduate and Continuing Education offers a "delayed payment" program for matriculated students that allows for payment of tuition over a period of time during the semester. Students must meet the following requirements to participate in the program:

- 1. Matriculation in a degree program through the Division of Graduate and Continuing Education;
- 2. application to Delayed Payment Program and payment of \$100.00 processing fee (non-refundable);
- 3. ability to pay within 60 days of registering into a regular semester and within three weeks into any summer semester.

- 4. Students must follow all regulations regarding withdrawals as stated in the Division's refund and withdrawal policy, and are responsible for total payment even if students withdraw before the end of the semester and regardless of grades achieved.
- 5. No student may apply for delayed payment who has been sent to a Collection Agent or placed in Administrative Withdrawal.
- 6. Consequences of non-payment:
  - > \$10 per month penalty charge.
  - Placement in Administrative Withdrawal (no grades, transcripts or diplomas will be released and students may not register for further classes at the university until their obligation has been satisfied.)
  - Student accounts turned over to a Collection Agent will be charged an additional 40% of their unpaid balance.

#### Is financial aid available?

Information regarding all forms of financial aid for Westfield State University students and the Free Application for Federal Student Aid (FAFSA) are available at the Student Administrative Services Center, 333 Western Avenue (first floor west). For further information, please call (413) 572-5218. Please note that Financial Aid administered by the university, regardless of the funding source, requires that students are matriculated into a program and are in good academic standing.

# Federal Unsubsidized Loan Program

- > FAFSA must be filed to determine eligibility,
- > program allows all students regardless of income to obtain a student loan,
- > student pays the interest only during in-school and deferment periods,
- > student also pays an origination and guarantee fee of 4%,
- > fixed interest rate.

Full-time graduate students carry programs consisting of at least 9 semester hours per term. During the summer sessions, nine semester hours of credit across both summer sessions is equivalent to full-time study. For the purposes of receiving financial aid, 6 semester hours per term is considered full-time status. Students who wish to exceed the number of courses in their cohort model may do so, but only with permission. Students who will be receiving benefits from the Veterans Administration or other sources should check with the funding source to be sure a sufficient number of credit hours are taken. Students needing assistance in determining appropriate course loads should consult their academic advisor.

# What is the duration of the degree program?

Students complete the degree program and field experience requirements in a minimum of 3 years under an assertive cohort completion model, but may take longer if they choose a relaxed cohort completion model.

# **Does Westfield State offer Graduate Assistantships?**

Yes. Graduate Assistantships are awarded through the Division of Graduate and Continuing Education to students who have superior academic records, who are matriculated in a graduate degree program, and are registered for a minimum of six semester hours with preference to full-time study (9-12 semester hours).

The assistantships are designed to serve the needs of the university's graduate programs and to assist in the development of the student. The duties of the graduate student may be to assist in instruction, research or administrative duties and will vary according to the department's individual needs. Graduate Assistants contribute to specific programs and serve the Graduate Division, as well. Applications are available in the Graduate Office (333 Western Ave, first floor east) and online at <a href="http://www.westfield.ma.edu/offices-services/graduate-continuing-education/forms-publications/">http://www.westfield.ma.edu/offices-services/graduate-continuing-education/forms-publications/</a>. The application deadline is June 1<sup>st</sup> for Fall semester and/or full-year assistantships and October 15<sup>th</sup> for Spring semester assistantships.

Appointments to assistantships are made during the Fall and Spring semesters. Half-time assistantships carry a \$1,000 stipend and up to 6 credits of free tuition; full-time assistantships provide a stipend of \$2,000 and up to 12 credits of free tuition. In the first case, the student works 7.5 hours per week and must register for six (6) credits per

semester. In the second case, the graduate student contributes 15 hours per week to the department concerned and must take a minimum of nine (9) credits per semester. <u>Graduate Assistants pay all fees, including instructional fees, associated with registration.</u>

# When are degrees conferred?

Master's degrees are conferred during the months of May, August, and January. The Commencement ceremony is held in May.

If you are nearing the completion of your graduate program requirements and plan to receive a Master's degree, you should request the *Application for Graduation* in the Graduate Office or you may retrieve it online at <a href="http://www.westfield.ma.edu/offices-services/graduate-continuing-education/forms-publications/">http://www.westfield.ma.edu/offices-services/graduate-continuing-education/forms-publications/</a>. You should complete this form and submit it to the office no later than the deadline indicated in the university calendar. A commencement fee is required at the time of filing the application for graduation, whether or not you wish to participate in the formal ceremony. No degree or certificate will be conferred and no graduate transcripts will be issued unless all tuition and fees have been paid in full. Information regarding Graduate Commencement ceremony is sent directly to all students who have applied for graduation. Note: You cannot graduate until all degree requirements, including passing of the Professional Portfolio and field experience components, are completed.

# How do I request a transcript?

Official transcripts may be obtained from the Office of Graduate and Continuing Education by mailing in a written request or filling out a transcript request form, available in the office and on the university web site. The signature of the student is required on the form before a transcript can be released or sent and a fee of \$2.00 per transcript must be submitted with the transcript request form. Please allow five working days for our office to process the request. There will be an additional charge for processing of transcript requests within one business day (\$5.00). Transcripts that include the final grades of the present semester will be available approximately three weeks after the close of the term.

# How do I become a Licensed Mental Health Counselor (LMHC) in Massachusetts?

The granting of an LMHC license is under the purview of the Commonwealth of Massachusetts, assuring candidates have the necessary education, experience, supervision, and demonstrated competence for the LMHC credential. The licensure route is governed by the Board of Allied Mental Health and Human Services Professions directed by regulations (262 CMR 2.00). The 60-credit M.A. Psychology degree at Westfield State University is a significant step toward this LMHC goal. The successful graduate of WSU will have the required 60-credit degree, which includes the required subject content, Practicum, Internship, and supervision dictated by 262 CMR 2.00. The student must complete a total of 60 credits of graduate work <a href="https://example.com/before/post-masters">before</a> applying for the LMHC examination. Electives should be taken under advisement of the Program Director. <a href="https://example.com/Post-masters">Post-masters</a> experience and supervision is required prior to achieving an independent LMHC credential from the Commonwealth of Massachusetts. This experience is typically paid-employment and is the responsibility of the graduate. Additionally, the candidate must successfully complete the National Clinical Mental Health Counseling Examination (NCMHCE) after graduation and as part of Commonwealth of Massachusetts licensure requirements. Students are provided an orientation to the NCMHCE during their internship year.

You are encouraged to read the licensure regulations early in your program of study to acquaint yourself with the requirements. A summary of LMHC requirements is included as **Appendix E**. The following link(s) will also get you to the Commonwealth website for the Board of alliend mental Helath and Human Services Professions:

http://www.mass.gov/ocabr/licensee/dpl-boards/mh/

(link) Statues & Regulations

(link) Rules and Regulations (MH)

(link) 262 CMR 2.00: Requirements For Licensure as a Mental Health Counselor

# STUDENT ASSESSMENT

# **Graduate Grading System**

- A (4.0) High Distinction
- A- (3.7) Superior
- B+ (3.3) Excellent
- B (3.0) Good
- B- (2.7) Marginal Pass. Not acceptable as transfer credit.
- C (2.0) Acceptable as credit for <u>only one</u> 3-credit course in a student's program. "C" is not acceptable as transfer credit.
- P\* Pass No grade point equivalent
- F Failure
- I Incomplete
- W Withdrawal
- AU\* Audit

Graduate students must maintain a minimum overall average of 3.0 and meet all other degree requirements in order to be eligible for graduation. Graduate students in good academic standing are by definition honors students. The designation of Latin honors (*Summa cum Laude, Magna cum Laude, Cum Laude*) is for undergraduate students only. \*Because these designations have no grade point equivalent, they may not be used within the graduate program. They are acceptable for Professional Development verification, however.

# **Graduate Level Courses**

All graduate courses are numbered above 400, generally at the 500 or 600 level. All courses with 600 level numbers carry graduate credit and are only open to graduate students. Courses at the 500 level may have a 300 matching number, which allows for the enrollment of upper-level undergraduate students. Professional development courses assigned 0499 numbers will not be included in Westfield's graduate degree programs unless the program coordinator and the Dean grant an exception.

# **Incomplete Grades**

A grade of Incomplete (I) is assigned by the instructor only if you have completed 80% of the course work and have offered a valid reason for your inability to complete the course work within the prescribed semester. You must request a grade of Incomplete before the end of the semester and arrangements for the completion of the work must be made in writing with the instructor. Once you have been granted the incomplete grade, you must complete the work within the first 30 days of the next scheduled semester. If the work is not completed within that time, or if an extension is not granted, the incomplete grade automatically becomes an "F". In certain extraordinary circumstances, faculty may complete an Extension Form (available in the Graduate Office) and submit it to the Office of Graduate Studies to permit a student additional time to satisfy the course requirements.

# **Dispositional Assessment**

Candidates will be subject to an ongoing dispositional assessment (Appendix D) coordinated by the faculty advisor in collaboration with cooperating course instructors, faculty supervisors, and site supervisors. The dispositional assessment process is designed to identify opportunities to provide feedback to students on exhibited character, attitudes, attributes, and behavior as they advance through their academic journey of growth and development toward becoming a competent counselor. In order to ensure this, students are continually assessed in the program through the dispositional assessment process. This process is a means to identify opportunities of providing student feedback in order for students to develop the essential skills of taking in feedback, self-reflecting and continuously evaluating and positively modifying their own behavior. In order for a candidate to advance academically from semester-to-semester, advance to a Field Placement or graduate with an M.A. Psychology degree, they must hold no unresolved "0" or "-1" scores in their dispositional record.

Any candidate who fails to achieve and maintain a satisfactory level on the Dispositional Assessment will be subject to review by the Graduate Committee in Psychology who may determine that the candidate can proceed without intervention or may work with the candidate (or provide a designated faculty member to work with the candidate) on a remedial plan. The Graduate Committee in Psychology may also decide the candidate is not eligible to proceed academically or proceed to Field Placement. If a candidate's assessment displays "0" or "-1" scores, the Graduate Committee in Psychology may remove them from a Field Placement.

# **COMPREHENSIVE EXAMINATION**

The comprehensive examination is completed as a culminating experience in the semester prior to entering PSYC 0690 Internship. The examination, prepared by the Center for Credentialing & Education (CCE) is called the Counselor Preparation Comprehensive Examination (CPCE). The CPCE consists of 160 questions, with 20 multiple-choice questions written for each of the following content areas:

Human Growth & Development Social & Cultural Foundation Helping relationships Group Work Career and Lifestyle Development Appraisal Research and Program Evaluation Professional Orientation & Ethics

Students must complete this computerized examination within the 4-hour period designated by the Division of Graduate & Continuing Education as the comprehensive examination period. typically this is a 4-hour block on a Saturday in mid-March and/or mid-November. Completed examinations are scored within a 30-day period. Students will be notified of their result by the Program Director. Passing scores on each section of the CPCE, as well as total score guidelines for passing the CPCE, are determined by the Graduate Committee in Psychology prior to the examination. Determinations are based on available data (e.g., national averages and percentiles).

Students register for the examination formally with the Division of Graduate and Continuing Education upon entering their last classroom term prior to Internship. Concurrently, students notify the Program Director of their intention to sit for the CPCE. The cost of the examination is \$50 (subject to change each semester). Study materials and practice examinations are available through numerous independent vendors online. Additionally, the CCE publishes a reading list that, ideally, should be utilized as students move through courses addressing each of the content areas above. The current reading list is provided at http://cce-global.org/Assets/CPCE Textbook List.pdf

Candidates will be invited to an orientation for the examination in September for the subsequent mid-March CPCE Exam.

\*Forensic Mental Health Concentration students may, with approval, substitute a successful thesis defense in place of the CPCE examination requirement. Nevertheless, even with a thesis waiver, it is suggested the graduate student practice the CPCE examination is preparation for the Commonwealth's NCMHCE exam requirement postgraduation. Both CPCE and NCMHCE exams are currently prepared by the same vendor.

# PRACTICUM FIELD EXPERIENCES

Students complete 100 hours of required practicum experience in the following courses:

PSYC\_0524 Counseling Basics with Supervision
PSYC\_0624 Advanced Counseling with Supervision
PSYC 0620 Dynamics of Group Counseling

Included in the experience/course requirements are a minimum 40 direct client contact hours and a minimum 25 supervision hours (10 individual, 5 group, remaining 10 individual and/or group) per the 262 CMR 2.00 regulations.

Experiences may include observation at a mental health counseling site, counseling skills presented in a classroom format, role plays, and/or case presentations. Both individual and group supervision will be provided. A student will document their practicum experience on the LMHC licensure forms. These may be found through the website and links below. Students are responsible for holding their own paperwork for licensing, and are required to provide copies of all paperwork to the Program Director for the student file. You are encouraged to read the licensure application early in your program of study to acquaint yourself with the requirements. A summary of LMHC requirements is included as **Appendix E**. Practicum evaluation forms for group supervision (**Appendix F**) and individual supervision (**Appendix G**) are included.

# http://www.mass.gov/ocabr/licensee/dpl-boards/mh/

(link) Applications and Forms (pdf) Mental Health Counseling Licensing Application

# INTERNSHIP FIELD EXPERIENCE

# **Purpose of Internship**

The internship experience represents the culmination of your mental health counseling training. During your internship you will assume the role of professional counselor in training and will provide clinical services at an approved site. You will have the opportunity to test the academic course work and formal training received thus far and apply the theories, techniques, and procedures you have learned to clients under close supervision.

# **Internship Planning Process**

It is important that students are matched to an internship setting that is a good fit. In order to accomplish this, considerable planning must be completed by the student before the student begins their internship. To assure appropriate planning, an orientation one full year prior to internship is offered to the graduate student for guidance in securing a suitable site and with Approved Supervision.

The internship experience must provide the student with opportunities to engage in clinical counseling services under appropriate supervision such as but not limited to:

- Conducting assessments
- Determining DSM-IV diagnoses
- Appropriate treatment planning

Once the internship site has located by the student, a Westfield State University representative will evaluate the appropriateness of the setting and supervision prior to the student beginning the internship experience.

What follows is a step by step process for students to follow in identifying and securing an internship.

- 1. Complete Internship Eligibility Form (Appendix H). Your completion of this form will assist in clarifying your needs and goals for the internship. The accompanying materials to go with this form are: current academic transcript, proof of Professional Liability Insurance Policy.
- 2. Complete the Guidance & Mental Health Practicum & Internship Form (Appendix I) and return to DGCE office
- 3. Meet with faculty advisor: Schedule a meeting with your faculty advisor to turn in your internship eligibility form and discuss possible internship sites. This meeting should occur **one year before** you start your internship.
- 4. Research and develop a list of potential internship sites. It is the student's responsibility to contact and secure an internship site. It is preferable, but not always possible, that a site allow for either video or audio taping your work with clients.
- 5. Contact potential internship sites. Once you have identified several internship sites, it is recommended that you begin scheduling on-site appointments in the semester prior to your internship. Note, some sites may require specific application procedures, fingerprinting, and/or criminal background checks as part of their protocol.
- 6. Interview guidelines. Once an interview has been scheduled, a copy of this internship manual and resume should be given to the site supervisor. Clarify that supervision will need to be provided by a state licensed mental health counselor or psychologist.
- 7. Securing the internship setting and experience. In order to secure your internship site, please turn the following information to your advisor: a) *Internship Agreement Form* (Appendix J); b) *Supervisor Assignment & Qualification Form* (Appendix K).

# **Internship**

Important: All students are required to register for PSYC 0690 during their internship. Class will convene at Westfield State University one evening per week during your experience. A total of 12 hours is devoted to this degree requirement. If the student intends to complete the internship over two (2) semesters, registration will be for six (6) credits in each semester. If the student intends to complete the internship in one (1) semester, registration will be for twelve (12) credits.

You are responsible for the following during your practicum experience.

- 1. You will follow the AMHCA Code of Ethics (**Appendix L**) and the ACA Code of Ethics (**Appendix M**).
- 2. You will complete weekly internship logs and activity reports (Appendix N).
- 3. You will participate in a Mid-Semester Performance Evaluation (Appendix O).
- 4. You will complete an assessment of your experience at the conclusion of your internship (**Appendix P**).
- 5. A final evaluation of your field experience will be completed by your site supervisor and discussed with you (**Appendix O**). The University supervisor should be present for this meeting.

# **POLICIES**

# Absence Due To Religious Beliefs (Chapter 151C, 2B)

Any student in an educational or vocational training institution, other than a religious or denominational educational or vocational training institution, who is unable, because of his/her religious beliefs, to attend classes or to participate in any examination, study, or work requirement on a particular day shall be excused from any such examination or study or work requirement, and shall be provided with an opportunity to make up such examination, study, or work requirement which he/she may have missed because of such absence on any particular day; provided, however, that such makeup examination or work shall not create an unreasonable burden upon such school. No fees of any kind shall be charged by the institution for making available to the said student such opportunity. No adverse or prejudicial effect shall result to any student because of his/her availing him/herself to the provisions of this section of the Massachusetts General Laws.

# **Registration for Courses**

Current and accurate information about courses and enrollment are available on the university web site: <a href="http://www.westfield.ma.edu/offices-services/graduate-continuing-education/">http://www.westfield.ma.edu/offices-services/graduate-continuing-education/</a>. The schedule of courses is available in catalog form several weeks prior to the start of a semester. Special registration time is set aside for matriculated students. The catalog is mailed to students who have taken classes within the last three semesters. Once you begin to take classes, the catalog will arrive directly at your home address during the academic year.

The registration form is included in each semester's course catalog book and is also available in the office and on our website. Payment is expected at time of registration. The office accepts MasterCard, VISA, Discover, personal check, money order, or traveler's checks. Students are offered the opportunity to register through the mail within specified dates (paying with check or MasterCard, VISA, Discover). Accompanied by credit card information, and subject to availability of seats, faxed registrations will be honored, as well. Our fax number is 413-572-5227. You may also register by telephone during a specified time period with MasterCard/VISA only (see semester catalog for the telephone registration number and hours for this service). The dates for registration are available in each semester's catalog.

# IT IS IMPERATIVE THAT STUDENTS REGISTER FOR EACH COURSE LISTED ON THEIR COHORT PLAN. ANY CHANGES MUST BE DISCUSSED WITH THE PROGRAM DIRECTOR.

# **Course Cancellations**

Graduate courses are funded solely by student fees and tuition. Unfortunately, each semester there are courses in which enrollments are not sufficient to compensate faculty. These courses are canceled at the discretion of the Dean. To allow students time to enroll in other courses, decisions to cancel are made on the basis of the number of enrollments prior to the start of classes. Therefore, students are urged to **register early** in order to give an accurate assessment of the number of students who want to enroll in each course. Students affected by course cancellations will be notified by phone or mail. Students not wishing to enroll in an alternative course will receive a full refund as soon as it can be processed. Please note that matriculated students are given the opportunity to register early, prior to the registration of all other students. It is to your benefit, therefore, to be matriculated (formally accepted into a degree program) as soon as possible. The cohort program is designed to minimize or negate course cancellations. However, should your course be cancelled you should consult with the Program Director about adjustments which can keep you on schedule for graduation.

# **Course Descriptions**

Course descriptions can be found in the WSU Graduate Catalog. The most current Graduate Catalog is available online at <a href="http://catalog.westfield.ma.edu">http://catalog.westfield.ma.edu</a>. Should you need copies of course descriptions not found in the Graduate Catalog, you may send a written request or complete the transcript/course description request form, noting the specific course descriptions needed and dates the courses were taken, if applicable. Please allow five working days for processing.

# **Confidentiality of Student Records**

The Family Educational Rights and Privacy Act of 1974 (FERPA) is a federal statute which gives you permission to review your records and offers you the possibility of correcting errors which you may discover. Matriculated students who wish to view their files must complete a written request and allow two working days' notice.

The university, according to the Act, may make public "Directory Information" about you, (e.g., name, address, date and place of birth, telephone listings, schools attended, degrees and awards received, major field of study, participation in officially recognized activities and the most previous educational agency or institution) *unless you specifically request in writing that your prior consent be obtained*. A request made by students to suppress from public distribution the above mentioned information is to be made in writing annually to the Office of Graduate & Continuing Education not later than October 1 of each academic year.

# **Health Insurance Requirements**

Chapter 15A of the Massachusetts General Laws mandates that every full or three-quarter time student in a public or private institution of higher education shall participate in a qualifying student health insurance program. You may waive this insurance coverage if you certify on the waiver form that you have comparable coverage.

Please be aware that effective with the Fall 2009 semester, all students enrolled in three-quarter time coursework (6.75 or more credits for Post-bac. and graduate) and who do not wish to purchase a health plan through the university, must provide proof of medical insurance coverage by posting this information via the web. We no longer accept this information on paper. In order to avoid being assessed a state-mandated insurance charge you must waive the fee by entering your medical insurance information online at <a href="http://www.universityhealthplans.com">http://www.universityhealthplans.com</a> through the electronic waiver form.

From the main screen, please do the following:

- Select Westfield State University
- Then click on the "Waiver Form" link (on the left) to continue the waiver process

# **Immunization Requirement**

Massachusetts Law (Chapter 76-Section 15 C) requires that all full-time university students (12 credits undergraduate and 9 credits post-baccalaureate and graduate students, per semester) present evidence that they are immunized against measles, mumps, rubella, diphtheria, and tetanus in order to register for classes. Tetanus/Diphtheria must be within 10 years; Measles, Mumps, Rubella, initial immunization at the age of 12 months or older and after 1968, and date must include month, day, and year to be valid. If there is a question of immunization status according to the above information, please update your immunizations.

Three doses of Hepatitis B vaccine are required for all full-time freshmen and all Health Science students, undergraduate and graduate. Westfield State University considers students matriculated in Movement Science and Criminal Justice programs, as well as students in teacher training programs, to be in the at-risk population, and requires the same immunizations as Health Science students. Please have the Immunization Form (available in the office or on the back of the Fall and Spring registration forms) completed by your physician and submitted to the Division of Graduate and Continuing Education before registering. In lieu of the immunization verification form, copies of medical records with dates may be submitted, documenting vaccination and/or immunity. If the immunization paperwork is not received within thirty (30) days of the start of classes, you will be dropped from all classes.

#### **Student ID Card**

All Westfield State University students should have a bar-coded Student ID card. Your student ID is required to borrow materials from the library and print on campus. Taken during registration periods and the first three weeks

of classes, the picture ID will be taken in the Wilson Hall Lounge area. The picture ID will cost \$10.00 and will be used throughout your academic career at Westfield. Replacement cards cost \$30.00. For more information, please see the policies section at <a href="http://www.westfield.ma.edu/academics/continuing-education-massachusetts/policies-forgraduate-continuing-education">http://www.westfield.ma.edu/academics/continuing-education-massachusetts/policies-forgraduate-continuing-education</a>.

# **Parking Privileges**

Parking decals are required and are only sold online at <a href="http://buymypermit.com/wsu/">http://buymypermit.com/wsu/</a>. Use your student ID as your account number. You must purchase your decal with either a credit or debit card. Your decal will be mailed to your home address. No decals will be sold on campus. Vehicles without parking decals will be ticketed. For more information regarding campus parking, please visit the Parking Clerk's webpage at <a href="http://www.westfield.ma.edu/offices/parking-clerk">http://www.westfield.ma.edu/offices/parking-clerk</a>. If you have difficulty logging into the permit website, please send an e-mail with your name and student ID number to kmorgan@westfield.ma.edu.

# **PVTA / Ridership Pass**

As a member of the WSU community, all faculty, staff, and students can access the R-10 shuttle (R-10s), and R-10 and B-23 routes on the Pioneer Valley Transit Authority (PVTA) for free by showing a current ID card. To access this privilege, students must have an active sticker on their ID card. Stickers are available at the Campus Card Office in Wilson Hall.

The R-10 route rides back and forth between Springfield to Westfield Center making stops along Route 20. The new R-10s runs between Westfield Center and the University. The B-23 route runs between Holyoke and Westfield along Routes 10 and 202. Schedules are subject to change so make sure to check the new times and routes by looking at the most up-to-date information. Schedules for these routes including times and stop locations can be found on the PVTA website at www.pvta.com.

In addition to the free routes above, students and staff may purchase a full-ridership pass which will allow you to take any route that PVTA offers, throughout the Pioneer Valley, by using the pass and your valid University ID card. The regular rate for a monthly pass (31-days) would cost \$45 through PVTA but PVTA offers passes for \$40 through our Campus Center Service Window (\$5 discount). Students also get help from the Student Government Association (\$15 subsidy) so that you can buy a 31-day pass for just \$25. Full-ridership passes are on sale at the Ely Campus Center Service Window.

# Physically Challenged and Mobility Challenged Students

Physically and mobility challenged students should contact the Division of Graduate and Continuing Education in advance of the term in order to receive assistance in avoiding or solving any problems they may have with regard to parking, entering buildings, reaching classrooms, or seating arrangements within classrooms. At the time of publication of this catalog, elevators and access renovations have not yet been completed for the floors above the first in Ely Hall. The first floor of Ely and the library stacks are accessible to wheelchair users.

# **Non-Discrimination & Affirmative Action Policy**

Westfield State University, both as an employer and as an educational system, is committed to providing a learning, working and living environment for all its students, employees and other members of the University Community which values the diverse backgrounds of all people. The University is committed to assuring that the Westfield State experience is one which challenges, empowers, supports and prepares people to live in, work in, and value our increasingly global and diverse world. Westfield State is committed to a policy of affirmative action in its educational programs, activities and employment practices. These commitments are actively pursued in all aspects of both campus and community relationships.

The University maintains and promotes a policy of non-discrimination on the basis of race, creed, religion, color, gender, sexual orientation, age, disability, veteran status, marital status or national origin. This policy incorporates by reference and where applicable, the requirements of Federal Executive Orders 11246 and 11375 as amended; and the Civil Rights Act of 1988; the Civil Rights Act of 1991; Title IX of the Rehabilitation Act of 1973; the Americans with Disabilities Act of 1974; and pertinent Laws, Regulations and Executive Orders; directives of the Higher Education Coordinating Council, the Board of Trustees of Westfield State College, and other applicable local, state and federal statutes.

# **Policy against Racism**

The Massachusetts State Universities have established a policy of unequivocal prohibition of all forms of racism within the nine University communities. This policy prohibits racism, anti-Semitism and ethnic or cultural intolerance. The policy prescribes all conditions and all actions or omissions including all acts of verbal harassment or abuse, which deny or have the effect of denying to anyone his/her rights to equality, dignity and security on the basis of his/her race, color, ethnicity, culture or religion. The policy reaffirms the doctrine of civility, appreciation for cultural/racial pluralism and the pre-eminence of individual human dignity as preconditions to the achievement of an academic community which recognizes and utilizes the resources of all persons.

Whenever it has been properly determined that a racial incident has occurred, the University will take prompt and corrective action including appropriate disciplinary action. In determining whether the alleged conduct constitutes racism, the University will look at the entire record and the circumstances, such as the nature of the conduct and the context in which the alleged incident occurred and will make a decision on a case-by-case basis. The University is committed to promoting, to the greatest degree possible, an environment free from racism. Any member of the University community who believes that she/he has been a victim of racism may initiate the informal claim or formal complaint procedures as outlined in the University's Discrimination Complaint Procedures.

# **Sexual Harassment Policy**

Westfield State University does not tolerate sexual harassment. Sexual harassment consists of unwelcome verbal, non-verbal and/or physical behavior of a sexual nature that has the effect of interfering with student employment, academic or other status, of creating an intimidating, hostile or offensive environment. It is a form of sex discrimination that was made illegal by Title VII of the Civil Rights Act of 1964 and Title IX of the Educational Amendments of 1972 as amended, and under Chapters 151B and 151C of the Massachusetts General Laws.

Any member of the University community who believes she/he has been a victim of sexual harassment may initiate informal or formal complaint procedures as outlined in the University's Discrimination Complaint Procedures. Full text of the current Sexual Harassment Policy is available in the Graduate and Continuing Education Office, the Equal Employment Office, within the Student Handbook and on the University's website <a href="http://www.westfield.ma.edu/sexual-violence">http://www.westfield.ma.edu/sexual-violence</a>. Further information or advice may be obtained by contacting the Dean of the Division of Graduate and Continuing Education at 413-572-8035.

# **Smoking Law**

Westfield State University is a Smoke/Tobacco Free Campus. State law prohibits smoking on any University property including buildings, grounds, walkways, parking lots, wooded areas and all other property owned or operated by the University. The only exception to this prohibition is that the smoking of cigarettes only may be allowed in designated areas approved by the University President and marked by appropriate signage.

# Appendix A

# Westfield State University GRADUATE PROGRAM OF STUDY MENTAL HEALTH COUNSELING Master of Arts Psychology

The following procedures and policies <u>must</u> be followed before the Program of Study is considered acceptable toward the Master's Degree. This form must be typed or printed clearly.

- 1. The Program of Study form is designed with the assistance of an advisor after you are accepted into the Graduate Program. After the study plan is completed it must be signed by a) the advisor, b) the Department Chairperson, c) the Dean of Graduate Studies, and d) the student.
- 2. Any changes in the original program must have the approval of the advisor and confirmation of the action by the Department Chairperson and by the Dean of Graduate Studies.
- 3. The Program of Study is developed in adherence to the following policies:
  - a. Students are expected to complete their degree requirements within seven (7) years from the date of the first course credited toward their degree, including transfer credits from other regionally accredited institutions. No credit will be given for a course older than 7 years at time of graduation.
  - b. No more than six (6) semester hours of prior graduate credit <u>may</u> be accepted in transfer from one or more regionally accredited graduate schools toward a Master's Degree. To be accepted, such courses must be appropriate to your Program of Study and must be approved by your program advisor. Transfer coursework may not have been counted toward a prior degree.
  - c. No more than nine (9) semester-hours credit taken at Westfield State University prior to matriculation may be applied toward the degree. Once (6) semester hours have been earned, a Pending Application Waiver must be submitted and approved prior to registering for (3) additional credits. All such credits must be appropriate to your Program of Study and must be approved by your advisor.
  - d. A Program of Study is designed in consultation with an advisor in accordance with the requirements for a degree in a specific concentration. The advisor is not responsible for his/her advisee's meeting Graduate Division regulations and deadlines. You are personally responsible for knowing and following all University rules and regulations.
- 4. Academic Integrity Students in the graduate program are expected to have a high standard of integrity. Any graduate student who cheats or plagiarizes on examinations, papers, assignments or within a research setting is subject to dismissal from the program. Cases involving academic integrity shall be referred to the Dean for adjudication (see Graduate Catalog).
- 5. Dispositional Assessment Candidates will be subject to an ongoing dispositional assessment as described in the Graduate Catalog.

NAME:	DATE:
ADDRESS:	HOME PHONE:
	CELL/WORK PHONE:
TITLEOF DEGREE: M.A. Psychology	
AREA OF CONCENTRATION: Mental Health Counselin	g
DEPARTMENT: Graduate Psychology	ADVISOR: Robert A. Hayes
	mplete all program requirements within seven years.
Student's Signature_	Date
Advisor's Signature	Date
Department Chairperson's Signature	Date
Graduate Dean's Signature	Date

**Practicum Hours for Licensure are included in the following courses: (100 total hours)  PSYC 0524 Counseling Basics w/Supervision PSCY 0620 Dynamics of Group Counseling PSYC 0624 Advanced Counseling w/Supervision  Semester Passed Approved by D  Counselor Preparation Comprehensive Examination  Courses Accepted in Transfer must be taken before matriculation with a grade of B or better (official transc course descriptions required)  Title and Course # Institution # of Sem. Hrs. Year  CHANGE IN PROGRAM	Required Cour	ses (36 credits)			Semester	'/Year (	<i>r</i> ade
PSYC 0610 Principles and Practice of Psychology Testing (3) PSYC 0615 Psychopathology: Diagnosis & Treatment of Adults (3) PSYC 0620 Dynamics of Group Counseling (3)** PSYC 0621 Basic & Applied Research (3) PSYC 0621 Basic & Applied Research (3) PSYC 0624 Advanced Counseling Wsupervision (4)** PSYC 0630 Advanced Developmental Psychology (3) PSYC 0641 Ethics & Standards for Mental Health Professionals (3) PSYC 0645 Counseling Diverse Populations (3) PSYC 0645 Evidence-Based Therapies in Mental Health Counseling (4) Internship Requirements (12 credits – 600 hours) PSYC 0690 Internship in Mental Health Counseling (12 credits)  Fall Spring   ELECTIVES (12 Credits chosen under advisement  Course #, Title, and # of Credits Semester Taken Approved by D  **Practicum Hours for Licensure are included in the following courses: (100 total hours) PSYC 0524 Counseling Basics w/Supervision PSYC 0624 Advanced Counseling w/Supervision PSYC 0624 Advanced Counseling w/Supervision Semester Passed Approved by D  Counselor Preparation Comprehensive Examination  Courses Accepted in Transfer must be taken before matriculation with a grade of B or better (official transc course descriptions required)  Title and Course # Institution # of Sem. Hrs. Year  CHANGE IN PROGRAM	PSYC 0522	Theories of Counselir	ng (3)				
PSYC 0615 Psychopathology: Diagnosis & Treatment of Adults (3) PSYC 0620 Dynamics of Group Counseling (3)** PSYC 0621 Basic & Applied Research (3) PSYC 0624 Advanced Counseling w/Supervision (4)** PSYC 0630 Advanced Developmental Psychology (3) PSYC 0645 Counseling Diverse Populations (3) PSYC 0646 Counseling Diverse Populations (3) PSYC 0645 Counseling Diverse Populations (3) PSYC 0660 Evidence-Based Therapies in Mental Health Counseling (4) Internship Requirements (12 credits - 600 hours) PSYC 0690 Internship in Mental Health Counseling (12 credits) PSYC 0690 Internship in Mental Health Counseling (12 credits) PSYC 0690 Evidence-Based Therapies in Mental Health Counseling (12 credits) PSYC 0690 Internship in Mental Health Counseling (12 credits) PSYC 0690 Thermship in Mental Health Counseling (12 credits) PSYC 0690 Dynamics of Group Counseling Semester Taken Approved by DOWN Development of Counseling WSupervision PSCY 0620 Dynamics of Group Counseling PSYC 0624 Advanced Counseling wSupervision PSYC 0624 Advanced Counseling wSupervision Semester Passed Approved by Downselor Preparation Comprehensive Examination  Course Accepted in Transfer must be taken before matriculation with a grade of B or better (official transcenaries accepted to the Counseling Propertion of Sem. Hrs. Year  Course Accepted In Transfer must be taken before matriculation with a grade of B or better (official transcenaries accepted to the Counseling Propertion of Sem. Hrs. Year  Course Accepted In Transfer must be taken before matriculation with a grade of B or better (official transcenaries accepted to the Counseling Propertion of Sem. Hrs. Year  CHANGE IN PROGRAM	PSYC 0524	Counseling Basics w/	Supervision (4)**				
PSYC 0620 Dynamics of Group Counseling (3)** PSYC 0621 Basic & Applied Research (3) PSYC 0624 Advanced Counseling w/Supervision (4)** PSYC 0630 Advanced Developmental Psychology (3) PSYC 0645 Counseling Diverse Populations (3) PSYC 0680 Evidence-Based Therapies in Mental Health Counseling (4) PSYC 0680 Evidence-Based Therapies in Mental Health Counseling (4) PSYC 0690 Internship in Mental Health Counseling (12 credits) PSYC 0690 Internship in Mental Health Counseling (12 credits) PSYC 0690 Internship in Mental Health Counseling (12 credits) PSYC 0524 Counseling Basics w/Supervision PSYC 0524 Counseling Basics w/Supervision PSYC 0524 Counseling Basics w/Supervision PSYC 0624 Advanced Counseling w/Supervision PSYC 0624 Advanced Counseling w/Supervision PSYC 0626 Dynamics of Group Counseling PSYC 0624 Advanced Counseling w/Supervision PSYC 0626 Dynamics of Group Counseling PSYC 0626 Dynamics of Group Counseling PSYC 0627 Counseling Position Preparation Comprehensive Examination  Courses Accepted in Transfer must be taken before matriculation with a grade of B or better (official transcourse descriptions required)  Title and Course # Institution # of Sem. Hrs. Year  CHANGE IN PROGRAM	PSYC 0610	Principles and Practic	e of Psychology Testi	ing (3)			
PSYC 0621 Basic & Applied Research (3) PSYC 0624 Advanced Counseling w/Supervision (4)** PSYC 0630 Advanced Developmental Psychology (3) PSYC 0641 Ethics & Standards for Mental Health Professionals (3) PSYC 0645 Counseling Diverse Populations (3) PSYC 0680 Evidence-Based Therapies in Mental Health Counseling (4) Internship Requirements (12 credits – 600 hours) PSYC 0690 Internship in Mental Health Counseling (12 credits) PSYC 0690 Internship in Mental Health Counseling (12 credits) PSYC 0690 Internship in Mental Health Counseling (12 credits) PSYC 0524 Counseling Psyc 0524 Counseling Psyc 0524 Counseling Basics w/Supervision PSYC 0524 Counseling Basics w/Supervision PSYC 0624 Advanced Counseling W/Supervision PSYC 0624 Advanced Counseling w/Supervision PSYC 0626 Dynamics of Group Counseling PSYC 0627 Advanced Counseling w/Supervision PSYC 0628 Advanced Counseling w/Supervision PSYC 0629 Internship in Mental Health Counseling w/Supervision PSYC 0629 Internship in Mental Health Counseling w/Supervision PSYC 0529 Internship in Mental Health Counseling w/Supervision PSYC 0520 Internship i	PSYC 0615	Psychopathology: Dia	agnosis & Treatment of	of Adults (3)			
PSYC 0624 Advanced Counseling w/Supervision (4)** PSYC 0630 Advanced Developmental Psychology (3) PSYC 0641 Ethics & Standards for Mental Health Professionals (3) PSYC 0645 Counseling Diverse Populations (3) PSYC 0645 Counseling Diverse Populations (3) PSYC 0645 Evidence-Based Therapies in Mental Health Counseling (4) Internship Requirements (12 credits – 600 hours) PSYC 0690 Internship in Mental Health Counseling (12 credits)  Fall Spring   ELECTIVES (12 Credits chosen under advisement  Course #, Title, and # of Credits  Semester Taken Approved by D  PSYC 0524 Counseling Basics w/Supervision PSCY 0624 Advanced Counseling PSYC 0624 Advanced Counseling w/Supervision PSCY 0624 Advanced Counseling w/Supervision PSCY 0626 Semester Passed Approved by D  Counselor Preparation Comprehensive Examination  Courses Accepted in Transfer must be taken before matriculation with a grade of B or better (official transcourse descriptions required)  Title and Course # Institution # of Sem. Hrs. Year  CHANGE IN PROGRAM	PSYC 0620	Dynamics of Group C	Counseling (3)**				
PSYC 0630 Advanced Developmental Psychology (3) PSYC 0641 Ethics & Standards for Mental Health Professionals (3) PSYC 0645 Counseling Diverse Populations (3) PSYC 0680 Evidence-Based Therapies in Mental Health Counseling (4) PSYC 0680 Internship Requirements (12 credits – 600 hours) PSYC 0690 Internship in Mental Health Counseling (12 credits) PSYC 0690 Internship in Mental Health Counseling (12 credits) PSYC 0690 Internship in Mental Health Counseling (12 credits) PSYC 0690 Internship in Mental Health Counseling (12 credits) PSYC 0690 Internship in Mental Health Counseling (12 credits) PSYC 0690 Internship in Mental Health Counseling (12 credits) PSYC 0690 Internship in Mental Health Counseling (12 credits) PSYC 0690 Internship in Mental Health Counseling (12 credits) PSYC 0690 Internship in Mental Health Counseling (12 credits) PSYC 0690 Internship in Mental Health Counseling (12 credits) PSYC 0524 Counseling Basics w/Supervision PSYC 0524 Counseling Basics w/Supervision PSYC 0624 Advanced Counseling w/Supervision PSYC 0625 Accepted in Transfer must be taken before matriculation with a grade of B or better (official transcrourse descriptions required) Internship in Mental Health Counseling (12 credits) PSYC 0624 Advanced Counseling w/Supervision PSYC 0626 Advanced Counseling	PSYC 0621	Basic & Applied Rese	earch (3)				
PSYC 0641 Ethics & Standards for Mental Health Professionals (3) PSYC 0645 Counseling Diverse Populations (3) PSYC 0680 Evidence-Based Therapics in Mental Health Counseling (4) Internship Requirements (12 credits - 600 hours) PSYC 0690 Internship in Mental Health Counseling (12 credits)  Fall Spring  ELECTIVES (12 Credits chosen under advisement  Course #, Title, and # of Credits  Semester Taken Approved by D  PSYC 0524 Counseling Basics w/Supervision PSYC 0620 Dynamics of Group Counseling PSYC 0620 Dynamics of Group Counseling PSYC 0624 Advanced Counseling w/Supervision Semester Passed Approved by D  Counselor Preparation Comprehensive Examination  Course Accepted in Transfer must be taken before matriculation with a grade of B or better (official transcourse descriptions required)  Title and Course # Institution # of Sem. Hrs. Year  CHANGE IN PROGRAM	PSYC 0624	Advanced Counseling	g w/Supervision (4)**				
PSYC 0645 Counseling Diverse Populations (3) PSYC 0680 Evidence-Based Therapies in Mental Health Counseling (4) Internship Requirements (12 credits - 600 hours) PSYC 0690 Internship in Mental Health Counseling (12 credits)  ELECTIVES (12 Credits chosen under advisement  Course #, Title, and # of Credits  Semester Taken Approved by D  **Practicum Hours for Licensure are included in the following courses: (100 total hours) PSYC 0524 Counseling Basics w/Supervision PSYC 0524 Advanced Counseling w/Supervision Semester Passed Approved by D  Counselor Preparation Comprehensive Examination  Courses Accepted in Transfer must be taken before matriculation with a grade of B or better (official transceourse descriptions required)  Title and Course # Institution # of Sem. Hrs. Year  CHANGE IN PROGRAM	PSYC 0630	Advanced Developme	ental Psychology (3)		<u> </u>		
PSYC 0680 Evidence-Based Therapies in Mental Health Counseling (4)  Internship Requirements (12 credits - 600 hours)  PSYC 0690 Internship in Mental Health Counseling (12 credits)  Fall Spring   ELECTIVES (12 Credits chosen under advisement  Course #, Title, and # of Credits  Semester Taken Approved by D  PSYC 0524 Counseling Basics w/Supervision PSCY 0620 Dynamics of Group Counseling PSYC 0624 Advanced Counseling w/Supervision Semester Passed Approved by D  Counselor Preparation Comprehensive Examination  Course Accepted in Transfer must be taken before matriculation with a grade of B or better (official transcuourse descriptions required)  1. Title and Course # Institution # of Sem. Hrs. Year  CHANGE IN PROGRAM	PSYC 0641	Ethics & Standards fo	or Mental Health Profe	essionals (3)	<u> </u>		
**Practicum Hours for Licensure are included in the following courses: (100 total hours)  PSYC 0524 Counseling Basics w/Supervision  PSYC 0620 Dynamics of Group Counseling PSYC 0624 Advanced Counseling w/Supervision  Semester Passed Approved by D  Course Accepted in Transfer must be taken before matriculation with a grade of B or better (official transcourse descriptions required)  1. Title and Course # Institution # of Sem. Hrs. Year  CHANGE IN PROGRAM	PSYC 0645	Counseling Diverse P	opulations (3)		<u> </u>		
ELECTIVES (12 Credits chosen under advisement  Course #, Title, and # of Credits Semester Taken Approved by D  **Practicum Hours for Licensure are included in the following courses: (100 total hours)  PSVC 0524 Counseling Basics w/Supervision PSCY 0620 Dynamics of Group Counseling PSYC 0624 Advanced Counseling w/Supervision Semester Passed Approved by D  Courselor Preparation Comprehensive Examination  Courses Accepted in Transfer must be taken before matriculation with a grade of B or better (official transcrourse descriptions required)  Title and Course # Institution # of Sem. Hrs. Year  CHANGE IN PROGRAM	PSYC 0680	Evidence-Based Ther	apies in Mental Healt	h Counseling (4)			
ELECTIVES (12 Credits chosen under advisement  Course #, Title, and # of Credits Semester Taken Approved by D  **Practicum Hours for Licensure are included in the following courses: (100 total hours)  PSYC 0524 Counseling Basics w/Supervision PSCY 0620 Dynamics of Group Counseling PSYC 0624 Advanced Counseling w/Supervision Semester Passed Approved by D  Courselor Preparation Comprehensive Examination  Courses Accepted in Transfer must be taken before matriculation with a grade of B or better (official transcrourse descriptions required)  Title and Course # Institution # of Sem. Hrs. Year  CHANGE IN PROGRAM	nternship Req	uirements (12 credits – 600	hours)				
ELECTIVES (12 Credits chosen under advisement  Course #, Title, and # of Credits Semester Taken Approved by D  **Practicum Hours for Licensure are included in the following courses: (100 total hours)  PSVC 0524 Counseling Basics w/Supervision  PSVC 0624 Advanced Counseling w/Supervision  PSYC 0624 Advanced Counseling w/Supervision  Semester Passed Approved by D  Counselor Preparation Comprehensive Examination  Courses Accepted in Transfer must be taken before matriculation with a grade of B or better (official transcrourse descriptions required)  Title and Course # Institution # of Sem. Hrs. Year  CHANGE IN PROGRAM		•	•	redits)	Fall		
ELECTIVES (12 Credits chosen under advisement  Course #, Title, and # of Credits Semester Taken Approved by D  **Practicum Hours for Licensure are included in the following courses: (100 total hours)  PSYC 0524 Counseling Basics w/Supervision  PSYC 0620 Dynamics of Group Counseling  PSYC 0624 Advanced Counseling w/Supervision  Semester Passed Approved by D  Counselor Preparation Comprehensive Examination  Courses Accepted in Transfer must be taken before matriculation with a grade of B or better (official transcourse descriptions required)  Title and Course # Institution # of Sem. Hrs. Year  CHANGE IN PROGRAM				,			
**Practicum Hours for Licensure are included in the following courses: (100 total hours)  PSYC 0524 Counseling Basics w/Supervision PSCY 0620 Dynamics of Group Counseling PSYC 0624 Advanced Counseling w/Supervision  Semester Passed Approved by D  Counselor Preparation Comprehensive Examination  Courses Accepted in Transfer must be taken before matriculation with a grade of B or better (official transcourse descriptions required)  1.  Title and Course # Institution # of Sem. Hrs. Year  CHANGE IN PROGRAM						•	
**Practicum Hours for Licensure are included in the following courses: (100 total hours)  PSYC 0524 Counseling Basics w/Supervision PSCY 0620 Dynamics of Group Counseling PSYC 0624 Advanced Counseling w/Supervision  Semester Passed Approved by D  Counselor Preparation Comprehensive Examination  Courses Accepted in Transfer must be taken before matriculation with a grade of B or better (official transcourse descriptions required)  Title and Course # Institution # of Sem. Hrs. Year  CHANGE IN PROGRAM		ELE	CTIVES (12 Cro	edits chosen und	er advisement		
PSYC 0524 Counseling Basics w/Supervision PSCY 0620 Dynamics of Group Counseling PSYC 0624 Advanced Counseling w/Supervision  Semester Passed Approved by D  Counselor Preparation Comprehensive Examination  Courses Accepted in Transfer must be taken before matriculation with a grade of B or better (official transcurve descriptions required)  Title and Course # Institution # of Sem. Hrs. Year  CHANGE IN PROGRAM  CHANGE IN PROGRAM	Course #, Tit	tle, and # of Credits		Semester Take	n Approved	by	Date
PSYC 0524 Counseling Basics w/Supervision PSCY 0620 Dynamics of Group Counseling PSYC 0624 Advanced Counseling w/Supervision  Semester Passed Approved by D  Counselor Preparation Comprehensive Examination  Courses Accepted in Transfer must be taken before matriculation with a grade of B or better (official transcrourse descriptions required)  Title and Course # Institution # of Sem. Hrs. Year  CHANGE IN PROGRAM  CHANGE IN PROGRAM							
PSYC 0524 Counseling Basics w/Supervision PSCY 0620 Dynamics of Group Counseling PSYC 0624 Advanced Counseling w/Supervision  Semester Passed Approved by D  Counselor Preparation Comprehensive Examination  Courses Accepted in Transfer must be taken before matriculation with a grade of B or better (official transcrourse descriptions required)  Title and Course # Institution # of Sem. Hrs. Year  CHANGE IN PROGRAM  CHANGE IN PROGRAM	ا مراجع الم	I	1	······················· (100 A			
PSCY 0620 Dynamics of Group Counseling PSYC 0624 Advanced Counseling w/Supervision  Semester Passed Approved by D  Counselor Preparation Comprehensive Examination  Courses Accepted in Transfer must be taken before matriculation with a grade of B or better (official transcrourse descriptions required)  Title and Course # Institution # of Sem. Hrs. Year  CHANGE IN PROGRAM				ring courses: (100 t	otal hours)		
Semester Passed Approved by D  Counselor Preparation Comprehensive Examination  Courses Accepted in Transfer must be taken before matriculation with a grade of B or better (official transcreated descriptions required)  Title and Course # Institution # of Sem. Hrs. Year  Title and Course # Institution # of Sem. Hrs. Year  CHANGE IN PROGRAM							
Courses Accepted in Transfer must be taken before matriculation with a grade of B or better (official transcrourse descriptions required)  1. Title and Course # Institution # of Sem. Hrs. Year  2. Title and Course # Institution # of Sem. Hrs. Year  CHANGE IN PROGRAM	PSYC 0624	4 Advanced Counseling v	v/Supervision	Semester Pass	ed Annroved	hv	Date
Courses Accepted in Transfer must be taken before matriculation with a grade of B or better (official transcreamers descriptions required)  Title and Course # Institution # of Sem. Hrs. Year  Title and Course # Institution # of Sem. Hrs. Year  CHANGE IN PROGRAM				Semester rasso	Арргочей	бу	Date
Title and Course # Institution # of Sem. Hrs. Year  Title and Course # Institution # of Sem. Hrs. Year  CHANGE IN PROGRAM	Counselor Pr	reparation Comprehensi	ve Examination				
Course descriptions required)  1. Title and Course # Institution # of Sem. Hrs. Year  2. Title and Course # Institution # of Sem. Hrs. Year  CHANGE IN PROGRAM				_			
Course descriptions required)  1. Title and Course # Institution # of Sem. Hrs. Year  2. Title and Course # Institution # of Sem. Hrs. Year  CHANGE IN PROGRAM	<b>~</b> .	. 11 75 6	.1 .1 1 0		d 1 CD 1	( 60° : 1	
Title and Course # Institution # of Sem. Hrs. Year  Title and Course # Institution # of Sem. Hrs. Year  CHANGE IN PROGRAM			it be taken before	matriculation wi	th a grade of B or be	iter (official tr	anscripts &
Title and Course # Institution # of Sem. Hrs. Year  2. Title and Course # Institution # of Sem. Hrs. Year  CHANGE IN PROGRAM		iptions required)					
Title and Course # Institution # of Sem. Hrs. Year  CHANGE IN PROGRAM		d Course #	Institution		# of Sem. Hrs.	Year	Grade
Title and Course # Institution # of Sem. Hrs. Year  CHANGE IN PROGRAM							
CHANGE IN PROGRAM		1.0			" 00 77		~ 1
	Title and	d Course #	Institution		# of Sem. Hrs.	Year	Grade
			CHANC	E IN DDOCD A	Δ.π.		
ORIGINAL Course # and Title New Course # and Title Approved by D	ODIODIAI	G // 1.m:d				1	D.
	JRIGINAL	Course # and Title	New Cou	rse # and Title	Approved	. by	Date

# Appendix B

# Westfield State University GRADUATE PROGRAM OF STUDY FORENSIC MENTAL HEALTH COUNSELING Master of Arts Psychology

The following procedures and policies <u>must</u> be followed before the Program of Study is considered acceptable toward the Master's Degree. This form must be typed or printed clearly.

- 1. The Program of Study form is designed with the assistance of an advisor after you are accepted into the Graduate Program. After the study plan is completed it must be signed by a) the advisor, b) the Department Chairperson, c) the Dean of Graduate Studies, and d) the student.
- 2. Any changes in the original program must have the approval of the advisor and confirmation of the action by the Department Chairperson and by the Dean of Graduate Studies.
- 3. The Program of Study is developed in adherence to the following policies:
  - a. Students are expected to complete their degree requirements within seven (7) years from the date of the first course credited toward their degree, including transfer credits from other regionally accredited institutions. No credit will be given for a course older than 7 years at time of graduation.
  - b. No more than six (6) semester hours of prior graduate credit <u>may</u> be accepted in transfer from one or more regionally accredited graduate schools toward a Master's Degree. To be accepted, such courses must be appropriate to your Program of Study and must be approved by your program advisor. Transfer coursework may not have been counted toward a prior degree.
  - c. No more than nine (9) semester-hours credit taken at Westfield State University prior to matriculation may be applied toward the degree. Once (6) semester hours have been earned, a Pending Application Waiver must be submitted and approved prior to registering for (3) additional credits. All such credits must be appropriate to your Program of Study and must be approved by your advisor.
  - d. A Program of Study is designed in consultation with an advisor in accordance with the requirements for a degree in a specific concentration. The advisor is not responsible for his/her advisee's meeting Graduate Division regulations and deadlines. You are personally responsible for knowing and following all University rules and regulations.
- 6. Academic Integrity Students in the graduate program are expected to have a high standard of integrity. Any graduate student who cheats or plagiarizes on examinations, papers, assignments or within a research setting is subject to dismissal from the program. Cases involving academic integrity shall be referred to the Dean for adjudication (see Graduate Catalog).
- 7. Dispositional Assessment Candidates will be subject to an ongoing dispositional assessment as described in the Graduate Catalog.

NAME:	DATE:
ADDRESS:	HOME PHONE:
	CELL/WORK PHONE:
TITLEOF DEGREE: M.A. Psychology	
AREA OF CONCENTRATION: Forensic Mental Health Counseling	
DEPARTMENT: Graduate Psychology	ADVISOR:Joe Camilleri
	**************************************
Student's Signature	Date
Advisor's Signature	Date
Department Chairperson's Signature	Date
Graduata Daan's Signatura	Data

Required Courses (45 credits)					Semester/Year	G	rade	
PSYC 0522 Theories of Counseling (3)								
PSYC 0524	Counseling Basics w/S	Supervision (4)**						
PSYC 0610	Principles and Practice	Principles and Practice of Psychology Testing (3)						
PSYC 0615	Psychopathology: Diag	gnosis & Treatment o						
PSYC 0620	Dynamics of Group Co	ounseling (3)**		-				
PSYC 0621	Basic & Applied Resea	arch (3)		-				
PSYC 0624	Advanced Counseling	Advanced Counseling w/Supervision (4)**						
PSYC 0630	Advanced Developmen	Advanced Developmental Psychology						
PSYC 0632	Psychological Theories	Psychological Theories of Criminal Behavior (3)						
PSYC 0637	Forensic Counseling: A	Forensic Counseling: Assessment						
PSYC 0638	Forensic Counseling:	Γreatment		-				
PSYC 0641	Ethics & Standards for	Ethics & Standards for Mental Health Professionals (3)						
PSYC 0645	Counseling Diverse Po	opulations (3)		-				
PSYC 0680	Evidence-Based Thera	pies in Mental Health	Counseling (4)	-				
Internship Requ	irements (12 credits – 600 h	iours)		_				
PSYC 0690 Internship in Mental Health Counseling (12 credits)				_	Fall			
				_	Spring			
	FORENSI	C ELECTIVE (3	Credits chose	n under ads	visement)			
Course # Titl	e, and # of Credits	e ELECTIVE (c	Semester Take		Approved by		Date	
PSYC 0524 PSCY 0620	ours for Licensure are incl Counseling Basics w/Su Dynamics of Group Cou Advanced Counseling w	pervision inseling	Semester Pass		Approved by		Date	
Counselor Pre	eparation Comprehensiv	ve Examination						
	aived via Thesis)		_	•				
course descrip	epted in Transfer must otions required)		matriculation wi		`			
Title and	Course #	Institution		# of Sem.	Hrs.	Year	Grade	
2.								
Title and	Course #	Institution		# of Sem.	Hrs.	Year	Grade	
		CHANG	E IN PROGRA	M				
ORIGINAL Course # and Title			New Course # and Title		Approved by		Date	
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# Appendix C

# **Academic Honesty Policy**

#### **PURPOSE**

The purpose of the Academic Honesty Policy is to provide a clear statement of expectations on academic integrity and a fair process to handle alleged violations.

# **POLICY**

# 1. Underlying Principles

- A. Academic honesty, a necessary foundation of a learning community, is expected of all members of the university community. Academic freedom depends on honesty and integrity. The university makes academic integrity a priority and the administration must provide support services to address issues of academic honesty.
- B. Maintaining the standards of academic honesty requires the mutual cooperation of all members of the campus community. Both students and faculty/librarians are called upon to promote the pursuit of truth and learning, and respect for the intellectual accomplishment of others. Students are responsible for understanding the principles of academic integrity and for the academic integrity of all work submitted for credit. All members of the academic community also are expected to report incidents of academic dishonesty to the faculty member teaching the course or the department chair. In addition to the entire community's responsibility, faculty will promote academic integrity through clear expectations on syllabi for homework, collaborative assignments, research papers, exams, use of the internet, and so on. If any member of the academic community finds evidence of academic dishonesty, she/he is expected to report it promptly (see process and deadlines below).
- C. Violations of the Academic Honesty Policy are unacceptable and are subject to academic penalties, including reduced grade, failure of the course, and suspension or dismissal from the university.
- D. Violations of academic honesty include, but are not limited to, cheating on examinations, plagiarism, submission of papers for credit in two or more courses, interference with the ability of other students to make use of permitted course materials, facilitating academic dishonesty, engaging in research on human or animal subjects without permission from the appropriate campus committee, and failure to report academic dishonesty.
- E. Once a student has been charged with a violation of this policy, the student's status will continue until the conclusion of Academic Honesty proceedings, but no degree will be awarded until the matter is resolved. Withdrawal from the course may not be used to avoid a formal charge of academic dishonesty.
- F. Parties involved in this process, including the student, faculty member, department chair, appropriate dean, vice president for academic affairs, and the academic honesty committee shall maintain strict confidentiality during and after this process.

# 2. Violations

# A. Cheating on Examinations

- Violations of academic honesty with regard to examinations consist of the following:
- Receiving assistance or assisting others while the examination is in progress.
- Obtaining or attempting to obtain prior to an examination, copies of the examination or the questions to appear on the examination.
- Disseminating any written or verbal information regarding the contents of an examination to students who have not yet completed or taken the examination.
- Using or consulting any unauthorized information, such as notes or books, during an examination.

# **B.** Plagiarism

Plagiarism is the act of presenting the intellectual work of others (works, ideas, artwork, computer programming code, etc.) as if it were one's own work. Some common forms of plagiarism are submitting someone else's paper as one's own, copying a passage from another source without citing the source, and expressing a published idea of theory in different words without crediting the source of the idea. Plagiarism constitutes intellectual dishonesty and a theft of intellectual property. Plagiarism is the most serious charge in academia, for it undermines the integrity of academic inquiry and scholarship. All scholars — faculty, librarians, and students alike — are to be held to the same standards. Issues of plagiarism may be subtle; therefore, students are encouraged to discuss any questions they have with the faculty member teaching the course and other support services on campus.

#### C. Fabrication

A student may not fabricate – that is, falsify or invent – information or citation in an academic assignment. This includes information used in laboratory experiments or reports, and reproduction of a quote from a book review or other secondary source while indicating that the quotation was obtained from the book itself.

# D. Multiple Submissions of a Single Paper

A student may not submit the same paper, presentation, or other work for credit in more than one course without prior written consent from the instructors of the courses involved.

#### E. Interference with Use of Materials

A student may not interfere with the ability of other students to make use of permitted course materials. This includes denying others access to scholarly resources or deliberately interfering with the progress of another student or scholar such as by giving false or misleading information, making library materials unavailable by stealing or defacing books or journals, deliberately misplacing or destroying reserve materials, or altering computer files that belong to another.

# F. Facilitating Academic Dishonesty

A student may not knowingly or negligently allow their work to be used by another student or otherwise help others violate any aspect of the Academic Honesty Policy. Students who help others in this way are guilty of academic dishonesty even if they do not personally benefit from the dishonest act.

# G. Improper use of Human and Animal Subjects

Research involving human beings requires review and approval of the Institutional Review Board (IRB) for the Protection of Human Subjects. Such research requires informed written consent. Students and faculty engaged in research involving animals requires review and approval by the Institutional Animal Care and Use Committee (IACUC).

# H. Failure to Report Academic Dishonesty

Failing to report incidents of academic dishonesty to the faculty member teaching the course or the department chair is an example of academic dishonesty and is liable to the same sanctions.

# 3. Recommended Syllabus Text

It is recommended that instructors discuss academic honesty on the first day of class, and that they include the following text in their syllabus:

Academic honesty is expected of all members of the academic community. Academic dishonesty includes cheating on examinations, plagiarism, fabrication, multiple submissions of a single paper, interference with use of materials, facilitating academic dishonesty, improper use of human and animal subjects, and failure to report incidents of academic dishonesty. Violations may result in failure of the assignment, failure of the course, or suspension or dismissal from the university.

# 4. Establishment and Role of the Academic Honesty Committee

A. The Academic Honesty Committee (AHC) will be comprised of four (4) faculty members/librarians and one (1) student member. Faculty members/librarians shall be selected or appointed by the MSCA. It is recommended that no more than one faculty member/librarian from a department serve on the AHC. The student member will be selected by SGA.

B. The AHC is charged with evaluating evidence, determining responsibility, considering mitigating circumstances, and deciding sanctions. All evidence and deliberations before the AHC are confidential.

# 5. Process for Charges of Academic Dishonesty

- Faculty members are encouraged to seek an informal resolution of the violation with the student within fifteen (15) business days from the discovery of the violation.
- The faculty member will notify the student of the alleged violation within five (5) business days of the discovery and offer the student a reasonable opportunity to discuss the issue before taking any action. This notification may be by campus mail or email. The notification should include documentation of the date of discovery and set a deadline for the student to meet with the faculty member. This deadline should be no fewer than five (5) and no more than ten (10) business days from the notification. Either the student or the faculty member may invite the department chair to attend the meeting, but neither is required to do so.
- Withdrawal from the course may not be used to avoid a formal charge of academic dishonesty.
- If the faculty member and the student agree during their discussions that the violation does not rise to the level of a formal charge of Academic Dishonesty, the matter is ended in an informal resolution. Such a resolution could include repeating the assignment, completing additional work, a grade penalty for the assignment or the course, or some other settlement.
- If the faculty member and the student agree that academic dishonesty did occur, the student will sign the form included at the end of this policy that admits the violation of the policy. The form will be filed with the Dean who will maintain all such records.
- If the student and faculty member cannot agree, the faculty member must file a formal charge of academic dishonesty with the Dean within fifteen (15) business days from the date the student and faculty member reached an impasse, which sets in motion the hearing process. The faculty member may not issue sanctions (see Sanctions below) without admission of a violation by the student or the resolution of formal charges. Included in the charges will be a letter of explanation and all case materials that document or led to the charges.
- The Dean will schedule a hearing to take place within fifteen (15) business days of the formal filing of the charge. If the charge occurs with fewer than twenty-one (21) calendar days remaining before the final day of classes in the academic semester, the case may be carried over to the next semester. No hearings will be held between June 1 and August 31, or between the Fall and Spring semesters. At any point in the process the student may admit the violation as charged, or the faculty member may withdraw the charges.
- The student charged will receive notification from the Dean of the date, time and place of the hearing; the source and nature of the charge; a list of the Academic Honesty Committee members; and the possible sanctions. Evidence to be submitted at the hearing by the faculty member bringing the charge must be available at least five (5) business days prior to the hearing for review by the student in the Office of Academic Affairs
- At the hearing, at least four (4) members of the committee, including the student member, must be present to establish a quorum. The hearing will be a closed meeting, and may be attended by the hearing committee, the faculty member, the student charged, and the Dean. The student and faculty member may each be accompanied by one (1) person; said person(s) may not be present as formal legal representation or participate in the process in any way. If the student charged or the faculty member making the charge chooses not to participate, the hearing will proceed as scheduled.

- The Dean will convene the hearing. The charge will be presented, along with relevant evidence and witnesses. The student has an opportunity to respond to the charge and present evidence, in which case, the faculty member making the charge and the hearing committee may question the student at the conclusion of his or her presentation. The hearing will conclude with closing statements by the faculty member bringing the charge and then by the student charged.
- Immediately following the hearing, the AHC will meet privately to deliberate and to determine the outcome by a majority vote through secret ballot. Committee members may not abstain from voting. Once the finding is reached, the AHC will then decide the sanction appropriate to the case. The Dean will mail written notification of the decision and any sanction within five (5) business days to the student and the faculty member involved. The finding of the Committee with regard to the question of academic honesty is final
- Appeals may be based only on procedural error or sanction imposed, and they must be filed within five (5) business days of the notification of the decision. The appeal must be in writing and submitted to the Vice President for Academic Affairs for adjudication.

#### 6. Sanctions

Recommended minimum sanctions after an admission or finding of academic dishonesty follow. Committee members are urged to take into account the seriousness of the offense and to seek the recommendation of the faculty member making the charge.

- 1. First Offense: failure of the course or suspension from the university.
- 2. Second Offense: suspension or dismissal from the university.

If a student receives a grade sanction for the course because of an admission or finding of academic dishonesty, he or she may repeat that course but the grade substitution policy will not apply. The grade submitted for the course in question will continue to be counted in the student's cumulative grade point average.

No sanctions will be imposed until all aspects of the case are concluded.

#### 7. Official Records

The Office of Academic Affairs will maintain official records of disciplinary action. Records will not be released to individuals outside the university except by the written authorization of the student involved or under the conditions specified in the Family Educational Rights and Privacy Act (FERPA). Access to the official records of disciplinary action must be authorized by the Vice President of Academic Affairs, or the Dean of Undergraduate Studies or Graduate and Continuing Education.

# **REVIEW**

This policy will be reviewed bi-annually by the Vice President of Academic Affairs.

# Appendix D

# **Counselor Trainee Dispositional Assessment and Behavior Policy**

The M. A. Psychology candidate is expected to exhibit integrity, honesty, responsibility, and appropriate professional boundaries. It is expected that the candidate will adhere to professional and ethical guidelines. Development of professionalism is the candidate's responsibility. It is the responsibility of the Graduate Committee in Psychology to monitor and assess this development.

Each academic semester (Fall / Spring) course instructors and supervisors will be asked to complete a Dispositional Assessment (**Appendix D-2**) of all counselor trainees. Dispositional Assessments are forwarded to the student's faculty advisor for review and placement in the student's permanent file.

# **Dispositional Assessment**

Candidates will be subject to an ongoing dispositional assessment coordinated by the faculty advisor in collaboration with cooperating course instructors, faculty supervisors, and site supervisors. In order for a candidate to advance academically from semester-to-semester, advance to a Field Placement, or graduate with an M.A. Psychology degree, they must hold no unresolved "0" or "-1" scores in their dispositional record.

If a faculty member / site supervisor observes that Guideline(s) (Appendix D-1) are being violated, it is the responsibility of the faculty member / site supervisor to informally offer feedback to the candidate that allows the candidate opportunity to resolve the matter without the involvement of the program coordinator and Graduate Committee in Psychology.

Any candidate who fails to achieve and maintain a satisfactory level on the Dispositional Assessment will be subject to review by the Graduate Committee in Psychology who may determine that the candidate can proceed without intervention or may work with the candidate (or provide a designated faculty member to work with the candidate) on a remedial plan. The Graduate Committee in Psychology may also decide the candidate is not eligible to proceed academically or proceed to Field Placement. If a candidate's assessment displays "0" or "-1" scores, the Graduate Committee in Psychology may remove them from a Field Placement.

# **Candidate Exhibits Extreme Dispositional Behaviors**

Whenever a candidate scores a negative one (-1) in any assessment category or where a candidate exhibits extreme behavior that has the potential to negatively impact or jeopardize the classroom, client, or field site, the candidate will be subject to immediate review and removal from the classroom, counseling task, or Field Placement in addition to other action. Such behaviors include, but are not limited to the following:

- -Disruption in the classroom through negative or demeaning remarks or gestures, profanity, hostility, or insensitive remarks based on race, gender, or other group classifications.
- -Unethical, immoral, or illegal behavior.
- -Inappropriate deportment such as inebriation, substance use, sexual harassment, verbal, written or physical threats or abuse of colleagues, supervisors or students.
- -Hostile, out-of-control, or emotionally erratic behavior.
- -Antagonism toward others or blatant disregard for either program administration/supervision or field placement administration/supervision.

If a candidate fails to maintain a satisfactory assessment or exhibits behavior which is observed by or reported to a faculty advisor or faculty supervisor, the candidate will be afforded the opportunity to meet with the faculty advisor and/or supervisor for the purpose of reviewing the behavioral/dispositional assessment concerns. A remedial plan may be put in place by the faculty supervisor and cooperating practitioner with specific timetables for improvements in the behavior.

If the faculty advisor or supervisor determines that the behavior needs further review, the faculty advisor or supervisor may forward the complaint to the Graduate Committee in Psychology who will meet to review the matter

with the candidate and make decisions relative to the candidate's continued matriculation in the M.A. psychology program.

# **Process for Handling Concerns**

# Stage 1

- **A.** If / when a faculty member or site supervisor determines that there is a concern about a particular student's professional behavior, she / he will first determine specifically which of the Guidelines for Professional Behavior (Appendix A) are in question.
- **B.** This observation / feedback will be offered to the student informally (e.g., as comments on a paper being returned, in a phone call to the student, or in a face-to-face discussion with the student) with particular focus on suggestions for resolving the situation and a time frame in which to do this. The faculty member will also advise the student whether academic credit may be withheld for that semester (based on whether the requirements for the course can be or have been completed).
- C. The faculty member must "log" this interaction (Appendix D-3), in detail, and should keep this information in his / her possession. The observation and feedback of the faculty member or site supervisor remains a private matter between the student and faculty member / site supervisor unless it remains unresolved.

# Stage 2

**A.** If the situation is not resolved to the satisfaction of both the instructor / supervisor and student the faculty member will provide written notice (Appendix D) to the student that will include the following information:

- -summary of the situation that raised the issue
- -specific mention of the Guideline(s) at issue
- -specific actions needed to remediate / resolve the issue
- -a time frame for completing these actions
- **B.** The faculty member is urged to present the student with this written notice (and offer the student the opportunity, again, to resolve the situation described above) prior to notifying the Dean or other relevant people involved with the student.
- C. If, however, the student does not resolve the situation satisfactorily, the faculty member should then send a copy of this notice to the student, the student's Advisor, the Coordinator of the specific program reflected, the Dean, and the Graduate Committee in Psychology.
- **D.** If the situation is not resolved after this step has been taken, the faculty member will submit a written request for a hearing **(Appendix D-4)** by the Graduate Committee in Psychology.

# Stage 3 - Hearing

The situation is referred to the Graduate Committee in Psychology for further action when the faculty member submits a written request for a hearing.

NOTE: Certain behaviors may bring the immediate attention of the Graduate Committee in Psychology as well as possible immediate disenrollment, suspension, or other disciplinary action. Such actions of misconduct may include (but are not limited to):

- -sexual misconduct
- -violation of confidentiality
- -threats or assault of any kind against a client, co-worker, classmate, instructor, supervisor, or supervisee
- -claims of qualifications / expertise exceeding those possessed
- -providing services beyond actual training / experience
- -meeting the counselor's needs at the expense of the client
- -engaging in actions construed as sexual harassment
- -violation of the individual's rights and personal dignity

The Graduate Committee in Psychology will hear a case once the faculty member has submitted written documentation that describes the situation. A minimum of three (3) disinterested members on the Graduate Committee in Psychology and the Department Chair must be present for a hearing and decision process to take place.

Once a situation has been brought to the attention of the Graduate Committee in Psychology, no more than 2 weeks will lapse before the Graduate Committee in Psychology hears the case and offers its recommendations for further action to be taken.

Those present at the hearing, itself, will include:

- -the Graduate Committee in Psychology members
- -the faculty members, staff, or supervisors raising the concern / situation
- -the student
- -the student's advocate (at student's discretion)
- -the Department Chair

Written minutes of the hearing will be taken by an appointed secretary and will be reviewed / edited by the Graduate Committee in Psychology.

Once the written documentation already submitted has been reviewed by the Graduate Committee in Psychology, both the student and the faculty raising the concern will be invited to verbally offer their points of view (length of time to be determined). The Graduate Committee in Psychology will ask for clarification of any points needed while everyone is present. The Graduate Committee in Psychology will then meet in executive session to discuss the case. The findings of the hearing will be documented (Appendix D-5).

The Graduate Committee in Psychology will make specific recommendations to the parties involved and the Dean for approval and action. In the event the Dean does not agree to follow the recommendations of the Graduate Committee in Psychology, she/he will document this in writing.

# Findings of the Graduate Committee in Psychology

The decisions and recommendations made by the Graduate Committee in Psychology will reflect the values of Westfield State College, as well as the ethical practice standards of the counseling professions represented in the Department. As a result, the Graduate Committee in Psychology may recommend that a student or College take any of the following steps to resolve a situation:

- -be expelled from the program
- -be suspended from the program with an opportunity to reapply
- -take a Leave of absence from the program to take corrective action
- -be put on probation while the situation is being addressed
- -be removed from a class
- -be removed from the Field Placement
- -adapt her/his program by adding or repeating a particular course or practicum
- -increase or change the supervision required
- -engage in personal counseling

# **Student Rights**

The student may invite a guest to the hearing to function as a support person. If the student chooses to have this person attend the hearing in the role of advocate, the person should be familiar with the codes of ethics in the profession represented. The student, might, for example, invite an attorney, another instructor in the field of counseling, his/her personal counselor or therapist, or a site supervisor. Appropriate administrators of the University are invited to attend all Graduate Committee in Psychology hearings as an advocate for due process.

The student has the right to appeal.

# **Appeal**

The candidate may appeal any hearing decision to the Dean of Graduate and Continuing Education via a written statement (**Appendix D-6**). This statement shall be submitted within two (2) weeks of the hearing date. The Dean of Graduate and Continuing Education will act as the final appeal in all matters.

# **Policy Review and Interpretation**

This policy will be reviewed annually by the Dean of Graduate and Continuing Education. Any questions regarding the interpretation of this policy shall be directed to the Dean of Graduate and Continuing Education for final interpretation and determination.

# Appendix D-1: Guidelines for Students' Professional Behavior

The following guidelines apply to each student's academic performance, classroom behavior, field-site performance, and general decorum while enrolled at Westfield State University and includes interactions with peers, colleagues, supervisors, clients, other professionals, faculty, advisors, staff, and administrators. The Psychology Department recognizes that "professional behavior" is an evolving process and that students will be developing their awareness and skills in this area as they advance in their program. Students will be offered feedback and guidance from instructors and supervisors throughout their program, but students are also responsible for initiating such input. Attitudes and attributes include but are not limited to:

- 1. A demonstration of the capacity to work collaboratively and respectfully with others throughout all ranges of professional training experience.
- 2. A sustained awareness of one's effectiveness and functioning in clinical and academic settings, as well as an awareness of the use-of-self and one's personal and professional impact on others.
- 3. Demonstration of the capacity and willingness to actively respect professional boundaries in interactions with faculty, site supervisors and staff.
- 4. Demonstration of the capacity to interpret accurately and reasonably the conduct of one's self and others.
- 5. A demonstration of and willingness to assume responsibility for learning by utilizing appropriate available resources to fulfill clinical and academic responsibilities (e.g., consultation, supervision, literature, etc.).
- 6. A demonstration and willingness to meet academic and professional obligations in fieldwork and in the classroom in a timely and responsible manner.
- 7. A receptivity to constructive commentary and/or criticism from instructors to address such issues that may have been identified.
- 8. Demonstration of the capacity and willingness to evaluate one's self and others honestly, fairly, sensitively (e.g., in supervision, in classroom exchanges and exercises, during conferences, etc.).
- 9. An ability to empathize with clients and an ability to demonstrate this quality effectively in professional role responsibilities (i.e., in both clinical and applied work as well as in general behavior within school, field, or other settings).
- 10. Demonstration of recognition, appreciation, and sensitivity to individual differences and diversity in the human experience and the relevance of such understanding for the practice of counseling.
- 11. An overall knowledge, appreciation, and acceptance of the ethical standards and guidelines for the practice of mental health counseling and/or guidance counseling.
- 12. Demonstration of the willingness and ability to take corrective actions once a problem area has been identified.
- 13. Not repeating any behavior perceived as "misconduct" after being informed of this perception.
- 14. Full cooperation and compliance with the Graduate Committee in Psychology and its process.

# Appendix D-2

# WSU Assessment of Professional Skills & Disposition for Counselor Trainees

Studen	t Semester/Year
Faculty	Course Number
Part I	:
1.	No significant issues were observed this semester (faculty
	No significant issues were observed this semester (faculty signature). When no significant issues were noted, no further information is required ( <u>stop here and turn into program advisor</u> )
2.	Problematic issues were noted this semester(faculty signature).
	When problematic issues are noted, place complete all of the following items in Part II and <u>submit to program advisor</u> )
Part I	
	Rating Scale
3	- Student meets criteria consistently.
2	- Student attempts implementation but still needs support and direction.
1	- Student understands disposition but still has not had the opportunity to apply it
0	- Student does not understand disposition or does not meet criteria for program level
-1	- Student behavior and attitude are contrary to the disposition
N	- No Opportunity to observe.
F	Demonstrates responsibility and reliability in keeping appointments  Personal appearance is professional. The student presents self in a professional manner.  Demonstrates appropriate professional record-keeping
experie	ICIPATION IN ACADEMIC/CLASSROOM INSTRUCTION (includes courses, practicum and field ence) Demonstrates an understanding of counseling theory
(	Can apply counseling theory to a case
F instruct	Brings specific questions and concerns directly to the appropriate individual, supervisor, advisor, or classroom tor.
S	Shows commitment to the classroom environment
	Vritten work is original work of the student
S	Student appropriately gives credit for ideas which are not original
S	Student demonstrates respect for other students and the classroom instructor.

PERSONAL GROWTH AND SUPERVISION  Is open to receiving feedback in supervision
Strives to implement feedback in personal growth as a counselor
Is prepared for supervision (e.g., has thought through the case, has general idea of where she/he is "stuck", has engaged in self-examination)
Is resourceful, shows initiative, asks questions, and solicits suggestions/feedback from colleagues and supervisors and adjusts performance accordingly
Develops a focused, clear, and professional development plan that incorporates a commitment to continuing scholarship
CLINICAL SKILLS  Demonstrates skill in establishing a therapist-client relationship
Can develop a treatment plan
Is able to responsibly manage a case load
Demonstrates appropriate listening skills
ETHICAL CONDUCT AND PROFESSIONALISM Protects client confidentiality
Behavior is in accord with the ASCA Code of Ethics; Ethical dilemmas are resolved with careful, rational problem-solving approach and the use of consultation
Offers feedback to others in a way that is supportive and constructive
KNOWLEDGE OF AND APPLICATION OF COUNSELING FOR DIVERSE POPULATIONS Respects diversity among colleagues and clients
Respects alternative styles and opinions
Any reservation about this candidate?

# Appendix D-3

# Faculty "Log" Entry of Student's Behavior

Student:	Program:	F/MHC GUID	SAC ABA		
Advisor:					
	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1				
Context in Which Observations Were Made (where, w	when, and in what role?	):			
Observations / Description of Relevant Behaviors:					
Specific Professional Behavior(s) Involved (See Guide	lines for Professional C	Conduct):			
Steps Taken to Address this Issue with the Student:					
Student's Progress in Resolving this Situation:					
Recommendations:					
Accommendations.					
Time Frame for Resolution:					
	Copy to Student:		by mail		
Faculty Signature Date	copy to student.	Date	in person		
CC: Program Coordinaton/Addison	IN AAA ONI V	moved	um al		
CC:Program Coordinator/Advisor Dean		[Note: ONLY forward when informal feedback has not resulted in resolve of			
Other (specify)	the faculty mem				

### Appendix D-4

### Faculty Request for Hearing by Graduate Committee in Psychology

Student:		Date submitted	l:		
Advisor:		Program:	F/MHC GUID	SAC	ABA
Faculty Member Initiating Request:					
Date When Situation was First Observed	d:		_		
Specific Professional Behavior(s) Involve	ed (See Guide	lines for Professional	Conduct):		
Date and Format When Student was Fir communication with student about this situ		about this Situation	(please attach copi	es of any	written
Steps Taken to remediate the Situation:					
Other Relevant Information:					
		Copy to Stude	nt:	b	y mail
Faculty Signature	Date		Date	in	person
CC:Program Coordinator/AdvisorDeanOther (specify)					

### Appendix D-5

### **Documentation of the Hearing by the Graduate Committee in Psychology**

Student:	Date of Hearing:			
Advisor:	Program:	F/MHC GUID	SAC	ABA
Faculty Member Initiating Hearing:				
Date Student Started Program:	Number o	f Hours Completed:		_
Present at Hearing: Graduate Committee in Psychology Members:	Student's Guests: _			
		:		
Summary of Situation:				
Major Points of Discussion at Hearing:				
Recommendations of the Graduate Committee				
Basis for Recommendations:				
Date submitted to Dean:	Copies sent to:	Student Program Director/Ac Faculty Member Other (specify)	lvisor	

### Appendix D-6

### Student's Appeal to the Recommendation Made by the Graduate Committee in Psychology

Student:	Date of Hearing:	
	Date of Appeal:	
Recommendations Made by the Graduate Comm	nittee in Psychology:	
Student's Reason for Appeal:		
Student's Proposed Resolution to Situation:		
Student's Rationale for Proposal:		
	Student Signature	Date
Submit copies of this appeal to the Dean of Grade Director/Advisor of your graduate program	uate and Continuing Education and	I the Program
Date submitted to Dean: Date submitted to Program Director/Advisor:		

### Appendix E

### Requirements for LMHC Licensure: Commonwealth of Massachusetts [SUMMARY: Not to replace 262 CMR 2.0]

1.60 semester hours of graduate credit (minimum) in one program of study (i.e., degree)

[Effective for any graduates July 1, 2017 and after]

- -degree must cover required content areas of 262 CMR 2.00 education requirements
- -degree must include a practicum (minimum 100 hours)
- -degree must include an internship (minimum 600 hours)
- -remaining 12 credits from elective areas (below)
- 2. Passing score on NCCMHC Examination
- 3. Post-Master's Field Experience (defined below)

Elective courses must include knowledge and skills in the practice of mental health counseling. Students should understand the scope of practice and learn the responsibilities in the clinical practice of mental health counseling. Appropriate courses *could* include: modalities for maintaining and terminating counseling and psychotherapy, psychopharmacology, consultation skills, outreach and prevention strategies, diagnosis and treatment issues, historical perspectives and multiple dimensions of mental health counseling, professional identity and practice issues, mental health regulations and policy, management of community programs. Similar related courses are also appropriate.

### Pre-Master's Field Experience Requirements

Practicum – 100 hours

25 hours of supervision

- -minimum 10 hours individual supervision
- -minimum 5 hours group supervision
- -remaining 10 hours may be individual or group

(At WSC this is fulfilled over your required coursework in Group Psychotherapy, Counseling Basics with Supervision, & Advanced Counseling with Supervision).

Internship – 600 clock hours

240 contact hours of direct, face-to-face contact

[1 contact hour = 45 min; can be accrued in 15 min. segments]

45 hours of supervision

- -minimum 15 hours individual supervision
- -minimum 15 hours group supervision
- -remaining 15 hours may be individual or group

### Site supervisors MUST by approved supervisors or contract supervisors (defined below)

### Post-Master's Field Experience Requirements

\*Two (2) years of full-time or equivalent part-time post-master's degree supervised clinical field experience.

\*Post-master's field experience may not begin until an individual has earned 60 credits, including all requirements.

Total hours required = 3,360

Direct client contact hours required = 960

(a maximum of 250 hours of the 960 direct/face-to-face contact hours may be group client contact experience)

Supervision requirement (130 hours)

- -minimum of 75 hours individual supervision
- -supervision must be a minimum of 1 hour for every sixteen (16) hours of client contact.
- -supervision must be by an Approved Supervisor

THE SUPERVISOR MUST BE A STAFF MEMBER OF THE SITE WHO IS AN APPROVED SUPERVISOR OR A CONTRACT SUPERVISOR who has entered into a written agreement with the individual and the site to provide supervision as defined by 262 CMR 2.01 (8).

AN EMERGENCY CONTACT PROVISION MUST BE IN PLACE for all work placement settings. The emergency contact individual DOES NOT replace the requirement for an approved supervisor.

Summary of Supervision Requirements

Total supervision requirement = 200 hours

Pre-masters 70 hours

Practicum 25 hours (min. 10 individual and 5 group)

Internship 45 hours (min. 15 individual and 15 group)

Post-masters 130 hours

(min. 75 must be individual)

Of the total 200 hours, 75 hours of supervision by an LMHC. All the supervisors must have at least an independent license as described under the definition of Approved Supervisor in 262 CMR 2.0 *plus* minimum 3 years work experience with that license.

#### **Definitions**

NBCC National Board for Certified Counselors

NCCMHC National Certified Clinical Mental Health Counselor

CCMHC Certified Clinical Mental Health Counselor

LMHC Licensed Mental Health Counselor ACS Approved Clinical Supervisor

<u>Approved Supervisor</u>. A practitioner with three years of Full Time or the equivalent Part Time post-licensure clinical Mental Health Counseling experience who is also:

- (a) a Massachusetts Licensed Mental Health Counselor;
- (b) a Massachusetts licensed independent clinical social worker;
- (c) a Massachusetts licensed marriage and family therapist;
- (d) a Massachusetts licensed psychologist with Health Services Provider Certification;
- (e) a Massachusetts licensed physician with a sub-specialization in psychiatry;
- (f) a Massachusetts licensed nurse practitioner with a sub-specialization in psychiatry; or
- (g) where practice and supervision occur outside of the Commonwealth, an individual who is an independently licensed mental health practitioner with a license or registration equivalent to one listed under 262 CMR 2.02: <u>Approved Supervisor(a)</u> through (f).

Clinical Field Experience Site. A site providing pre and post-Master's clinical field experience training that is a public or private Recognized Educational Institution or health or mental health institution regulated by the state, or other appropriate entity regulated by the state or otherwise exempt from regulation, that has integrated programs for the delivery of clinical Mental Health Counseling and has established provisions for appropriate supervision. A Clinical Field Experience Site does not include individual private practice or group private practice.

<u>Contact Hour</u>. The unit of measurement of Direct Client Contact Experience of at least 45 minutes which may be composed of segments of at least 15 consecutive minutes.

<u>Contract Supervisor</u>. A licensed mental health counselor with three years of Full Time or the equivalent Part Time post-licensure clinical Mental Health Counseling experience who has a written agreement with the individual receiving supervision and the clinical field experience site where supervision is occurring regarding the supervision to be provided.

<u>Direct Client Contact Experience</u>. Direct, face-to-face, clinical Mental Health Counseling experience with a range of individuals, groups, couples, or families at Clinical Field Experience Sites that conforms to the Mental Health Counseling scope of practice as defined in 262 CMR 2.02: <u>Mental Health Counseling</u>. Such experience does not

include vocational guidance services, academic school guidance counseling, industrial or organizational consulting services, teaching or conducting research.

<u>Group Supervision</u>. A regularly scheduled meeting of not more than ten mental health supervisees under the direction of an Approved Supervisor or Contract Supervisor for a period of at least one Supervisory Contact Hour. "Peer" supervision groups do not constitute Group Supervision.

<u>Individual Supervision</u>. A meeting of one supervisee with an Approved Supervisor or Contract Supervisor for at least one Supervisory Contact Hour.

<u>Internship</u>. A distinctly defined, post-Practicum, supervised curricular experience that totals a minimum of 600 clock hours. An internship enables the supervisee to enhance clinical Mental Health Counseling skills and integrate professional knowledge and skills appropriate to the supervisee's initial professional placement. An internship provides an opportunity for the individual to perform all the activities that a regularly employed staff member in the setting would be expected to perform.

<u>Licensure Examination</u>. The examination for licensure as a mental health counselor shall be the National Clinical Mental Health Examination (NCMHCE) administered by the National Board for Certified Counselors, Inc. (NBCC).

<u>Part Time</u>. Experience gained in less than 35 hours per week for the purpose of meeting the post-graduate clinical field experience requirement.

Related Field. Counseling, counselor education, expressive therapies, adjustment counseling, rehabilitation counseling, counseling psychology, clinical psychology, or another Mental Health Counseling field determined by the Board to be a Related Field.

<u>Supervised Clinical Field Experience</u>. Supervision by an approved supervisor while in the practice of clinical Mental Health Counseling services.

<u>Supervisory Contact Hour</u>. The unit of measurement of Individual Supervision, Group Supervision, or Supervised Clinical Field Experience lasting a minimum of 45 consecutive minutes.

### Appendix F

### Faculty Supervisor's Evaluation of Practicum Student

Semester: _		Co	ourse:		
Student:			Faculty Member:		
Please use the	he following s	scale to rate t	the student's perfo	ormance:	
	1 Never	2	3 Sometimes	4	5 Always
Use "N/A" i	f the item does	s not apply to	your supervisory re	elationship	o.
1.	Shows com exercises/di		ne group (i.e., is acti	ive particij	pant in group
2.	Offers com	ments/feedba	ck to others in a wa	y that is su	apportive and constructive.
3.	Makes use	of group to ge	et help with differer	nt cases/ca	se scenarios.
4.	Respects (i.e., is open to) alternative styles and opinions.				
5.	Brings specific concerns and questions to the group.				
6.	Comes to g	roup compare	ed to work.		
7.	Is willing to	present mos	t problematic/diffic	ult cases.	
8.	Tries to avo	oid sharing fee	elings and concerns	in group.	
9.	Is open to self-examination in the supervision group.				
10.	Is open to f	eedback from	supervisor(s).		
11.	-	ng cases, show presenting pr		ent dynami	ics at a level beyond that of
12.			is able to formulate er cases presented i		al counseling strategies for p.

Please use the following scale to rate the student's performance:	

1	2	3	4	5
Never		<b>Sometimes</b>		Always

### "N/A" No observation opportunity and/or Not applicable

ITEM	RATING	COMMENTS
Attendance & Punctuality		
Motivation & Reliability		
Acceptance/Use of Supervision		
Preparedness for Supervision		
Case Presentation Skills		
Skill in Establishing Therapist-Client Relationship		
Interviewing Skills		
Assessment/Conceptualization Skills (Treatment Plan Development)		
Goal-Setting Skills		
Case Management Skills		
Professional & Ethical Conduct		
Supervisor's Signature	Student's Signa	nture Date

1	1
-	-4

### Appendix G

### **Individual Supervisor's Evaluation of Practicum Student**

Semester:	Student (PRINT):				
Individual Supervi	sor (PRINT)	:		<u> </u>	
Supervision Date	Time				
Please use the follo		rate the student's	s perform	ance:	
1 Never	2	3 Sometimes	4	5 Always	
"N/A" No observat			plicable	COMMENTS	
Attendance & Punct		KATING		COMMENTS	
Motivation & Relial	bility				
Acceptance/Use of	Supervision				
Preparedness for Su	pervision				
Case Presentation S	kills				
Skill in Establishing Relationship	g Therapist-Cl	ient			
Interviewing Skills					
Assessment/Concep (Treatment Plan De		kills			
Goal-Setting Skills					
Case Management S	Skills				
Professional & Ethio	cal Conduct				
Supervisor's Signature	e	Student	's Signature	Date	<u> </u>

### Appendix H

# Westfield State University M.A. Psychology Internship Eligibility Form

_ Family services _ Medical/hospital setting _ Employee assistance
ow your proposed internship will be
ship.

### Appendix I

### Psychology: School Counseling Practicum & Mental Health Internship Form

NAME(Last) Please Print	SSN or CWID _			
ADDRESS_				
TELEPHONE NUMBERS: Business	Home			
1) Pre-Practicum requirements completed? (School Counse	ling Only) Yes:	No:		
2) Field Placement: F	Placement Supervisor (Print	):		
3)   ATTACH copy of Practicum Eligibility Form you con	mpleted with your advisor.			
4) Year: Semester:				
5) Course Number, Circle one number and enter credit total	l:			
PSYC 0690 Internship (Mental Health Counseling, 3-6 credi	its) *	Number of credits:		
PSYC 0691 Practicum in School Guidance Counseling I (Pr	eK-8, 4-12 credits)	Number of credits:		
PSYC 0692 Practicum in School Guidance Counseling I (5-	12, 4-12 credits)	Number of credits:		
PSYC 0689 Internship in School Adjustment Counseling (6-	12 credits)	Number of credits:		
*The practicum fee does not apply to PSYC 0690 Mental Health. The practicum fee does apply to PSYC 0691/0692/0693-0689 School Counseling Practicums. The practicum fee is due only once for each placement. At the discretion of the student's supervisor, the student will register for all credits in the same semester, paying the \$100 at that time OR the student will register twice, once each semester, for half the total credits paying the \$100 when registering for the 2nd half in the following semester. Student does not pay the fee twice.  ***********************************				
WSU Supervisor:				
Signature	Print Name	Date		
DGCE Chair: Signature	Print Name	Date		
Dean DGCE:		Date:		
Student Signature:		Date:		
I understand that if registration for this coursework brings my	total credits to 3/4 time or m	nore, I am responsible to either pay for		

medical insurance, or waive it by providing proof of medical insurance via the waiver on the other side of this form.

Attention Student: Tuition waivers and teacher vouchers may not be used for non-education practica or internships. However, matriculated students may use tuition waivers and personally-earned teacher vouchers if the non-education practicum or internship is necessary to meet the requirements of the student's degree program.

Instructions for completing this form: 1) Students complete Practicum/Internship Eligibility Form (See your Student Handbook) with their program advisor prior to registration. 2) Students obtain signatures of their WSU Supervisor and DGCE Chair and bring completed form to the Graduate & Continuing Education Office to register and pay. Incomplete forms will not be accepted and late fees apply to late registrations. 3) Continuing Ed. staff will obtain <u>DGCE Assoc. V.PDean</u>-signature.

### Appendix J

### **Internship Agreement Form**

This agreement is to verify for the University, the Internship Site, and the student intern the expectations of the internship experience.

This agreement between Westf	field State University and	(Agency
name) of	(City and State) is for ide	ntifying responsibilities assumed in
the provision of appropriate cli	nical supervision of	(Student's name)
General guidelines:		

### eneral Baratennes.

- 1. Internship hours will be in accordance with agency work hours and will total 600 clock hours in which 240 must be in direct and face--to--face contact hours with clients.
- 2. The internship must be clinical in nature. Students must have the opportunity to engage in diagnosis and treatment of mental disorders.
- 3. Students cannot begin accruing clock hours toward internship until all forms have been signed and no sooner than the first day of the academic semester in which the student is enrolled in internship.
- 4. Students are required to attend internship class sessions for the duration of their internship experience.

### Responsibilities of WSU:

- 1. Assume responsibility for the approval of internship site, maintaining on-going and direct communication with site representatives, and ensuring that student interns are academically ready to begin the internship experience.
- 2. Internship course instructor will be available for consultation with the clinical supervisor and students for the duration of their internship. The role of the Internship Instructor will be that of a consultant alone; the designated site supervisor will assume legal responsibility for all clients seen by the student intern.
- 3. Instructor will visit each site once per semester unless more frequent visits are necessary.
- 4. Instructor will evaluate student intern once each semester.

### Responsibilities of Agency:

- 1. Designate one staff person as clinical supervisor with appropriate degree and approved license.
- 2. Provide opportunities for the supervisor to become familiar with professional activities in addition to direct service such as writing case notes, attending staff meetings, etc.
- 3. The opportunity for the intern to use professional resources such as assessment instruments, research, etc.
- 4. Ensure that at least 240 contact hours are devoted to direct, face-to-face service to clients and offer audio/video taping access (if possible).
- 5. Provide opportunities for the intern to engage in clinical services such as diagnosis and treatment of mental disorders.
- 6. If a student is to engage in off-site services, proper training and safety messages will be provided by the agency.

- 7. Provide appropriate working conditions such as desk space, access to a telephone, office space to meet with clients privately, etc.
- 8. Provide one hour of face-to-face supervision each week.
- 9. Complete student evaluation materials.
- 10. Monitor student performance and report to Internship Instructor if difficulties in performance, ethics, or other related activity arise.

### Student Responsibilities:

- 1. Student will attend all classes for Mental Health Counseling Internship course.
- 2. The student will complete a weekly log and activity report, obtain site supervisor's signature on each activity report, and submit to course instructor on a weekly basis.
- 3. The student will complete duties assigned and at hours scheduled at the internship site.
- 4. The student will conduct themselves in a professional manner expected of all counselor trainees and professional counselors.
- 5. Student is responsible for seeing that all paperwork related to the internship is completed in a timely manner.
- 6. The student will purchase professional liability insurance and have proof of coverage throughout the internship experience.

The signatures below indicate each person's understanding of the internship requirements for the mental health counseling internship at WSU. The signatures also represent each person's agreement to upholding his or her respective responsibilities outlined in this form.

The Mental Health Counseling for a total ofweek	ing Internship will beginand concludes.
Agency Representative	A N AH 1771 1
Signature:	Agency Name, Address, and Telephone
Printed: Title:	
Date:	
Student	
Signature:	
Printed:	
Date:	
WSU Internship Instructo	r
Signature:	_
Printed:	
Date:	

# Appendix K Supervisor Assignment & Qualification Form

Date	Date	Date
Site Supervisor	Practicum Student	WSU Supervisor
Signatures:		
Type of Certification	Organization issuing cert	Cert # and exp date
Type of Certification	Organization issuing cert	Cert # and exp date
Certification Information:		
Type of License	State and Dep't Issuing Li	ic Lic # and exp date
Type of License	State and Dep't Issuing Li	ic Lic # and exp date
Highest Degree Earned Licensure Information:	Major/Prog	gram of Study
Supervisor Educational/Aca	demic Information:	
Current Job Title:		
Email address: Telephone:		
Business address:		
Name of internship supervis Name of agency:	or:	
*Please attach a brochure of	the agency/service organization	ation
face service to clients. Clinidisorders. Minimum face-to	cal services include the diag- face supervision hours to be r every 16 work hours. The	gnosis and treatment of mental health be provided each week will equal one hour agency supervisor will assume full and
- =		weeks, totaling at least 600 k hours are devoted to direct, face-to-
Name of Intern:		

### Appendix L

### **American Mental Health Counselors Association**

### **Code of Ethics**

The AMHCA Code of Ethics can be downloaded as a pdf at the following link:

http://www.amhca.org/?page=codeofethics

### **Standards of Practice**

The AMHCA Standards of Practice can be downloaded as a pdf at the following link:

http://www.amhca.org/?page=standardsofpractice



# 2014 CA Code of Ethics

As approved by the ACA Governing Council



AMERICAN COUNSELING
ASSOCIATION

counseling.org

### Mission

The mission of the American Counseling Association is to enhance the quality of life in society by promoting the development of professional counselors, advancing the counseling profession, and using the profession and practice of counseling to promote respect for human dignity and diversity.

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### ACA Code of Ethics Preamble

The American Counseling Association (ACA) is an educational, scientific, and professional organization whose members work in a variety of settings and serve in multiple capacities. Counseling is a professional relationship that empowers diverse individuals, families, and groups to accomplish mental health, wellness, education, and career goals.

Professional values are an important way of living out an ethical commitment. The following are core professional values of the counseling profession:

- 1. enhancing human development throughout the life span;
- 2. honoring diversity and embracing a multicultural approach in support of the worth, dignity, potential, and uniqueness of people within their social and cultural contexts;
- 3. promoting social justice;

- 4. safeguarding the integrity of the counselor-client relationship; and
- 5. practicing in a competent and ethical manner.

These professional values provide a conceptual basis for the ethical principles enumerated below. These principles are the foundation for ethical behavior and decision making. The fundamental principles of professional ethical behavior are

- autonomy, or fostering the right to control the direction of one's life;
- nonmaleficence, or avoiding actions that cause harm;
- beneficence, or working for the good of the individual and society by promoting mental health and well-being;
- *justice*, or treating individuals equitably and fostering fairness and equality;
- *fidelity*, or honoring commitments and keeping promises, including fulfilling one's responsibilities of trust in professional relationships; and
- *veracity*, or dealing truthfully with individuals with whom counselors come into professional contact.

# ACA Code of Ethics Purpose

The ACA Code of Ethics serves six main purposes:

- 1. The *Code* sets forth the ethical obligations of ACA members and provides guidance intended to inform the ethical practice of professional counselors.
- 2. The *Code* identifies ethical considerations relevant to professional counselors and counselors-in-training.
- 3. The *Code* enables the association to clarify for current and prospective members, and for those served by members, the nature of the ethical responsibilities held in common by its members.
- 4. The *Code* serves as an ethical guide designed to assist members in constructing a course of action that best serves those utilizing counseling services and establishes expectations of conduct with a primary emphasis on the role of the professional counselor.
- 5. The *Code* helps to support the mission of ACA.
- 6. The standards contained in this *Code* serve as the basis for processing inquiries and ethics complaints concerning ACA members.

The ACA Code of Ethics contains nine main sections that address the following areas:

Section A: The Counseling Relationship Section B: Confidentiality and Privacy Section C: Professional Responsibility

Section D: Relationships With Other Professionals
Section E: Evaluation, Assessment, and Interpretation
Section F: Supervision, Training, and Teaching

Section G: Research and Publication

Section H: Distance Counseling, Technology, and

Social Media

Section I: Resolving Ethical Issues

Each section of the *ACA Code of Ethics* begins with an introduction. The introduction to each section describes the ethical behavior and responsibility to which counselors aspire. The introductions help set the tone for each particular section and provide a starting point that invites reflection on the ethical standards contained in each part of the *ACA Code of Ethics*. The standards outline professional responsibilities and provide direction for fulfilling those ethical responsibilities.

When counselors are faced with ethical dilemmas that are difficult to resolve, they are expected to engage in a carefully considered ethical decision-making process, consulting available resources as needed. Counselors acknowledge that resolving ethical issues is a process; ethical reasoning includes consideration of professional values, professional ethical principles, and ethical standards.

Counselors' actions should be consistent with the spirit as well as the letter of these ethical standards. No specific ethical decision-making model is always most effective, so counselors are expected to use a credible model of decision making that can bear public scrutiny of its application. Through a chosen ethical decision-making process and evaluation of the context of the situation, counselors work collaboratively with clients to make decisions that promote clients' growth and development. A breach of the standards and principles provided herein does not necessarily constitute legal liability or violation of the law; such action is established in legal and judicial proceedings.

The glossary at the end of the *Code* provides a concise description of some of the terms used in the *ACA Code of Ethics*.

#### Section A

#### The Counseling Relationship

#### Introduction

Counselors facilitate client growth and development in ways that foster the interest and welfare of clients and promote formation of healthy relationships. Trust is the cornerstone of the counseling relationship, and counselors have the responsibility to respect and safeguard the client's right to privacy and confidentiality. Counselors actively attempt to understand the diverse cultural backgrounds of the clients they serve. Counselors also explore their own cultural identities and how these affect their values and beliefs about the counseling process. Additionally, counselors are encouraged to contribute to society by devoting a portion of their professional activities for little or no financial return (pro bono publico).

#### A.1. Client Welfare

**A.1.a. Primary Responsibility** The primary responsibility of counselors is to respect the dignity and promote the welfare of clients.

### A.1.b. Records and Documentation

Counselors create, safeguard, and maintain documentation necessary for rendering professional services.

Regardless of the medium, counselors include sufficient and timely documentation to facilitate the delivery and continuity of services. Counselors take reasonable steps to ensure that documentation accurately reflects client progress and services provided. If amendments are made to records and documentation, counselors take steps to properly note the amendments according to agency or institutional policies.

#### A.1.c. Counseling Plans

Counselors and their clients work jointly in devising counseling plans that offer reasonable promise of success and are consistent with the abilities, temperament, developmental level, and circumstances of clients. Counselors and clients regularly review and revise counseling plans to assess their continued viability and effectiveness, respecting clients' freedom of choice.

# **A.1.d. Support Network Involvement** Counselors recognize that support networks hold various meanings in the

lives of clients and consider enlisting the support, understanding, and involvement of others (e.g.,

religious/spiritual/community leaders, family members, friends) as positive resources, when appropriate, with client consent.

### A.2. Informed Consent in the Counseling Relationship

#### A.2.a. Informed Consent

Clients have the freedom to choose whether to enter into or remain in a counseling relationship and need adequate information about the counseling process and the counselor. Counselors have an obligation to review in writing and verbally with clients the rights and responsibilities of both counselors and clients. Informed consent is an ongoing part of the counseling process, and counselors appropriately document discussions of informed consent throughout the counseling relationship.

A.2.b. Types of Information Needed Counselors explicitly explain to clients the nature of all services provided. They inform clients about issues such as, but not limited to, the following: the purposes, goals, techniques, procedures, limitations, potential risks, and benefits of services; the counselor's qualifications, credentials, relevant experience, and approach to counseling; continuation of services upon the incapacitation or death of the counselor; the role of technology; and other pertinent information. Counselors take steps to ensure that clients understand the implications of diagnosis and the intended use of tests and reports. Additionally, counselors inform clients about fees and billing arrangements, including procedures for nonpayment of fees. Clients have the right to confidentiality and to be provided with an explanation of its limits (including how supervisors and/or treatment or interdisciplinary team professionals are involved), to obtain clear information about their records, to participate in the ongoing counseling plans, and to refuse any services or modality changes and to be advised of the consequences of such

### A.2.c. Developmental and Cultural Sensitivity

Counselors communicate information in ways that are both developmentally and culturally appropriate. Counselors use clear and understandable language when discussing issues related to informed consent. When clients have difficulty

understanding the language that counselors use, counselors provide necessary services (e.g., arranging for a qualified interpreter or translator) to ensure comprehension by clients. In collaboration with clients, counselors consider cultural implications of informed consent procedures and, where possible, counselors adjust their practices accordingly.

A.2.d. Inability to Give Consent When counseling minors, incapacitated adults, or other persons unable to give voluntary consent, counselors seek the assent of clients to services and include them in decision making as appropriate.

Counselors recognize the need to balance the ethical rights of clients to make choices, their capacity to give consent or assent to receive services, and parental or familial legal rights and responsibilities to protect these clients and make decisions on their behalf.

A.2.e. Mandated Clients Counselors discuss the required limitations to confidentiality when working with clients who have been mandated for counseling services. Counselors also explain what type of information and with whom that information is shared prior to the beginning of counseling. The client may choose to refuse services. In this case, counselors will, to the best of their ability, discuss with the client the potential consequences of refusing counseling services. A.3. Clients Served by Others When counselors learn that their clients are in a professional relationship with other mental health professionals, they request release from clients to inform the other professionals and strive to establish positive and collaborative professional relationships.

### A.4. Avoiding Harm and Imposing Values

**A.4.a.** Avoiding Harm Counselors act to avoid harming their clients, trainees, and research participants and to minimize or to remedy unavoidable or unanticipated harm.

A.4.b. Personal Values Counselors are aware of—and avoid imposing—their own values, attitudes, beliefs, and behaviors. Counselors respect the diversity of clients, trainees, and research participants and seek training in areas in which they are at risk of imposing their values onto clients, especially when the counselor's values are inconsistent with the client's goals or are discriminatory in nature.

#### A.5. Prohibited

### Noncounseling Roles and Relationships

### A.5.a. Sexual and/or Romantic Relationships Prohibited

Sexual and/or romantic counselor—client interactions or relationships with current clients, their romantic partners, or their family members are prohibited. This prohibition applies to both inperson and electronic interactions or relationships.

### A.5.b. Previous Sexual and/or Romantic Relationships

Counselors are prohibited from engaging in counseling relationships with persons with whom they have had a previous sexual and/or romantic relationship.

### A.5.c. Sexual and/or Romantic Relationships With Former Clients

Sexual and/or romantic counselor- client interactions or relationships with former clients, their romantic partners, or their family members are prohibited for a period of 5 years following the last professional contact. This prohibition applies to both in-person and electronic interactions or relationships. Counselors, before engaging in sexual and/or romantic interactions or relationships with former clients, their romantic partners, or their family members, demonstrate forethought and document (in written form) whether the interaction or relationship can be viewed as exploitive in any way and/or whether there is still potential to harm the former client; in cases of potential exploitation and/or harm, the counselor avoids entering into such an interaction or relationship.

### A.5.d. Friends or Family Members

Counselors are prohibited from engaging in counseling relationships with friends or family members with whom they have an inability to remain objective.

# A.5.e. Personal Virtual Relationships With Current Clients

Counselors are prohibited from engaging in a personal virtual relationship with individuals with whom they have a current counseling relationship (e.g., through social and other media).

### A.6. Managing and Maintaining Boundaries and Professional Relationships

### A.6.a. Previous Relationships

Counselors consider the risks and benefits of accepting as clients those with whom they have had a previous relationship. These potential clients may include

individuals with whom the counselor has had a casual, distant, or past relationship. Examples include mutual or past membership in a professional association, organization, or community. When counselors accept these clients, they take appropriate professional precautions such as informed consent, consultation, supervision, and documentation to ensure that judgment is not impaired and no exploitation occurs.

### A.6.b. Extending Counseling Boundaries

Counselors consider the risks and benefits of extending current counseling relationships beyond conventional parameters. Examples include attending a client's formal ceremony (e.g., a wedding/commitment ceremony or graduation), purchasing a service or product provided by a client (excepting unrestricted bartering), and visiting a client's ill family member in the hospital. In extending these boundaries, counselors take appropriate professional precautions such as informed consent, consultation, supervision, and documentation to ensure that judgment is not impaired and no harm occurs.

### A.6.c. Documenting Boundary Extensions

If counselors extend boundaries as described in A.6.a. and A.6.b., they must officially document, prior to the interaction (when feasible), the rationale for such an interaction, the potential benefit, and anticipated consequences for the client or former client and other individuals significantly involved with the client or former client. When unintentional harm occurs to the client or former client, or to an individual significantly involved with the client or former client, the counselor must show evidence of an attempt to remedy such harm.

### A.6.d. Role Changes in the Professional Relationship

When counselors change a role from the original or most recent contracted relationship, they obtain informed consent from the client and explain the client's right to refuse services related to the change. Examples of role changes include, but are not limited to

- changing from individual to relationship or family counseling, or vice versa;
- 2. changing from an evaluative role to a therapeutic role, or vice versa; and

3. changing from a counselor to a mediator role, or vice versa.

Clients must be fully informed of any anticipated consequences (e.g., financial, legal, personal, therapeutic) of counselor role changes.

# A.6.e. Nonprofessional Interactions or Relationships (Other Than Sexual or Romantic Interactions or Relationships)

Counselors avoid entering into nonprofessional relationships with former clients, their romantic partners, or their family members when the interaction is potentially harmful to the client. This applies to both in-person and electronic interactions or relationships.

# A.7. Roles and Relationships at Individual, Group, Institutional, and Societal Levels

**A.7.a.** Advocacy When appropriate, counselors advocate at individual, group, institutional, and societal levels to address potential barriers and obstacles that inhibit access and/or the growth and development of clients.

### A.7.b. Confidentiality and Advocacy

Counselors obtain client consent prior to engaging in advocacy efforts on behalf of an identifiable client to improve the provision of services and to work toward removal of systemic barriers or obstacles that inhibit client access, growth, and development.

### A.8. Multiple Clients

When a counselor agrees to provide counseling services to two or more persons who have a relationship, the counselor clarifies at the outset which person or persons are clients and the nature of the relationships the counselor will have with each involved person. If it becomes apparent that the counselor may be called upon to perform potentially conflicting roles, the counselor will clarify, adjust, or withdraw from roles appropriately.

### A.9. Group Work

#### A.9.a. Screening

Counselors screen prospective group counseling/therapy participants. To the extent possible, counselors select members whose needs and goals are compatible with the goals of the group, who will not impede the group process,

and whose well-being will not be jeopardized by the group experience.

A.9.b. Protecting Clients In a group setting, counselors take reasonable precautions to protect clients from physical, emotional, or psychological trauma. A.10. Fees and Business

### **Practices**

A.10.a. Self-Referral Counselors working in an organization (e.g., school, agency, institution) that provides counseling services do not refer clients to their private practice unless the policies of a particular organization make explicit provisions for self-referrals. In such instances, the clients must be informed of other options open to them should they seek private counseling services.

### A.10.b. Unacceptable Business **Practices**

Counselors do not participate in fee splitting, nor do they give or receive commissions, rebates, or any other form of remuneration when referring clients for professional services.

A.10.c. Establishing Fees In establishing fees for professional counseling services, counselors consider the financial status of clients and locality. If a counselor's usual fees create undue hardship for the client, the counselor may adjust fees, when legally permissible, or assist the client in locating comparable, affordable services.

A.10.d. Nonpayment of Fees If counselors intend to use collection agencies or take legal measures to collect fees from clients who do not pay for services as agreed upon, they include such information in their informed consent documents and also inform clients in a timely fashion of intended actions and offer clients the opportunity to make payment.

**A.10.e. Bartering** Counselors may barter only if the bartering does not result in exploitation or harm, if the client requests it, and if such arrangements are an accepted practice among professionals in the community. Counselors consider the cultural implications of bartering and discuss relevant concerns with clients and document such agreements in a clear written contract.

A.10.f. Receiving Gifts Counselors understand the challenges of accepting gifts from clients and recognize that in some cultures, small gifts are a token of respect and gratitude. When determining whether to accept a gift from clients, counselors take into account the therapeutic relationship, the monetary value of the gift, the client's motivation

for giving the gift, and the counselor's motivation for wanting to accept or decline the gift.

### A.11. Termination and Referral

#### A.11.a. Competence Within **Termination and Referral**

If counselors lack the competence to be of professional assistance to clients, they avoid entering or continuing counseling relationships. Counselors are knowledgeable about culturally and clinically appropriate referral resources and suggest these alternatives. If clients decline the suggested referrals, counselors discontinue the relationship.

### A.11.b. Values Within **Termination and Referral**

Counselors refrain from referring prospective and current clients based solely on the counselor's personally held values, attitudes, beliefs, and behaviors. Counselors respect the diversity of clients and seek training in areas in which they are at risk of imposing their values onto clients, especially when the counselor's values are inconsistent with the client's goals or are discriminatory in nature.

A.11.c. Appropriate Termination Counselors terminate a counseling relationship when it becomes reasonably apparent that the client no longer needs assistance, is not likely to benefit, or is being harmed by continued counseling. Counselors may terminate counseling when in jeopardy of harm by the client or by another person with whom the client has a relationship, or when clients do not pay fees as agreed upon. Counselors provide pretermination counseling and recommend other service providers when necessary.

### A.11.d. Appropriate Transfer of Services

When counselors transfer or refer clients to other practitioners, they ensure that appropriate clinical and administrative processes are completed and open communication is maintained with both clients and practitioners.

### A.12. Abandonment and Client Neglect

Counselors do not abandon or neglect clients in counseling. Counselors assist in making appropriate arrangements for the continuation of treatment, when necessary, during interruptions such as vacations, illness, and following termination

### Section B Confidentiality and Privacy

#### Introduction

Counselors recognize that trust is a cornerstone of the counseling relationship. Counselors aspire to earn the trust of clients by creating an ongoing partnership, establishing and upholding appropriate boundaries, and maintaining confidentiality. Counselors communicate the parameters of confidentiality in a culturally competent manner. **B.1.** 

#### **Respecting Client Rights**

### **B.1.a.** Multicultural/Diversity Considerations

Counselors maintain awareness and sensitivity regarding cultural meanings of confidentiality and privacy. Counselors respect differing views toward disclosure of information. Counselors hold ongoing discussions with clients as to how, when, and with whom information is to be shared.

**B.1.b. Respect for Privacy** Counselors respect the privacy of prospective and current clients. Counselors request private information from clients only when it is beneficial to the counseling process.

### **B.1.c.** Respect for Confidentiality

Counselors protect the confidential information of prospective and current clients. Counselors disclose information only with appropriate consent or with sound legal or ethical justification.

**B.1.d.** Explanation of Limitations At initiation and throughout the counseling process, counselors inform clients of the limitations of confidentiality and seek to identify situations in which confidentiality must be breached.

#### **B.2.** Exceptions

### **B.2.a.** Serious and Foreseeable Harm and Legal Requirements

The general requirement that counselors keep information confidential does not apply when disclosure is required to protect clients or identified others from serious and foreseeable harm or when legal requirements demand that confidential information must be revealed. Counselors consult with other professionals when in doubt as to the validity of an exception. Additional considerations apply when addressing end-of-life issues.

### **B.2.b.** Confidentiality Regarding **End-of-Life Decisions**

Counselors who provide services to terminally ill individuals who are considering hastening their own deaths have the option to maintain confidentiality, depending on applicable laws and the specific circumstances of the situation and after seeking consultation or supervision from appropriate professional and legal parties.

### **B.2.c.** Contagious, Life-Threatening Diseases

When clients disclose that they have a disease commonly known to be both communicable and life threatening, counselors may be justified in disclosing information to identifiable third parties, if the parties are known to be at serious and foreseeable risk of contracting the disease. Prior to making a disclosure, counselors assess the intent of clients to inform the third parties about their disease or to engage in any behaviors that may be harmful to an identifiable third party. Counselors adhere to relevant state laws concerning disclosure about disease status

#### **B.2.d.** Court-Ordered Disclosure

When ordered by a court to release confidential or privileged information without a client's permission, counselors seek to obtain written, informed consent from the client or take steps to prohibit the disclosure or have it limited as narrowly as possible because of potential harm to the client or counseling relationship.

**B.2.e.** Minimal Disclosure To the extent possible, clients are informed before confidential information is disclosed and are involved in the disclosure decision-making process. When circumstances require the disclosure of confidential information, only essential information is revealed

### B.3. Information Shared With Others

**B.3.a. Subordinates** Counselors make every effort to ensure that privacy and confidentiality of clients are maintained by subordinates, including employees, supervisees, students, clerical assistants, and volunteers.

**B.3.b. Interdisciplinary Teams** When services provided to the client involve participation by an interdisciplinary or treatment team, the client will be informed of the team's existence and composition, information being shared, and the purposes of sharing such information.

**B.3.c.** Confidential Settings Counselors discuss confidential information only in settings in which they can reasonably ensure client privacy.

#### **B.3.d. Third-Party Payers**

Counselors disclose information to thirdparty payers only when clients have authorized such disclosure.

### **B.3.e.** Transmitting Confidential Information

Counselors take precautions to ensure the confidentiality of all information transmitted through the use of any medium

**B.3.f. Deceased Clients** Counselors protect the confidentiality of deceased clients, consistent with legal requirements and the documented preferences of the client.

### **B.4.** Groups and Families

**B.4.a.** Group Work In group work, counselors clearly explain the importance and parameters of confidentiality for the specific group.

### **B.4.b.** Couples and Family Counseling

In couples and family counseling, counselors clearly define who is considered "the client" and discuss expectations and limitations of confidentiality. Counselors seek agreement and document in writing such agreement among all involved parties regarding the confidentiality of information. In the absence of an agreement to the contrary, the couple or family is considered to be the client.

### B.5. Clients Lacking Capacity to Give Informed Consent

**B.5.a.** Responsibility to Clients When counseling minor clients or adult clients who lack the capacity to give voluntary, informed consent, counselors protect the confidentiality of information received—in any medium—in the counseling relationship as specified by federal and state laws, written policies, and applicable ethical standards.

B.5.b. Responsibility to Parents and Legal Guardians Counselors inform parents and legal guardians about the role of counselors and the confidential nature of the counseling relationship, consistent with current legal and custodial arrangements. Counselors are sensitive to the cultural diversity of families and respect the inherent rights and responsibilities of parents/guardians regarding the welfare of their children/charges according to law. Counselors work to establish, as appropriate, collaborative relationships with parents/guardians to best serve clients.

### **B.5.c.** Release of Confidential Information

When counseling minor clients or adult clients who lack the capacity to give voluntary consent to release confidential information, counselors seek permission from an appropriate third party to disclose information. In such instances, counselors inform clients consistent with their level of understanding and take appropriate measures to safeguard client confidentiality.

### **B.6.** Records and

#### Documentation

### **B.6.a.** Creating and Maintaining Records and Documentation

Counselors create and maintain records and documentation necessary for rendering professional services.

**B.6.b.** Confidentiality of Records and Documentation Counselors ensure that records and documentation kept in any medium are secure and that only authorized persons have access to them.

### **B.6.c.** Permission to Record

Counselors obtain permission from clients prior to recording sessions through electronic or other means.

#### **B.6.d.** Permission to Observe

Counselors obtain permission from clients prior to allowing any person to observe counseling sessions, review session transcripts, or view recordings of sessions with supervisors, faculty, peers, or others within the training environment.

**B.6.e. Client Access Counselors** provide reasonable access to records and copies of records when requested by competent clients. Counselors limit the access of clients to their records, or portions of their records, only when there is compelling evidence that such access would cause harm to the client. Counselors document the request of clients and the rationale for withholding some or all of the records in the files of clients. In situations involving multiple clients, counselors provide individual clients with only those parts of records that relate directly to them and do not include confidential information related to any other client.

#### **B.6.f.** Assistance With Records

When clients request access to their records, counselors provide assistance and consultation in interpreting counseling records.

**B.6.g.** Disclosure or Transfer Unless exceptions to confidentiality exist, counselors obtain written permission from clients to disclose or transfer records to legitimate third parties. Steps are taken to

ensure that receivers of counseling records are sensitive to their confidential nature.

### **B.6.h.** Storage and Disposal After Termination

Counselors store records following termination of services to ensure reasonable future access, maintain records in accordance with federal and state laws and statutes such as licensure laws and policies governing records, and dispose of client records and other sensitive materials in a manner that protects client confidentiality. Counselors apply careful discretion and deliberation before destroying records that may be needed by a court of law, such as notes on child abuse, suicide, sexual harassment, or violence.

#### **B.6.i.** Reasonable Precautions

Counselors take reasonable precautions to protect client confidentiality in the event of the counselor's termination of practice, incapacity, or death and appoint a records custodian when identified as appropriate.

#### **B.7. Case Consultation**

**B.7.a.** Respect for Privacy Information shared in a consulting relationship is discussed for professional purposes only. Written and oral reports present only data germane to the purposes of the consultation, and every effort is made to protect client identity and to avoid undue invasion of privacy.

#### **B.7.b.** Disclosure of

### **Confidential Information**

When consulting with colleagues, counselors do not disclose confidential information that reasonably could lead to the identification of a client or other person or organization with whom they have a confidential relationship unless they have obtained the prior consent of the person or organization or the disclosure cannot be avoided. They disclose information only to the extent necessary to achieve the purposes of the consultation.

Section C
Professional
Responsibility

### Introduction

Counselors aspire to open, honest, and accurate communication in dealing with the public and other professionals. Counselors facilitate access to counseling services, and they practice in a nondiscriminatory manner within the boundaries of professional and personal

competence; they also have a responsibility to abide by the ACA Code of Ethics. Counselors actively participate in local, state, and national associations that foster the development and improvement of counseling. Counselors are expected to advocate to promote changes at the individual, group, institutional, and societal levels that improve the quality of life for individuals and groups and remove potential barriers to the provision or access of appropriate services being offered. Counselors have a responsibility to the public to engage in counseling practices that are based on rigorous research methodologies. Counselors are encouraged to contribute to society by devoting a portion of their professional activity to services for which there is little or no financial return (pro bono publico). In addition, counselors engage in self-care activities to maintain and promote their own emotional, physical, mental, and spiritual well-being to best meet their professional responsibilities.

### C.1. Knowledge of and Compliance With Standards

Counselors have a responsibility to read, understand, and follow the *ACA Code of Ethics* and adhere to applicable laws and regulations.

### **C.2. Professional Competence**

#### C.2.a. Boundaries of Competence

Counselors practice only within the boundaries of their competence, based on their education, training, supervised experience, state and national professional credentials, and appropriate professional experience. Whereas multicultural counseling competency is required across all counseling specialties, counselors gain knowledge, personal awareness, sensitivity, dispositions, and skills pertinent to being a culturally competent counselor in working with a diverse client population.

C.2.b. New Specialty Areas of Practice Counselors practice in specialty areas new to them only after appropriate education, training, and supervised experience. While developing skills in new specialty areas, counselors take steps to ensure the competence of their work and protect others from possible harm.

C.2.c. Qualified for Employment Counselors accept employment only for positions for which they are qualified given their education, training, supervised experience, state and national professional credentials, and appropriate professional experience. Counselors hire for professional counseling positions only individuals who are qualified and competent for those positions.

#### C.2.d. Monitor Effectiveness

Counselors continually monitor their effectiveness as professionals and take steps to improve when necessary. Counselors take reasonable steps to seek peer supervision to evaluate their efficacy as counselors.

### C.2.e. Consultations on Ethical Obligations

Counselors take reasonable steps to consult with other counselors, the ACA Ethics and Professional Standards Department, or related professionals when they have questions regarding their ethical obligations or professional practice.

### C.2.f. Continuing Education

Counselors recognize the need for continuing education to acquire and maintain a reasonable level of awareness of current scientific and professional information in their fields of activity. Counselors maintain their competence in the skills they use, are open to new procedures, and remain informed regarding best practices for working with diverse populations.

C.2.g. Impairment Counselors monitor themselves for signs of impairment from their own physical, mental, or emotional problems and refrain from offering or providing professional services when impaired. They seek assistance for problems that reach the level of professional impairment, and, if necessary, they limit, suspend, or terminate their professional responsibilities until it is determined that they may safely resume their work. Counselors assist colleagues or supervisors in recognizing their own professional impairment and provide consultation and assistance when warranted with colleagues or supervisors showing signs of impairment and intervene as appropriate to prevent imminent harm to clients.

### C.2.h. Counselor Incapacitation, Death, Retirement, or Termination of Practice

Counselors prepare a plan for the transfer of clients and the dissemination of records to an identified colleague or records custodian in the case of the counselor's incapacitation, death, retirement, or termination of practice.

### C.3. Advertising and Soliciting Clients

#### C.3.a. Accurate Advertising

When advertising or otherwise representing their services to the public, counselors identify their credentials in an accurate manner that is not false, misleading, deceptive, or fraudulent.

### C.3.b. Testimonials

Counselors who use testimonials do not solicit them from current clients, former clients, or any other persons who may be vulnerable to undue influence. Counselors discuss with clients the implications of and obtain permission for the use of any testimonial.

C.3.c. Statements by Others When feasible, counselors make reasonable efforts to ensure that statements made by others about them or about the counseling profession are accurate.

### C.3.d. Recruiting Through Employment

Counselors do not use their places of employment or institutional affiliation to recruit clients, supervisors, or consultees for their private practices.

### C.3.e. Products and Training Advertisements

Counselors who develop products related to their profession or conduct workshops or training events ensure that the advertisements concerning these products or events are accurate and disclose adequate information for consumers to make informed choices.

#### C.3.f. Promoting to Those Served

Counselors do not use counseling, teaching, training, or supervisory relationships to promote their products or training events in a manner that is deceptive or would exert undue influence on individuals who may be vulnerable. However, counselor educators may adopt textbooks they have authored for instructional purposes.

### C.4. Professional Qualifications C.4.a. Accurate Representation

Counselors claim or imply only professional qualifications actually completed and correct any known misrepresentations of their qualifications by others. Counselors truthfully represent the qualifications of their professional colleagues. Counselors clearly distinguish between paid and volunteer work experience and accurately describe their continuing education and specialized training.

#### C.4.b. Credentials

Counselors claim only licenses or certifications that are current and in good standing.

**C.4.c. Educational Degrees** Counselors clearly differentiate between earned and honorary degrees.

### C.4.d. Implying Doctoral-Level Competence

Counselors clearly state their highest earned degree in counseling or a closely related field. Counselors do not imply doctoral-level competence when possessing a master's degree in counseling or a related field by referring to themselves as "Dr." in a counseling context when their doctorate is not in counseling or a related field. Counselors do not use "ABD" (all but dissertation) or other such terms to imply competency.

#### C.4.e. Accreditation Status

Counselors accurately represent the accreditation status of their degree program and college/university.

#### C.4.f. Professional Membership

Counselors clearly differentiate between current, active memberships and former memberships in associations. Members of ACA must clearly differentiate between professional membership, which implies the possession of at least a master's degree in counseling, and regular membership, which is open to individuals whose interests and activities are consistent with those of ACA but are not qualified for professional membership.

### C.5. Nondiscrimination

Counselors do not condone or engage in discrimination against prospective or current clients, students, employees, supervisees, or research participants based on age, culture, disability, ethnicity, race, religion/spirituality, gender, gender identity, sexual orientation, marital/partnership status, language preference, socioeconomic status, immigration status, or any basis proscribed by law.

### C.6. Public Responsibility

**C.6.a. Sexual Harassment** Counselors do not engage in or condone sexual harassment. Sexual harassment can consist of a single intense or severe act, or multiple persistent or pervasive acts.

### C.6.b. Reports to Third Parties

Counselors are accurate, honest, and objective in reporting their professional activities and judgments to appropriate third parties, including courts, health insurance companies, those who are the recipients of evaluation reports, and others

#### C.6.c. Media Presentations

When counselors provide advice or comment by means of public lectures, demonstrations, radio or television programs, recordings, technology-based applications, printed articles, mailed material, or other media, they take reasonable precautions to ensure that

- 1. the statements are based on appropriate professional counseling literature and practice,
- 2. the statements are otherwise consistent with the *ACA Code of Ethics*, and
- the recipients of the information are not encouraged to infer that a professional counseling relationship has been established.

### C.6.d. Exploitation of Others

Counselors do not exploit others in their professional relationships.

### C.6.e. Contributing to the Public Good

#### (Pro Bono Publico)

Counselors make a reasonable effort to provide services to the public for which there is little or no financial return (e.g., speaking to groups, sharing professional information, offering reduced fees).

#### C.7. Treatment Modalities

#### C.7.a. Scientific Basis for Treatment

When providing services, counselors use techniques/procedures/modalities that are grounded in theory and/or have an empirical or scientific foundation.

#### C.7.b. Development and Innovation

When counselors use developing or innovative techniques/procedures/ modalities, they explain the potential risks, benefits, and ethical considerations of using such techniques/procedures/ modalities. Counselors work to minimize any potential risks or harm when using these techniques/procedures/modalities.

### C.7.c. Harmful Practices Counselors do not use

techniques/procedures/modalities when substantial evidence suggests harm, even if such services are requested.

### C.8. Responsibility to Other Professionals

### C.8.a. Personal Public Statements

When making personal statements in a public context, counselors clarify that they are speaking from their personal perspectives and that they are not speaking on behalf of all counselors or the profession. Section D

#### Relationships With

Other Professionals

#### Introduction

Professional counselors recognize that the quality of their interactions with colleagues can influence the quality of services provided to clients. They work to become knowledgeable about colleagues within and outside the field of counseling. Counselors develop positive working relationships and systems of communication with colleagues to enhance services to clients.

### D.1. Relationships With Colleagues, Employers, and Employees

#### **D.1.a.** Different Approaches

Counselors are respectful of approaches that are grounded in theory and/or have an empirical or scientific foundation but may differ from their own. Counselors acknowledge the expertise of other professional groups and are respectful of their practices.

### D.1.b. Forming Relationships

Counselors work to develop and strengthen relationships with colleagues from other disciplines to best serve clients.

### D.1.c. Interdisciplinary Teamwork

Counselors who are members of interdisciplinary teams delivering multifaceted services to clients remain focused on how to best serve clients. They participate in and contribute to decisions that affect the well-being of clients by drawing on the perspectives, values, and experiences of the counseling profession and those of colleagues from other disciplines.

# D.1.d. Establishing Professional and Ethical Obligations

Counselors who are members of interdisciplinary teams work together with team members to clarify professional and ethical obligations of the team as a whole and of its individual members. When a team decision raises ethical concerns, counselors first attempt to resolve the concern within the team. If they cannot reach resolution among team members, counselors pursue other avenues to address their concerns consistent with client well-being.

**D.1.e.** Confidentiality When counselors are required by law, institutional policy, or extraordinary circumstances to serve in more than one role in judicial or

administrative proceedings, they clarify role expectations and the parameters of confidentiality with their colleagues.

### D.1.f. Personnel Selection and Assignment

When counselors are in a position requiring personnel selection and/or assigning of responsibilities to others, they select competent staff and assign responsibilities compatible with their skills and experiences.

#### D.1.g. Employer Policies

The acceptance of employment in an agency or institution implies that counselors are in agreement with its general policies and principles.

Counselors strive to reach agreement with employers regarding acceptable standards of client care and professional conduct that allow for changes in institutional policy conducive to the growth and development of clients.

### **D.1.h.** Negative Conditions

Counselors alert their employers of inappropriate policies and practices. They attempt to effect changes in such policies or procedures through constructive action within the organization. When such policies are potentially disruptive or damaging to clients or may limit the effectiveness of services provided and change cannot be affected, counselors take appropriate further action. Such action may include referral to appropriate certification, accreditation, or state licensure organizations, or voluntary termination of employment.

### D.1.i. Protection From Punitive Action

Counselors do not harass a colleague or employee or dismiss an employee who has acted in a responsible and ethical manner to expose inappropriate employer policies or practices.

### D.2. Provision of

#### **Consultation Services**

### **D.2.a.** Consultant Competency

Counselors take reasonable steps to ensure that they have the appropriate resources and competencies when providing consultation services. Counselors provide appropriate referral resources when requested or needed.

### D.2.b. Informed Consent in Formal Consultation

When providing formal consultation services, counselors have an obligation to review, in writing and verbally, the rights and responsibilities of both counselors and consultees. Counselors use clear and understandable language to inform all parties involved about the purpose of the services to be provided, relevant costs, potential risks and benefits, and the limits of confidentiality.

Section E

### Evaluation, Assessment, and Interpretation

#### Introduction

Counselors use assessment as one component of the counseling process, taking into account the clients' personal and cultural context. Counselors promote the well-being of individual clients or groups of clients by developing and using appropriate educational, mental health, psychological, and career assessments.

#### E.1. General

**E.1.a.** Assessment The primary purpose of educational, mental health, psychological, and career assessment is to gather information regarding the client for a variety of purposes, including, but not limited to, client decision making, treatment planning, and forensic proceedings. Assessment may include both qualitative and quantitative methodologies.

E.1.b. Client Welfare Counselors do not misuse assessment results and interpretations, and they take reasonable steps to prevent others from misusing the information provided. They respect the client's right to know the results, the interpretations made, and the bases for counselors' conclusions and recommendations.

### E.2. Competence to Use and Interpret Assessment Instruments

### E.2.a. Limits of Competence

Counselors use only those testing and assessment services for which they have been trained and are competent.

Counselors using technology-assisted test interpretations are trained in the construct being measured and the specific instrument being used prior to using its technology-based application. Counselors take reasonable measures to ensure the proper use of assessment techniques by persons under their supervision.

#### E.2.b. Appropriate Use

Counselors are responsible for the appropriate application, scoring, interpretation, and use of assessment instruments relevant to the needs of the

client, whether they score and interpret such assessments themselves or use technology or other services.

**E.2.c.** Decisions Based on Results Counselors responsible for decisions involving individuals or policies that are based on assessment results have a thorough understanding of psychometrics.

### E.3. Informed Consent in Assessment

**E.3.a.** Explanation to Clients Prior to assessment, counselors explain the nature and purposes of assessment and the specific use of results by potential recipients. The explanation will be given in terms and language that the client (or other legally authorized person on behalf of the client) can understand.

**E.3.b. Recipients of Results** Counselors consider the client's and/ or examinee's welfare, explicit understandings, and prior agreements in determining who receives the assessment results. Counselors include accurate and appropriate interpretations with any release of individual or group assessment results.

### E.4. Release of Data to Qualified Personnel

Counselors release assessment data in which the client is identified only with the consent of the client or the client's legal representative. Such data are released only to persons recognized by counselors as qualified to interpret the data.

### E.5. Diagnosis of Mental Disorders

E.5.a. Proper Diagnosis Counselors take special care to provide proper diagnosis of mental disorders. Assessment techniques (including personal interviews) used to determine client care (e.g., locus of treatment, type of treatment, recommended follow-up) are carefully selected and appropriately used.

**E.5.b.** Cultural Sensitivity Counselors recognize that culture affects the manner in which clients' problems are defined and experienced. Clients' socioeconomic and cultural experiences are considered when diagnosing mental disorders.

### E.5.c. Historical and Social Prejudices in the Diagnosis of Pathology

Counselors recognize historical and social prejudices in the misdiagnosis and pathologizing of certain individuals and groups and strive to become aware of and address such biases in themselves or others.

#### E.5.d. Refraining From Diagnosis

Counselors may refrain from making and/or reporting a diagnosis if they believe that it would cause harm to the client or others. Counselors carefully consider both the positive and negative implications of a diagnosis.

# E.6. Instrument Selection E.6.a. Appropriateness of Instruments

Counselors carefully consider the validity, reliability, psychometric limitations, and appropriateness of instruments when selecting assessments and, when possible, use multiple forms of assessment, data, and/or instruments in forming conclusions, diagnoses, or recommendations.

**E.6.b. Referral Information** If a client is referred to a third party for assessment, the counselor provides specific referral questions and sufficient objective data about the client to ensure that appropriate assessment instruments are utilized.

### E.7. Conditions of Assessment Administration

#### E.7.a. Administration Conditions

Counselors administer assessments under the same conditions that were established in their standardization. When assessments are not administered under standard conditions, as may be necessary to accommodate clients with disabilities, or when unusual behavior or irregularities occur during the administration, those conditions are noted in interpretation, and the results may be designated as invalid or of questionable validity.

### E.7.b. Provision of Favorable Conditions

Counselors provide an appropriate environment for the administration of assessments (e.g., privacy, comfort, freedom from distraction).

### E.7.c. Technological Administration

Counselors ensure that technologically administered assessments function properly and provide clients with accurate results.

### E.7.d. Unsupervised Assessments

Unless the assessment instrument is designed, intended, and validated for self-administration and/or scoring, counselors do not permit unsupervised use.

### E.8. Multicultural Issues/ Diversity in Assessment

Counselors select and use with caution assessment techniques normed on populations other than that of the client. Counselors recognize the effects of age, color, culture, disability, ethnic group, gender, race, language preference, religion, spirituality, sexual orientation, and socioeconomic status on test administration and interpretation, and they place test results in proper perspective with other relevant factors.

### **E.9. Scoring and Interpretation of Assessments**

#### E.9.a. Reporting

When counselors report assessment results, they consider the client's personal and cultural background, the level of the client's understanding of the results, and the impact of the results on the client. In reporting assessment results, counselors indicate reservations that exist regarding validity or reliability due to circumstances of the assessment or inappropriateness of the norms for the person tested.

# E.9.b. Instruments With Insufficient Empirical Data

Counselors exercise caution when interpreting the results of instruments not having sufficient empirical data to support respondent results. The specific purposes for the use of such instruments are stated explicitly to the examinee. Counselors qualify any conclusions, diagnoses, or recommendations made that are based on assessments or instruments with questionable validity or reliability.

### E.9.c. Assessment Services

Counselors who provide assessment, scoring, and interpretation services to support the assessment process confirm the validity of such interpretations. They accurately describe the purpose, norms, validity, reliability, and applications of the procedures and any special qualifications applicable to their use. At all times, counselors maintain their ethical responsibility to those being assessed.

### E.10. Assessment Security

Counselors maintain the integrity and security of tests and assessments consistent with legal and contractual obligations. Counselors do not appropriate, reproduce, or modify published assessments or parts thereof without acknowledgment and permission from the publisher.

### E.11. Obsolete Assessment and Outdated Results

Counselors do not use data or results from assessments that are obsolete or outdated for the current purpose (e.g., noncurrent versions of assessments/ instruments). Counselors make every effort to prevent the misuse of obsolete measures and assessment data by others.

### E.12. Assessment Construction

Counselors use established scientific procedures, relevant standards, and current professional knowledge for assessment design in the development, publication, and utilization of assessment techniques.

# E.13. Forensic Evaluation: Evaluation for Legal Proceedings

E.13.a. Primary Obligations When providing forensic evaluations, the primary obligation of counselors is to produce objective findings that can be substantiated based on information and techniques appropriate to the evaluation, which may include examination of the individual and/or review of records. Counselors form professional opinions based on their professional knowledge and expertise that can be supported by the data gathered in evaluations. Counselors define the limits of their reports or testimony, especially when an examination of the individual has not been conducted.

E.13.b. Consent for Evaluation Individuals being evaluated are informed in writing that the relationship is for the purposes of an evaluation and is not therapeutic in nature, and entities or individuals who will receive the evaluation report are identified. Counselors who perform forensic evaluations obtain written consent from those being evaluated or from their legal representative unless a court orders evaluations to be conducted without the written consent of the individuals being evaluated. When children or adults who lack the capacity to give voluntary consent are being evaluated, informed written consent is obtained from a parent or guardian.

# **E.13.c.** Client Evaluation Prohibited Counselors do not evaluate current or former clients, clients' romantic partners,

former clients, clients' romantic partners, or clients' family members for forensic purposes. Counselors do not counsel individuals they are evaluating.

### E.13.d. Avoid Potentially Harmful Relationships

Counselors who provide forensic evaluations avoid potentially harmful professional or personal relationships with family members, romantic partners, and close friends of individuals they are evaluating or have evaluated in the past. Section F

#### Supervision, Training, and Teaching

#### Introduction

Counselor supervisors, trainers, and educators aspire to foster meaningful and respectful professional relationships and to maintain appropriate boundaries with supervisees and students in both face-to-face and electronic formats. They have theoretical and pedagogical foundations for their work; have knowledge of supervision models; and aim to be fair, accurate, and honest in their assessments of counselors, students, and supervisees.

### F.1. Counselor Supervision and Client Welfare

**F.1.a. Client Welfare** A primary obligation of counseling supervisors is to monitor the services provided by supervisees. Counseling supervisors monitor client welfare and supervisee performance and professional development. To fulfill these obligations, supervisors meet regularly with supervisees to review the supervisees' work and help them become prepared to serve a range of diverse clients. Supervisees have a responsibility to understand and follow the *ACA Code of Ethics*.

### F.1.b. Counselor Credentials

Counseling supervisors work to ensure that supervisees communicate their qualifications to render services to their clients

### F.1.c. Informed Consent and Client Rights

Supervisors make supervisees aware of client rights, including the protection of client privacy and confidentiality in the counseling relationship. Supervisees provide clients with professional disclosure information and inform them of how the supervision process influences the limits of confidentiality. Supervisees make clients aware of who will have access to records of the counseling relationship and how these records will be stored, transmitted, or otherwise reviewed.

### F.2. Counselor Supervision Competence

**F.2.a.** Supervisor Preparation Prior to offering supervision services, counselors are trained in supervision methods and techniques. Counselors who offer supervision services regularly pursue continuing education activities, including both counseling and supervision topics and skills.

### F.2.b. Multicultural Issues/ Diversity in Supervision

Counseling supervisors are aware of and address the role of multiculturalism/diversity in the supervisory relationship.

**F.2.c. Online Supervision** When using technology in supervision, counselor supervisors are competent in the use of those technologies. Supervisors take the necessary precautions to protect the confidentiality of all information transmitted through any electronic means.

# F.3. Supervisory Relationship F.3.a. Extending Conventional Supervisory Relationships

Counseling supervisors clearly define and maintain ethical professional, personal, and social relationships with their supervisees. Supervisors consider the risks and benefits of extending current supervisory relationships in any form beyond conventional parameters. In extending these boundaries, supervisors take appropriate professional precautions to ensure that judgment is not impaired and that no harm occurs.

- **F.3.b. Sexual Relationships** Sexual or romantic interactions or relationships with current supervisees are prohibited. This prohibition applies to both in-person and electronic interactions or relationships.
- **F.3.c. Sexual Harassment** Counseling supervisors do not condone or subject supervisees to sexual harassment.
- **F.3.d.** Friends or Family Members Supervisors are prohibited from engaging in supervisory relationships with individuals with whom they have an inability to remain objective.

### F.4. Supervisor

# Responsibilities F.4.a. Informed Consent for Supervision

Supervisors are responsible for incorporating into their supervision the principles of informed consent and participation. Supervisors inform supervisees of the policies and procedures to which supervisors are to adhere and the mechanisms for due process appeal of individual supervisor actions. The issues unique to the use of distance supervision

are to be included in the documentation as necessary.

#### F.4.b. Emergencies and Absences

Supervisors establish and communicate to supervisees procedures for contacting supervisors or, in their absence, alternative on-call supervisors to assist in handling crises.

### F.4.c. Standards for Supervisees

Supervisors make their supervisees aware of professional and ethical standards and legal responsibilities.

### F.4.d. Termination of the Supervisory Relationship

Supervisors or supervisees have the right to terminate the supervisory relationship with adequate notice. Reasons for considering termination are discussed, and both parties work to resolve differences. When termination is warranted, supervisors make appropriate referrals to possible alternative supervisors.

### F.5. Student and Supervisee Responsibilities

**F.5.a. Ethical Responsibilities** Students and supervisees have a responsibility to understand and follow the *ACA Code of Ethics*. Students and supervisees have the same obligation to clients as those required of professional counselors.

F.5.b. Impairment Students and supervisees monitor themselves for signs of impairment from their own physical, mental, or emotional problems and refrain from offering or providing professional services when such impairment is likely to harm a client or others. They notify their faculty and/or supervisors and seek assistance for problems that reach the level of professional impairment, and, if necessary, they limit, suspend, or terminate their professional responsibilities until it is determined that they may safely resume their work.

F.5.c. Professional Disclosure Before providing counseling services, students and supervisees disclose their status as supervisees and explain how this status affects the limits of confidentiality. Supervisors ensure that clients are aware of the services rendered and the qualifications of the students and supervisees rendering those services. Students and supervisees obtain client permission before they use any information concerning the counseling relationship in the training process.

### F.6. Counseling Supervision Evaluation, Remediation, and Endorsement

**F.6.a. Evaluation** Supervisors document and provide supervisees with ongoing feedback regarding their performance and schedule periodic formal evaluative sessions throughout the supervisory relationship.

F.6.b. Gatekeeping and Remediation Through initial and ongoing evaluation, supervisors are aware of supervisee limitations that might impede performance. Supervisors assist supervisees in securing remedial assistance when needed. They recommend dismissal from training programs, applied counseling settings, and state or voluntary professional credentialing processes when those supervisees are unable to demonstrate that they can provide competent professional services to a range of diverse clients. Supervisors seek consultation and document their decisions to dismiss or refer supervisees for assistance. They ensure that supervisees are aware of options available to them to address such decisions.

#### F.6.c. Counseling for Supervisees

If supervisees request counseling, the supervisor assists the supervisee in identifying appropriate services. Supervisors do not provide counseling services to supervisees. Supervisors address interpersonal competencies in terms of the impact of these issues on clients, the supervisory relationship, and professional functioning.

F.6.d. Endorsements Supervisors endorse supervisees for certification, licensure, employment, or completion of an academic or training program only when they believe that supervisees are qualified for the endorsement. Regardless of qualifications, supervisors do not endorse supervisees whom they believe to be impaired in any way that would interfere with the performance of the duties associated with the endorsement.

### F.7. Responsibilities of Counselor Educators

F.7.a. Counselor Educators Counselor educators who are responsible for developing, implementing, and supervising educational programs are skilled as teachers and practitioners. They are knowledgeable regarding the ethical, legal, and regulatory aspects of the profession; are skilled in applying that knowledge; and make students and supervisees aware of their responsibilities. Whether in traditional, hybrid, and/or online formats, counselor educators conduct counselor education and training

programs in an ethical manner and serve as role models for professional behavior.

### F.7.b. Counselor Educator Competence

Counselors who function as counselor educators or supervisors provide instruction within their areas of knowledge and competence and provide instruction based on current information and knowledge available in the profession. When using technology to deliver instruction, counselor educators develop competence in the use of the technology.

### F.7.c. Infusing Multicultural Issues/Diversity

Counselor educators infuse material related to multiculturalism/diversity into all courses and workshops for the development of professional counselors.

**F.7.d.** Integration of Study and Practice In traditional, hybrid, and/or online formats, counselor educators establish education and training programs that integrate academic study and supervised practice.

**F.7.e.** Teaching Ethics Throughout the program, counselor educators ensure that students are aware of the ethical responsibilities and standards of the profession and the ethical responsibilities of students to the profession. Counselor educators infuse ethical considerations throughout the curriculum.

**F.7.f.** Use of Case Examples The use of client, student, or supervisee information for the purposes of case examples in a lecture or classroom setting is permissible only when (a) the client, student, or supervisee has reviewed the material and agreed to its presentation or (b) the information has been sufficiently modified to obscure identity.

### F.7.g. Student-to-Student Supervision and Instruction

When students function in the role of counselor educators or supervisors, they understand that they have the same ethical obligations as counselor educators, trainers, and supervisors. Counselor educators make every effort to ensure that the rights of students are not compromised when their peers lead experiential counseling activities in traditional, hybrid, and/or online formats (e.g., counseling groups, skills classes, clinical supervision).

### F.7.h. Innovative Theories and Techniques

Counselor educators promote the use of techniques/procedures/modalities that are grounded in theory and/or have an

empirical or scientific foundation. When counselor educators discuss developing or innovative techniques/ procedures/modalities, they explain the potential risks, benefits, and ethical considerations of using such techniques/ procedures/modalities.

#### F.7.i. Field Placements

Counselor educators develop clear policies and provide direct assistance within their training programs regarding appropriate field placement and other clinical experiences. Counselor educators provide clearly stated roles and responsibilities for the student or supervisee, the site supervisor, and the program supervisor. They confirm that site supervisors are qualified to provide supervision in the formats in which services are provided and inform site supervisors of their professional and ethical responsibilities in this role.

#### F.8. Student Welfare

### F.8.a. Program Information and Orientation

Counselor educators recognize that program orientation is a developmental process that begins upon students' initial contact with the counselor education program and continues throughout the educational and clinical training of students. Counselor education faculty provide prospective and current students with information about the counselor education program's expectations, including

- 1. the values and ethical principles of the profession;
- 2. the type and level of skill and knowledge acquisition required for successful completion of the training;
- 3. technology requirements;
- program training goals, objectives, and mission, and subject matter to be covered;
- 5. bases for evaluation;
- 6. training components that encourage self-growth or self-disclosure as part of the training process;
- 7. the type of supervision settings and requirements of the sites for required clinical field experiences;
- 8. student and supervisor evaluation and dismissal policies and procedures; and
- 9. up-to-date employment prospects for graduates.

### F.8.b. Student Career Advising

Counselor educators provide career advisement for their students and make them aware of opportunities in the field. **F.8.c. Self-Growth Experiences** Selfgrowth is an expected component of counselor education. Counselor educators are mindful of ethical principles when they require students to engage in selfgrowth experiences. Counselor educators

they require students to engage in selfgrowth experiences. Counselor educators and supervisors inform students that they have a right to decide what information will be shared or withheld in class.

### F.8.d. Addressing Personal Concerns

Counselor educators may require students to address any personal concerns that have the potential to affect professional competency.

### F.9. Evaluation and Remediation

### F.9.a. Evaluation of Students

Counselor educators clearly state to students, prior to and throughout the training program, the levels of competency expected, appraisal methods, and timing of evaluations for both didactic and clinical competencies. Counselor educators provide students with ongoing feedback regarding their performance throughout the training program.

#### F.9.b. Limitations

Counselor educators, through ongoing evaluation, are aware of and address the inability of some students to achieve counseling competencies. Counselor educators do the following:

- 1. assist students in securing remedial assistance when needed,
- seek professional consultation and document their decision to dismiss or refer students for assistance, and
- ensure that students have recourse in a timely manner to address decisions requiring them to seek assistance or to dismiss them and provide students with due process according to institutional policies and procedures.

#### F.9.c. Counseling for Students If

students request counseling, or if counseling services are suggested as part of a remediation process, counselor educators assist students in identifying appropriate services.

### F.10. Roles and Relationships Between Counselor Educators and Students

### F.10.a. Sexual or Romantic Relationships

Counselor educators are prohibited from sexual or romantic interactions or relationships with students currently enrolled in a counseling or related program and over whom they have power and authority. This prohibition applies to both in-person and electronic interactions or relationships.

**F.10.b.Sexual Harassment** Counselor educators do not condone or subject students to sexual harassment.

### F.10.c. Relationships With Former Students

Counselor educators are aware of the power differential in the relationship between faculty and students. Faculty members discuss with former students potential risks when they consider engaging in social, sexual, or other intimate relationships.

### F.10.d. Nonacademic Relationships

Counselor educators avoid nonacademic relationships with students in which there is a risk of potential harm to the student or which may compromise the training experience or grades assigned. In addition, counselor educators do not accept any form of professional services, fees, commissions, reimbursement, or remuneration from a site for student or supervisor placement.

**F.10.e.** Counseling Services Counselor educators do not serve as counselors to students currently enrolled in a counseling or related program and over whom they have power and authority.

### F.10.f. Extending Educator-Student Boundaries

Counselor educators are aware of the power differential in the relationship between faculty and students. If they believe that a nonprofessional relationship with a student may be potentially beneficial to the student, they take precautions similar to those taken by counselors when working with clients. Examples of potentially beneficial interactions or relationships include, but are not limited to, attending a formal ceremony; conducting hospital visits; providing support during a stressful event; or maintaining mutual membership in a professional association, organization, or community. Counselor educators discuss with students the rationale for such interactions, the potential benefits and drawbacks, and the anticipated consequences for the student. Educators clarify the specific nature and limitations of the additional role(s) they will have with the student prior to engaging in a nonprofessional relationship. Nonprofessional relationships with students should be time limited and/or

context specific and initiated with student consent

# F.11. Multicultural/Diversity Competence in Counselor Education and Training Programs

**F.11.a. Faculty Diversity** Counselor educators are committed to recruiting and retaining a diverse faculty.

#### F.11.b. Student

**Diversity** Counselor educators actively attempt to recruit and retain a diverse student body. Counselor educators demonstrate commitment to multicultural/diversity competence by recognizing and valuing the diverse cultures and types of abilities that students training bring to the experience. Counselor educators provide appropriate accommodations that enhance and support diverse student well-being and academic performance.

### F.11.c. Multicultur al/Diversity Competence

Counselor educators actively infuse multicultural/diversity competency in their training and supervision practices. They actively train students to gain awareness, knowledge, and skills in the competencies of multicultural practice.

#### Section G

### Research and Publication

### Introduction

Counselors who conduct research are encouraged to contribute to the knowledge base of the profession and promote a clearer understanding of the conditions that lead to a healthy and more just society. Counselors support the efforts of researchers by participating fully and willingly whenever possible. Counselors minimize bias and respect diversity in designing and implementing research.

### G.1. Research Responsibilities G.1.a. Conducting Research

Counselors plan, design, conduct, and report research in a manner that is consistent with pertinent ethical principles, federal and state laws, host institutional regulations, and scientific standards governing research.

### G.1.b. Confidentiality in Research

Counselors are responsible for understanding and adhering to state, federal, agency, or institutional policies or applicable guidelines regarding confidentiality in their research practices.

G.1.c. Independent Researchers When counselors conduct independent research and do not have access to an institutional review board, they are bound to the same ethical principles and federal and state laws pertaining to the review of their plan, design, conduct, and reporting of research.

### G.1.d. Deviation From

#### **Standard Practice**

Counselors seek consultation and observe stringent safeguards to protect the rights of research participants when research indicates that a deviation from standard or acceptable practices may be necessary.

### G.1.e. Precautions to Avoid Injury

Counselors who conduct research are responsible for their participants' welfare throughout the research process and should take reasonable precautions to avoid causing emotional, physical, or social harm to participants.

### G.1.f. Principal Researcher Responsibility

The ultimate responsibility for ethical research practice lies with the principal researcher. All others involved in the research activities share ethical obligations and responsibility for their own actions.

### G.2. Rights of Research Participants

# **G.2.a.** Informed Consent in Research Individuals have the right to decline requests to become research participants.

requests to become research participants. In seeking consent, counselors use language that

- 1. accurately explains the purpose and procedures to be followed;
- 2. identifies any procedures that are experimental or relatively untried;
- describes any attendant discomforts, risks, and potential power differentials between researchers and participants;
- describes any benefits or changes in individuals or organizations that might reasonably be expected;
- 5. discloses appropriate alternative procedures that would be advantageous for participants;
- 6. offers to answer any inquiries concerning the procedures;
- describes any limitations or confidentiality;

- describes the format and potential target audiences for the dissemination of research findings; and
- instructs participants that they are free to withdraw their consent and discontinue participation in the project at any time, without penalty.

### G.2.b. Student/Supervisee Participation

Researchers who involve students or supervisees in research make clear to them that the decision regarding participation in research activities does not affect their academic standing or supervisory relationship. Students or supervisees who choose not to participate in research are provided with an appropriate alternative to fulfill their academic or clinical requirements.

G.2.c. Client Participation Counselors conducting research involving clients make clear in the informed consent process that clients are free to choose whether to participate in research activities. Counselors take necessary precautions to protect clients from adverse consequences of declining or withdrawing from participation.

**G.2.d.** Confidentiality of Information Information obtained about research participants during the course of research is confidential. Procedures are implemented to protect confidentiality.

# G.2.e. Persons Not Capable of Giving Informed Consent

When a research participant is not capable of giving informed consent, counselors provide an appropriate explanation to, obtain agreement for participation from, and obtain the appropriate consent of a legally authorized person.

**G.2.f.** Commitments to Participants Counselors take reasonable measures to honor all commitments to research participants.

### G.2.g. Explanations After Data Collection

After data are collected, counselors provide participants with full clarification of the nature of the study to remove any misconceptions participants might have regarding the research. Where scientific or human values justify delaying or withholding information, counselors take reasonable measures to avoid causing harm.

**G.2.h. Informing Sponsors** Counselors inform sponsors, institutions, and publication channels regarding research procedures and outcomes. Counselors

ensure that appropriate bodies and authorities are given pertinent information and acknowledgment.

### G.2.i. Research Records Custodian

As appropriate, researchers prepare and disseminate to an identified colleague or records custodian a plan for the transfer of research data in the case of their incapacitation, retirement, or death.

#### G.3. Managing and

#### **Maintaining Boundaries**

### G.3.a. Extending Researcher-Participant Boundaries

Researchers consider the risks and benefits of extending current research relationships beyond conventional parameters. When a nonresearch interaction between the researcher and the research participant may be potentially beneficial, the researcher must document. prior to the interaction (when feasible). the rationale for such an interaction, the potential benefit, and anticipated consequences for the research participant. Such interactions should be initiated with appropriate consent of the research participant. Where unintentional harm occurs to the research participant, the researcher must show evidence of an attempt to remedy such harm.

### G.3.b. Relationships With Research Participants

Sexual or romantic counselor—research participant interactions or relationships with current research participants are prohibited. This prohibition applies to both in-person and electronic interactions or relationships.

### G.3.c. Sexual Harassment and Research Participants

Researchers do not condone or subject research participants to sexual harassment.

#### **G.4. Reporting Results**

G.4.a. Accurate Results Counselors plan, conduct, and report research accurately. Counselors do not engage in misleading or fraudulent research, distort data, misrepresent data, or deliberately bias their results. They describe the extent to which results are applicable for diverse populations.

### G.4.b. Obligation to Report Unfavorable Results

Counselors report the results of any research of professional value. Results that reflect unfavorably on institutions, programs, services, prevailing opinions, or vested interests are not withheld.

**G.4.c. Reporting Errors** If counselors discover significant errors in their

published research, they take reasonable steps to correct such errors in a correction erratum or through other appropriate publication means.

#### G.4.d. Identity of Participants

Counselors who supply data, aid in the research of another person, report research results, or make original data available take due care to disguise the identity of respective participants in the absence of specific authorization from the participants to do otherwise. In situations where participants self-identify their involvement in research studies, researchers take active steps to ensure that data are adapted/ changed to protect the identity and welfare of all parties and that discussion of results does not cause harm to participants.

#### **G.4.e.** Replication Studies

Counselors are obligated to make available sufficient original research information to qualified professionals who may wish to replicate or extend the study.

### G.5. Publications and Presentations

#### G.5.a. Use of Case Examples

The use of participants', clients', students', or supervisees' information for the purpose of case examples in a presentation or publication is permissible only when (a) participants, clients, students, or supervisees have reviewed the material and agreed to its presentation or publication or (b) the information has been sufficiently modified to obscure identity.

**G.5.b. Plagiarism** Counselors do not plagiarize; that is, they do not present another person's work as their own.

### G.5.c. Acknowledging Previous Work

In publications and presentations, counselors acknowledge and give recognition to previous work on the topic by others or self.

G.5.d. Contributors Counselors give credit through joint authorship, acknowledgment, footnote statements, or other appropriate means to those who have contributed significantly to research or concept development in accordance with such contributions. The principal contributor is listed first, and minor technical or professional contributions are acknowledged in notes or introductory statements.

### **G.5.e.** Agreement of Contributors

Counselors who conduct joint research with colleagues or students/supervisors establish agreements in advance regarding allocation of tasks, publication credit, and types of acknowledgment that will be received.

#### G.5.f. Student Research

Manuscripts or professional presentations in any medium that are substantially based on a student's course papers, projects, dissertations, or theses are used only with the student's permission and list the student as lead author.

#### G.5.g. Duplicate Submissions

Counselors submit manuscripts for consideration to only one journal at a time. Manuscripts that are published in whole or in substantial part in one journal or published work are not submitted for publication to another publisher without acknowledgment and permission from the original publisher.

**G.5.h. Professional Review** Counselors who review material submitted for publication, research, or other scholarly purposes respect the confidentiality and proprietary rights of those who submitted it. Counselors make publication decisions based on valid and defensible standards. Counselors review article submissions in a timely manner and based on their scope and competency in research methodologies. Counselors who serve as reviewers at the request of editors or publishers make every effort to only review materials that are within their scope of competency and avoid personal biases. Section H

Distance Counseling, Technology, and Social Media

#### Introduction

Counselors understand that the profession of counseling may no longer be limited to in-person, face-to-face interactions. Counselors actively attempt to understand the evolving nature of the profession with regard to distance counseling, technology, and social media and how such resources may be used to better serve their clients. Counselors strive to become knowledgeable about these resources. Counselors understand the additional concerns related to the use of distance counseling, technology, and social media and make every attempt to protect confidentiality and meet any legal and ethical requirements for the use of such resources.

### H.1. Knowledge and Legal Considerations

#### H.1.a. Knowledge and Competency

Counselors who engage in the use of distance counseling, technology, and/ or

social media develop knowledge and skills regarding related technical, ethical, and legal considerations (e.g., special certifications, additional course work).

#### H.1.b. Laws and Statutes

Counselors who engage in the use of distance counseling, technology, and social media within their counseling practice understand that they may be subject to laws and regulations of both the counselor's practicing location and the client's place of residence. Counselors ensure that their clients are aware of pertinent legal rights and limitations governing the practice of counseling across state lines or international boundaries.

### H.2. Informed Consent and Security

H.2.a. Informed Consent and Disclosure Clients have the freedom to choose whether to use distance counseling, social media, and/or technology within the counseling process. In addition to the usual and customary protocol of informed consent between counselor and client for face-to-face counseling, the following issues, unique to the use of distance counseling, technology, and/ or social media, are addressed in the informed consent process:

- distance counseling credentials, physical location of practice, and contact information;
- risks and benefits of engaging in the use of distance counseling, technology, and/or social media;
- possibility of technology failure and alternate methods of service delivery;
- anticipated response time;
- emergency procedures to follow when the counselor is not available;
   time zone differences;
- cultural and/or language differences that may affect delivery of services;
- possible denial of insurance benefits; and
- social media policy.

# H.2.b. Confidentiality Maintained by the Counselor

Counselors acknowledge the limitations of maintaining the confidentiality of electronic records and transmissions. They inform clients that individuals might have authorized or unauthorized access to such records or transmissions (e.g., colleagues, supervisors, employees, information technologists). H.2.c. Acknowledgment of Limitations Counselors inform clients

about the inherent limits of confidentiality when using technology. Counselors urge clients to be aware of authorized and/ or unauthorized access to information disclosed using this medium in the counseling process.

H.2.d. Security Counselors use current encryption standards within their websites and/or technology-based communications that meet applicable legal requirements. Counselors take reasonable precautions to ensure the confidentiality of information transmitted through any electronic means.

#### **H.3. Client Verification**

Counselors who engage in the use of distance counseling, technology, and/ or social media to interact with clients take steps to verify the client's identity at the beginning and throughout the therapeutic process. Verification can include, but is not limited to, using code words, numbers, graphics, or other nondescript identifiers.

### H.4. Distance Counseling Relationship

#### H.4.a. Benefits and Limitations

Counselors inform clients of the benefits and limitations of using technology applications in the provision of counseling services. Such technologies include, but are not limited to, computer hardware and/or software, telephones and applications, social media and Internet-based applications and other audio and/or video communication, or data storage devices or media.

# H.4.b. Professional Boundaries in Distance Counseling

Counselors understand the necessity of maintaining a professional relationship with their clients. Counselors discuss and establish professional boundaries with clients regarding the appropriate use and/or application of technology and the limitations of its use within the counseling relationship (e.g., lack of confidentiality, times when not appropriate to use).

### H.4.c. Technology-Assisted Services

When providing technology-assisted services, counselors make reasonable efforts to determine that clients are intellectually, emotionally, physically, linguistically, and functionally capable of using the application and that the application is appropriate for the needs of the client. Counselors verify that clients understand the purpose and operation of technology applications and follow up with clients to correct possible

misconceptions, discover appropriate use, and assess subsequent steps.

**H.4.d.** Effectiveness of Services When distance counseling services are deemed ineffective by the counselor or client, counselors consider delivering services face-to-face. If the counselor is not able to provide face-to-face services (e.g., lives in another state), the counselor assists the client in identifying appropriate services.

#### H.4.e. Access

Counselors provide information to clients regarding reasonable access to pertinent applications when providing technologyassisted services.

# H.4.f. Communication Differences in Electronic Media

Counselors consider the differences between face-to-face and electronic communication (nonverbal and verbal cues) and how these may affect the counseling process. Counselors educate clients on how to prevent and address potential misunderstandings arising from the lack of visual cues and voice intonations when communicating electronically.

### H.5. Records and Web Maintenance

H.5.a. Records Counselors maintain electronic records in accordance with relevant laws and statutes. Counselors inform clients on how records are maintained electronically. This includes, but is not limited to, the type of encryption and security assigned to the records, and if/for how long archival storage of transaction records is maintained.

H.5.b. Client Rights Counselors who offer distance counseling services and/or maintain a professional website provide electronic links to relevant licensure and professional certification boards to protect consumer and client rights and address ethical concerns.

**H.5.c. Electronic Links** Counselors regularly ensure that electronic links are working and are professionally appropriate.

### H.5.d. Multicultural and Disability Considerations

Counselors who maintain websites provide accessibility to persons with disabilities. They provide translation capabilities for clients who have a different primary language, when feasible. Counselors acknowledge the imperfect nature of such translations and accessibilities.

#### H.6. Social Media

#### H.6.a. Virtual Professional Presence

In cases where counselors wish to maintain a professional and personal presence for social media use, separate professional and personal web pages and profiles are created to clearly distinguish between the two kinds of virtual presence.

### H.6.b. Social Media as Part of Informed Consent

Counselors clearly explain to their clients, as part of the informed consent procedure, the benefits, limitations, and boundaries of the use of social media.

#### H.6.c. Client Virtual Presence

Counselors respect the privacy of their clients' presence on social media unless given consent to view such information.

### H.6.d. Use of Public Social Media

Counselors take precautions to avoid disclosing confidential information through public social media.

#### Section I

Resolving Ethical Issues

#### Introduction

Professional counselors behave in an ethical and legal manner. They are aware that client welfare and trust in the profession depend on a high level of professional conduct. They hold other counselors to the same standards and are willing to take appropriate action to ensure that standards are upheld. Counselors strive to resolve ethical dilemmas with direct and open communication among all parties involved and seek consultation with colleagues and supervisors when necessary. Counselors incorporate ethical practice into their daily professional work and engage in ongoing professional development regarding current topics in ethical and legal issues in counseling. Counselors become familiar with the ACA Policy and Procedures for Processing Complaints of Ethical Violations<sup>1</sup> and use it as a reference for assisting in the enforcement of the ACA Code of Ethics.

#### I.1. Standards and the Law

<sup>1</sup> See the American Counseling Association web site at http://www.counseling.org/knowledge-center/ethics

#### I.1.a. Knowledge

Counselors know and understand the ACA Code of Ethics and other applicable ethics codes from professional organizations or certification and licensure bodies of which they are members. Lack of knowledge or misunderstanding of an ethical responsibility is not a defense against a charge of unethical conduct.

I.1.b. Ethical Decision Making When counselors are faced with an ethical dilemma, they use and document, as appropriate, an ethical decision-making model that may include, but is not limited to, consultation; consideration of relevant ethical standards, principles, and laws; generation of potential courses of action; deliberation of risks and benefits; and selection of an objective decision based on the circumstances and welfare of all involved. I.1.c. Conflicts Between Ethics and Laws

If ethical responsibilities conflict with the law, regulations, and/or other gov-

erning legal authority, counselors make known their commitment to the ACA Code of Ethics and take steps to resolve the conflict. If the conflict cannot be resolved using this approach, counselors, acting in the best interest of the client, may adhere to the requirements of the law, regulations, and/or other governing legal authority.

### I.2. Suspected Violations

I.2.a. Informal Resolution When counselors have reason to believe that another counselor is violating or has violated an ethical standard and substantial harm has not occurred, they attempt to first resolve the issue informally with the other counselor if feasible, provided such action does not violate confidentiality rights that may be involved.

# **I.2.b. Reporting Ethical Violations** If an apparent violation has substantially harmed or is likely to substantially harm a person or organization and is not

appropriate for informal resolution or is not resolved properly, counselors take further action depending on the situation. Such action may include referral to state or national committees on professional ethics, voluntary national certification bodies, state licensing boards, or appropriate institutional authorities. The confidentiality rights of clients should be considered in all actions. This standard does not apply when counselors have been retained to review the work of another counselor whose professional conduct is in question (e.g., consultation, expert testimony).

#### I.2.c. Consultation

When uncertain about whether a particular situation or course of action may be in violation of the ACA Code of Ethics, counselors consult with other counselors who are knowledgeable about ethics and the ACA Code of Ethics, with colleagues, or with appropriate authorities, such as the ACA Ethics and Professional Standards Department.

**I.2.d. Organizational Conflicts** If the demands of an organization with which counselors are affiliated pose a conflict with the *ACA Code of Ethics*, counselors specify the nature of such conflicts and express to their supervisors or other responsible officials their commitment to the *ACA Code of Ethics* and, when possible, work through the appropriate channels to address the situation.

### I.2.e. Unwarranted Complaints

Counselors do not initiate, participate in, or encourage the filing of ethics complaints that are retaliatory in nature or are made with reckless disregard or willful ignorance of facts that would disprove the allegation.

### I.2.f. Unfair Discrimination Against Complainants and Respondents

Counselors do not deny individuals employment, advancement, admission to academic or other programs, tenure, or promotion based solely on their having made or their being the subject of an ethics complaint. This does not preclude taking action based on the outcome of such proceedings or considering other appropriate information.

### I.3. Cooperation With Ethics Committees

Counselors assist in the process of enforcing the ACA Code of Ethics.
Counselors cooperate with investigations, proceedings, and requirements of the ACA Ethics Committee or ethics

committees of other duly constituted associations or boards having jurisdiction

over those charged with a violation.

Glossary of Terms

- Abandonment the inappropriate ending or arbitrary termination of a counseling relationship that puts the client at risk
- Advocacy promotion of the well-being of individuals, groups, and the counseling profession within systems and organizations. Advocacy seeks to remove barriers and obstacles that inhibit access, growth, and development.
- Assent to demonstrate agreement when a person is otherwise not capable or competent to give formal consent (e.g., informed consent) to a counseling service or plan.
- Assessment the process of collecting in-depth information about a person in order to develop a comprehensive plan that will guide the collaborative counseling and service provision process.
- **Bartering** accepting goods or services from clients in exchange for counseling services.
- Client an individual seeking or referred to the professional services of a counselor.
- Confidentiality the ethical duty of counselors to protect a client's identity, identifying characteristics, and private communications.
- Consultation a professional relationship that may include, but is not limited to, seeking advice, information, and/ or testimony.
- Counseling a professional relationship that empowers diverse individuals, families, and groups to accomplish mental health, wellness, education, and career goals.
- **Counselor Educator** a professional counselor engaged primarily in developing, implementing, and supervising the educational preparation of professional counselors.
- Counselor Supervisor a professional counselor who engages in a formal relationship with a practicing counselor or counselor-in-training for the purpose of overseeing that individual's counseling work or clinical skill development.
- Culture membership in a socially constructed way of living, which incorporates collective values, beliefs, norms, boundaries, and lifestyles that are co-created with others who share similar worldviews comprising biological, psychosocial, historical, psychological, and other factors.
- Discrimination the prejudicial treatment of an individual or group based on their actual or perceived membership in a particular group, class, or category.
- Distance Counseling The provision of counseling services by means other than face-to-face meetings, usually with the aid of technology.
- Diversity the similarities and differences that occur within and across cultures, and the intersection of cultural and social identities.
- Documents any written, digital, audio, visual, or artistic recording of the work within the counseling relationship between counselor and client.
- Encryption process of encoding information in such a way that limits access to authorized users.
- Examinee a recipient of any professional counseling service that includes educational, psychological, and career appraisal, using qualitative or quantitative techniques.
- **Exploitation** actions and/or behaviors that take advantage of another for one's own benefit or gain.
- Fee Splitting the payment or acceptance of fees for client referrals (e.g., percentage of fee paid for rent, referral fees).

- Forensic Evaluation the process of forming professional opinions for court or other legal proceedings, based on professional knowledge and expertise, and supported by appropriate data.
- Gatekeeping the initial and ongoing academic, skill, and dispositional assessment of students' competency for professional practice, including remediation and termination as appropriate.
- Impairment a significantly diminished capacity to perform professional functions.
- **Incapacitation** an inability to perform professional functions.
- Informed Consent a process of information sharing associated with possible actions clients may choose to take, aimed at assisting clients in acquiring a full appreciation and understanding of the facts and implications of a given action or actions.
- Instrument a tool, developed using accepted research practices, that measures the presence and strength of a specified construct or constructs.
- Interdisciplinary Teams teams of professionals serving clients that may include individuals who may not share counselors' responsibilities regarding confidentiality.
- Minors generally, persons under the age of 18 years, unless otherwise designated by statute or regulation. In some jurisdictions, minors may have the right to consent to counseling without consent of the parent or guardian.
- Multicultural/Diversity Competence counselors' cultural and diversity awareness and knowledge about self and others, and how this awareness and knowledge are applied effectively in practice with clients and client groups.
- Multicultural/Diversity Counseling counseling that recognizes diversity and embraces approaches that support the worth, dignity, potential, and uniqueness of individuals within their historical, cultural, economic, political, and psychosocial contexts.
- Personal Virtual Relationship engaging in a relationship via technology and/or social media that blurs the professional boundary (e.g., friending on social networking sites); using personal accounts as the connection point for the virtual relationship.
- Privacy the right of an individual to keep oneself and one's personal information free from unauthorized disclosure.
- Privilege a legal term denoting the protection of confidential information in a legal proceeding (e.g., subpoena, deposition, testimony).
- Pro bono publico contributing to society by devoting a portion of professional activities for little or no financial return (e.g., speaking to groups, sharing professional information, offering reduced fees).
- Professional Virtual Relationship using technology and/ or social media in a professional manner and maintaining appropriate professional boundaries; using business accounts that cannot be linked back to personal accounts as the connection point for the virtual relationship (e.g., a business page versus a personal profile).
- Records all information or documents, in any medium, that the counselor keeps about the client, excluding personal and psychotherapy notes.
- **Records of an Artistic Nature** products created by the client as part of the counseling process.

Records Custodian – a professional colleague who agrees to serve as the caretaker of client records for another mental health professional.

Self-Growth – a process of self-examination and challenging of a counselor's assumptions to enhance professional effectiveness.

Serious and Foreseeable – when a reasonable counselor can anticipate significant and harmful possible consequences.

Sexual Harassment – sexual solicitation, physical advances, or verbal/nonverbal conduct that is sexual in nature; occurs in connection with professional activities or roles; is unwelcome, offensive, or creates a hostile workplace or learning environment; and/or is sufficiently severe or intense to be perceived as harassment by a reasonable person.

Social Justice – the promotion of equity for all people and groups for the purpose of ending oppression and injustice affecting clients, students, counselors, families, communities, schools, workplaces, governments, and other social and institutional systems.

Social Media – technology-based forms of communication of ideas, beliefs, personal histories, etc. (e.g., social networking sites, blogs).

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Student – an individual engaged in formal graduate-level counselor education.

Supervisee – a professional counselor or counselor-in-training whose counseling work or clinical skill development is being overseen in a formal supervisory relationship by a qualified trained professional.

Supervision – a process in which one individual, usually a senior member of a given profession designated as the supervisor, engages in a collaborative relationship with another individual or group, usually a junior member(s) of a given profession designated as the supervisee(s) in order to (a) promote the growth and development of the supervisee(s), (b) protect the welfare of the clients seen by the supervisee(s), and (c) evaluate the performance of the supervisee(s).

Supervisor – counselors who are trained to oversee the professional clinical work of counselors and counselors-intraining.

Teaching – all activities engaged in as part of a formal educational program that is designed to lead to a graduate degree in counseling.

Training – the instruction and practice of skills related to the counseling profession. Training contributes to the ongoing proficiency of students and professional counselors.

Virtual Relationship – a non-face-to-face relationship (e.g., through social media).

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H.4.a. Benefits and Limitations       18         H.4.b. Professional Boundaries in Distance Counseling       18         H.4.c. Technology-Assisted Services       18         H.4.d. Effectiveness of Services       18         H.4.e. Access       18         H.4.f. Communication Differences in Electronic Media       18         H.5. Records and Web Maintenance       18         H.5.a. Records       18         H.5.b. Client Rights       18         H.5.c. Electronic Links       18         H.5.d. Multicultural and Disability         Considerations       18         H.6. Social Media       18         H.6.a. Virtual Professional Presence       18         H.6.b. Social Media as Part of Informed Consent       18         H.6.c. Client Virtual Presence       18         H.6.d. Use of Public Social Media       18         Section I: Resolving Ethical Issues       18         Section I: Introduction       18         I.1. Standards and the Law       19         I.1.a. Knowledge       19         I.1.b. Ethical Decision Making       19         I.1.c. Conflicts Between Ethics
H.4.a. Benefits and Limitations       18         H.4.b. Professional Boundaries in Distance Counseling       18         H.4.c. Technology-Assisted Services       18         H.4.d. Effectiveness of Services       18         H.4.e. Access       18         H.4.f. Communication Differences in Electronic Media       18         H.5. Records and Web Maintenance       18         H.5.b. Client Rights       18         H.5.c. Electronic Links       18         H.5.d. Multicultural and Disability         Considerations       18         H.6. Social Media       18         H.6.a. Virtual Professional Presence       18         H.6.b. Social Media as Part of Informed Consent       18         H.6.c. Client Virtual Presence       18         H.6.d. Use of Public Social Media       18         Section I: Resolving Ethical Issues       18         Section I: Introduction       18         1.1. Standards and the Law       19         1.1.a. Knowledge       19         1.1.b. Ethical Decision Making       19         1.1.c. Conflicts Between Ethics
H.4.a. Benefits and Limitations       18         H.4.b. Professional Boundaries in Distance Counseling       18         H.4.c. Technology-Assisted Services       18         H.4.d. Effectiveness of Services       18         H.4.e. Access       18         H.4.f. Communication Differences in Electronic Media       18         H.5. Records and Web Maintenance       18         H.5.a. Records       18         H.5.b. Client Rights       18         H.5.c. Electronic Links       18         H.5.d. Multicultural and Disability         Considerations       18         H.6. Social Media       18         H.6.a. Virtual Professional Presence       18         H.6.b. Social Media as Part of Informed Consent       18         H.6.c. Client Virtual Presence       18         H.6.d. Use of Public Social Media       18         Section I: Resolving Ethical Issues       18         Section I: Introduction       18         I.1. Standards and the Law       19         I.1.a. Knowledge       19         I.1.b. Ethical Decision Making       19         I.1.c. Conflicts Between Ethics

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•	

### Appendix N

# **Internship Weekly Log: An Example of Documentation**

### Weekly Log

Student Na	me:			-	Si	te S	uperv	isor: <sub>-</sub>								
Agency Name:				Dates:						Week#:						
Log CLOCk	HOURS	on Interi	nship (In	cluc	ling A	LL e	xperi	ence	s)							
	Mon	Tue	Wed	Т	hu	Fr	i	Sat	/Sun	Cur We Tot		Pre	vious al	Cun	nulative al	
Internship Clock Hours																
Log SUPER	RVISORY	CONTAC	T HOURS	i [45	5 conti	inud	ous m	ninut	es = 1	L con	tact	hour]				
	Mon	Tue	Wed		Thu		Fri		Sat/	'Sun	Curi Wee	ek	Prev Tota		Cumula Total	ative
Individual																
Group																
Log DIREC	T SERVIC	E [3 segn	nents = 1	L co	ntact l	hou	r]									
	Mon	Tue	Wed	Th	ıu	Fri		Sat/	Sun	Curr Wee	k	Prev Tota		Cum	ulative I	
# of 15- minute segments																
# Contact Hours																
								_			_					

Site Supervisor Signature

Student Signature

## Appendix O Performance Evaluation and Checklist: MHC Internship (□ Mid, □ End)

Name of	`Intern:	Date:	
Name of	Agency:	Hours completed:	
Name of	Site Supervisor:		
I.	Statement related to the specific nature	of the assignment and overall Cou	inselor Trainee performance to date.

II. Rating and Assessment. Based upon your observation, please rate this Counselor Trainee in each of the following areas by circling the most applicable option next to each item:

	N/A	Can	Low		Mod		High
		not Rate					
Professionalism toward public and clients	X	?	1	2	3	4	5
Cooperation with colleagues	X	?	1	2	3	4	5
Responsible job behavior	X	?	1	2	3	4	5
Ethical behavior	X	?	1	2	3	4	5
Use of resources, literature and supervision for professional growth purposes	X	?	1	2	3	4	5
General rating of this Counselor Trainee	X	?	1	2	3	4	5

Based upon your observation, please rate this student in each of the following areas:

	N/A	Can	Low		Mod		High
		not Rate					
Human growth and development knowledge	X	?	1	2	3	4	5
Ability to work with culturally diverse groups	X	?	1	2	3	4	5
Large group guidance planning & implementation	X	?	1	2	3	4	5
Intake ability	X	?	1	2	3	4	5
Individual appraisal ability	X	?	1	2	3	4	5
Case conceptualization, diagnostic, & treatment planning ability	X	?	1	2	3	4	5
Individual counseling ability	X	?	1	2	3	4	5
Couples & family counseling ability	X	?	1	2	3	4	5
Group counseling ability	X	?	1	2	3	4	5
Demonstration of lifestyle & career development knowledge	X	?	1	2	3	4	5
Case management ability	X	?	1	2	3	4	5
Record keeping/clinical documentation ability	X	?	1	2	3	4	5
Consultation ability	X	?	1	2	3	4	5
Needs assessment and program development & evaluation	X	?	1	2	3	4	5
Other (specify)	X	?	1	2	3	4	5

Name of Stud	ent:	Date:
III. St 1. 2. 3. 4.		es related to future professional growth and development:
IV. Pl	ease indicate here whether Yes  Items to review and dis	
V. A	dditional Supervisor Com	ments:
	been involved in an eval	uation process and this instrument has been shared with him/her. Significant egarding this assessment should be noted in writing and forwarded as an addendum
	ithin seven (7) days from	
Counselor Tra	inee's Signature	Internship Site Supervisor's Signature
Date		Date

### Appendix P

### Mental Health Counselor Trainee's Assessment of the Internship Experience

Trainee:	e: Date:						
School: _	School Supervisor:					_	
Rate 1-5	(1 being low), $X = N/A$ or Cannot Rate						
I.	The Internship Process						
	Was there sufficient information about the internship prior to actually starting the experience?	X	1	2	3	4	5
1	Comment:						
	Did you feel the kind of setting provided was appropriate to your needs and interests?	X	1	2	3	4	5
2	Comment:						
	Was orientation at the agency sufficient when the internship	X	1	2	3	4	5
3	began? Comment:						
3	Comment.						
	Overall, did the faculty instructor meet his/her responsibilities for the internship experience?	X	1	2	3	4	5
4	Comment:						
		1				ı	
5	During the internship experience, did you feel that you were treated as an individual with respect for your own special circumstances?	X	1	2	3	4	5
	Comment:						
		ı					
6	Was the agency adequately prepared for your arrival?  Comment:	X	1	2	3	4	5

The	School	Settin	g
	The	The School	The School Settin

	Was interaction with other counselors and related disciplines sufficient?	X	1	2	3	4	5
1	Comment:						
	Did the agency provide you with adequate working conditions?	X	1	2	3	4	5
2	Comment:	•					
	Overall, did you feel the agency attached sufficient importance to	X	1	2	3	4	5
3	your internship experience? Comment:						
3	Comment.						
III.	Professional Development						
	Did the experience acquaint you with the operation of a	X	1	2	3	4	5
1	community service agency?	1	_	_		•	
1	Comment:						
	Did this internship experience improve your capacity to work	X	1	2	3	4	5
2	with people in a helping relationship?  Comment:			<u> </u>			
	Did the placement acquaint you with resources available in the	X	1	2	3	4	5
	community?	Λ	1		3	7	3
3	Comment:						
	<u> </u>						
	Did the internship significantly increase your knowledge of	X	1	2	3	4	5
4	specific problems in the community, e.g., poverty, mental illness, aging, alcoholism and other addictions, etc.?	L					
	Comment:						
	Rate your general level of satisfaction with the amount and kind	X	1	2	3	4	5

	of clinical practice activity you were assigned.						
5	Comment:						
	Was there a sufficient diversity of learning activities?	X	1	2	3	4	5
	Comment:		_			-	
6	Comment.						
	<del> </del>						
	Were there opportunities to be part of the "larger agency" such as	X	1	2	3	4	5
	by attending staff meetings, in-service training, and so on?	Λ	1		3	4	3
7	Comment:	<u> </u>			l		
,	Comment.						
	Did this agency experience help you understand and use	v	1	1	2	4	
	professional record keeping procedures?	X	1	2	3	4	5
8	Comment:						
0	Comment.						
13.7	Direct Companyision						
IV.	Direct Supervision						
	T	_	ı				
	Did your supervisor stimulate professional counseling identity?	X	1	2	3	4	5
	Comment:						
1							
	Did your supervisor help you feel accepted and respected as a	$\mathbf{X}$	1	2	3	4	5
	person?						
2	Comment:						
	Did your supervisor help in demonstrating professional	X	1	2	3	4	5
	relationships with staff members at the site?						
3	Comment:						
	Did your supervisor meet with you for supervision at established	X	1	2	3	4	5
	times and for the agreed upon time?	A	1	_	,	•	3
4	Comment:			1			
1							

	Did your supervisor assist in conceptualizing your clients?	X	1	2	3	4	5
5	Comment:						
	Did your supervisor help clarify objectives for your counseling	X	1	2	3	4	5
6	sessions? Comment:						
	Did your supervisor help organize relevant case data in planning procedures for working with your clients?	X	1	2	3	4	5
7	Comment:				<u> </u>		
	Did your supervisor guide you in generating your own solutions to problems faced with clients?	X	1	2	3	4	5
8	Comment:		<u> </u>		<u> </u>		
	Did your supervisor provide you with useful feedback regarding your counseling skills?	X	1	2	3	4	5
9	Comment:			<u> </u>			
	Did your supervisor help you focus on how your personal style	X	1	2	3	4	5
10	influenced clients?  Comment:						
	Did your supervisor adequately reinforce the development of	X	1	2	3	4	5
11	your strengths and capabilities?  Comment:						
	Did your supervisor help you use appraisal instruments	X	1	2	3	4	5
12	constructively in counseling?  Comment:						
	Was your supervisor helpful in critiquing your report writing?	X	1	2.	3	4	5

13	Comment:									
									]	
14	Did your supervisor allow and work with clients?  Comment:	encourage you to evaluate your	X	1	2	3	4	5		
disagreeme		uation process and this instrumen egarding this assessment should b the date below.								
Counselor	Trainee's Signature	Internship Site Supervisor's Sig	natur	e						
Date		Date								
College Ur	niversity Supervisor's Signatu	ure								