



## Westfield State University

Department of Social Work

Interdisciplinary Behavioral Health Collaboration (IBHC) Project

IBHC Fellows ~ Class of 2018 Graduate Catalogue



# **Interdisciplinary Behavioral Health Collaboration Project**

## **Master of Social Work Program**

### **IBHC Fellows ~ Class of 2018**

*David Bjorklund*

*Veronica Brandt*

*John Choiniere*

*Cristina Cintron*

*Brooke Deren*

*Paige Fairman*

*Daisy Hernandez*

*Laura Hoffman*

*Sarah Indomenico*

*Mary Jamieson*

*Michael Keeney*

*Elizabeth Kelley*

*Montana McKim*

*Chantal Nekirk*

*Julie Pearce*

*Sara Pena*

*Jaqueline Rosado*

*Jessica Whitehead*

## **About the Project**

The Interdisciplinary Behavioral Health Collaboration (IBHC) Project provides interprofessional education and a training stipend to MSW students. Supported by a Behavioral Health Workforce Education and Training for Professionals grant from the Health Resources and Services Administration (HRSA), this is a one year intensive training fellowship for MSW students completing their advanced clinical practicum.

Students selected into the IBHC Project Fellowship receive comprehensive training within field settings providing integrated behavioral healthcare. IBHC Fellows will gain the professional competencies outlined by the Interprofessional Education Collaborative and

the Council on Social Work Education. The overarching project goal is to enhance workforce capacity among social workers for practice within integrated behavioral health, particularly within medically underserved areas and populations across Central and Western Massachusetts. If you are interested in learning more about the IBHC Project please contact Project Director, Dr. Nora Padykula at npadykula@westfield.ma.edu.

## David Eric Bjorklund

**Phone:** (203)-260-1225

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**Education:** Master of Social Work, 2018 – Westfield State University  
Bachelor of Art, Psychology 2011 – Johnson State College

**Licensure:** Eligible to take Licensed Certified Social Worker (LCSW - MA) in May 2018

- **Work Experience:** David is currently working as a Family Support Worker with children and families supporting social skills and therapeutic goals in collaboration with interprofessional team members. Previously, he worked as a Camp Director at a YMCA summer camp and retreat property, where he trained staff to work effectively with children and lead experiential team building retreats.
- **IBHC Field Internship Experience:** David's Integrated Behavioral Health Internship was at an outpatient behavioral health agency providing individual therapy to children and adolescents in Hampshire County. He worked as part of an interprofessional team comprised of a psychiatrist, psychologists', social workers, and educators. David participated in weekly interprofessional clinical consultations to create and carry out team-based treatment plans.
- **Foundational Field Internship Experience:** David's Foundational Internship involved providing individual and group counseling to students in collaboration with teachers and families in an elementary school setting in Springfield, MA. He gained experience in group counseling as well as implementing Individualized Education Plans while working on a team with administrators, teachers, and other school counselors.
- **Relevant Trainings/Certifications/Licensure:** David is certified in Child and Adolescent Needs and Strengths assessment, Non-violent Crisis Intervention, Introductory Motivational Interviewing Training and is currently working towards Attachment, Regulation and Competency Trauma Informed Certification.

- **Language and Technology Proficiency:** David is highly proficient with technology in a social work setting in regards to ethical and efficacious use of Word, Excel, Pages, podcasts, and website creation
- **Awards/Honors:** In 2008, David received “Strong Kid Builder” award from Central Connecticut Coast YMCA for his extensive and compassionate work with children in many settings.
- **Future Goals:** David aspires to build on his growing knowledge base within integrated health care settings and deepen his experiences with collaboration among schools. He is looking for social work opportunities in a team-based setting that provides early intervention services to at-risk children, adolescents and their families. David hopes to work in Franklin, Hampshire, Hampden, or Berkshire County.

## Veronica Brandt

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**Education:** *Master of Social Work, 2018 – Westfield State University  
Bachelor of Science in Psychology, 2014 – University of Massachusetts, Amherst*

**Licensure:** *Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2018*

- **Work experience:** Veronica has worked as a Family Intervention Specialist providing intensive in-home therapy services to at-risk youth and their families for the past 2 years. Prior to this, Veronica provided therapeutic mentoring to youth with mental illness, helping them build social skills, coping/relaxation skills and daily living experiences in the community. Veronica also provided community support program services for adults with mental illness who needed support in finding housing, work opportunities and applying for social services.
- **IBHC Field Internship Experience:** Veronica completed her advanced year internship at an outpatient behavioral health agency providing individual therapy to children, young adults and adults in Hampden County. She worked as part of an interprofessional team comprised of psychiatrists, mental health counselors, and social workers. She gained integrated health care skills in treatment planning, Child and Adolescent Needs and Services (CANS) assessments, diagnosing mental illness, and providing a variety of therapeutic techniques including relaxation, cognitive behavioral therapy, reframing and processing grief and loss.
- **Foundational Field Internship Experience:** Veronica provided supportive counseling to young students ages 5 - 9 in a low-income full-service community elementary school in Holyoke. Many of the students lived in shelters and faced multiple challenges and stressors at home. Veronica

gained skills in group counseling, collaborating with and carrying out Individualized Education Plans and 504 Plans, and helped the school utilize their “relaxation and restoration” room for the first time.

- **Relevant Trainings/Certifications/Licensure:** Veronica is certified in Child and Adolescent Needs and Strengths assessment and has training in Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) and Collaborative Problem Solving (CPS).
- **Language and Technology Proficiency:** Veronica is fluent in English. Technological skills include Word, Outlook, PowerPoint, Outlook, social media platforms and electronic medical health records such as Credible, Claimtrak, and Evolv
- **Awards/Honors:** Veronica graduated Summa Cum Laude University of Massachusetts, Amherst in her undergraduate program.
- **Future Goals:** Veronica plans to build her knowledge and skills within integrated care settings and is looking for social work opportunities that involve collaborative treatment planning and team-based care for at-risk children and adolescents. Veronica IS primarily looking to work in the New London and Middlesex Counties in Connecticut.

## John Choiniere

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**Education:** Master of Social Work, 2018 – Westfield State University

**Licensure:** Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2018

- **Work Experience:** John has worked as financial administrator at a non-profit for the past 5 years, and has as a Relief Counselor in a group home for men with mental illness. Prior to this, John lived as a monk for 23 years. During this time he provided spiritual counseling and direction to visitors and residents of the monastery and would occasionally assist the dying and their families in nearby hospitals.
- **IBHC Field Internship Experience:** John completed his advanced year internship as a hospice medical social worker. He was an integral member of an interdisciplinary team comprised of social workers, nurses, chaplains, physicians, and aides. Using a shared electronic medical record,

the team members faithfully carried out a team-based treatment plan. The team evaluated this treatment plan at biweekly interdisciplinary meetings, as well as through frequent face to face collaborations between the individual providers.

- **Foundational Field Internship Experience:** John provided supportive group and individual counseling to youth ages 10-18 at a residential Community Based Acute Treatment (CBAT) placement. He facilitated group drumming, family therapy, and case conferences for clients, as well as completing biopsychosocialspiritual assessments, treatment plans and timely documentation.
- **Relevant Trainings/Certifications/Licensure:** John is Cardiopulmonary Resuscitation certified, Child and Adolescent Needs and Strengths certified, and Medication Administration Program certified.
- **Language and Technology Proficiency:** John speaks English. He is proficient in MS Word, Publisher, Excel, Powerpoint, Pages, Numbers, Keynote, Quickbooks and Quicken.
- **Future Goals:** John aspires to continue working in the geriatric field as part of an interdisciplinary team of primary care and behavioral health providers. He seeks to deepen and expand the fund of clinical and empathic knowledge he has acquired over the years as a helping professional. He is able to work in Worcester, Middlesex, and Hampden counties.

## Cristina Cintron

**Phone:** (413)-221-7602

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**Education:** *Master of Social Work, 2018 – Westfield State University*  
*Bachelor of Social Work, 2015 – Westfield State University*  
*Associate of Human Service, 2012 – Holyoke Community College*

**Licensure:** *Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2018*

- **Work Experience:** For the past three years, Cristina has worked as a Health Outreach Worker at Commonwealth Care Alliance, an interdisciplinary health insurance company in Massachusetts for adults 21-64 years old, who are dually eligible for Medicare and Medicaid, as well as adults 65+ who have Medicare. As a member of an interdisciplinary health care team, she assists members

in connecting with social supports in the community and provides education regarding chronic medical conditions.

- **IBHC Field Internship Experience:** Cristina completed her IBHC Internship at Commonwealth Care Alliance where she interned as a Behavioral Health Specialist. In this role, she completed initial behavioral health assessments, coordinated community outpatient services, tracked psychiatric and rehabilitation inpatient stays for discharge planning, and provided short-term in-home therapy. Cristina worked alongside an integrated health care team that included primary care physicians, advanced practice nurses, registered nurses, occupational and physical therapists. She participated in bi-weekly integrated team meetings as well as behavioral health team meetings.
- **Foundational Field Internship Experience:** Cristina completed her foundational internship at William N. DeBerry Elementary School in Springfield, MA. She worked with students K-5<sup>th</sup> grade, co-facilitated a social and behavioral skills building group of boys in grades 3-5. She guided and counseled students with social, emotional and behavioral problems.
- **Relevant Trainings/Certifications/Licensure:** Christina is certified in Cardiopulmonary Resuscitation, Trauma Informed Care, SafeTalk: Suicide Alertness, Men and Suicide, Mental Health First Aid and Montreal Cognitive Assessment.
- **Language and Technology Proficiency:** Cristina is fluent in English and Spanish, through both verbal and written communication. Her technological skills include Word, Excel, PowerPoint, Electronic Medical Records-Baystate Portal-CIS, eClinicalWorks
- **Awards/Honors:** Honor Society Membership; 2018 Phi Kappa Phi Chapter 261, Iota Phi Chapter of Phi Alpha 2015 for Social Workers.
- **Future Goals:** Cristina is interested in building on her knowledge in working with clients who have complex medical and behavioral health histories. She seeks to continue working with underserved populations, particularly with clients who have trauma or substance abuse histories. She will be working on obtaining her LCSW, LICSW and LADC credentials. She is interested in working in Hampden or Hampshire County.

## Brooke Deren

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**Education:** *Master of Social Work, 2018 – Westfield State University  
Bachelor of Social Work, 2011 – Westfield State University*

**Licensure:** *Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2018*

- **Work Experience:** For the past 7 years, Brooke worked as a Program Manager in a Department of Developmental Services funded Community Based Day Support (CBDS) program for adults with developmental disabilities for the past 7 years. She supervised over 20 employees. Over the past 3 years, she has also worked as a Certified Red Cross CPR/First Aid/AED instructor.
- **IBHC Field Internship Experience:** Brooke completed her advanced year internship at a Partial Hospitalization Program providing case management to children and adolescents. Working as part of a multidisciplinary care team that included child psychiatrists, psychologists, nurses, mental health counselors, and teachers, Brooke provided integrated behavioral health treatment. She participated in weekly multidisciplinary clinical consultations to create and carry out team-based treatment plans. She completed psychosocial intake assessments, collaborated with community resources to create discharge plan and conducted discharge meetings. She facilitated verbal groups as well as provided individual counseling and family meetings.
- **Foundational Field Internship Experience:** Brooke completed her foundational field internship at the YWCA as a Certified Sexual Assault Counselor. She provided individual counseling, medical advocacy at ER's and facilitated support groups.
- **Relevant Trainings/Certifications/Licensure:** Brooke is a certified in the following: Red Cross CPR/First Aid/AED Instructor, Medication Administration Program (MAP), Physical/Psychological Management Training (PMT), and has completed the 4 Day Supervisory Skills Series through Viability.
- **Language and Technology Proficiency:** Brooke is fluent in English. Her technological skills include Word, Excel, PowerPoint and CREDIBLE and CIT electronic health records.
- **Awards/Honors:** Brooke's awards and honors include: Community Leadership Award through Community Enterprises (2016); Outstanding BSW Field Internship Award (2011), Iota Phi Chapter of Phi Alpha Honor Society (2010), BSW Student Representative for National Association of Social Workers, Massachusetts Chapter (2010).
- **Future Goals:** Brooke aspires to build on her growing knowledge base within integrated health care settings and is looking for social work opportunities in a team-based setting to provide compassionate, intensive crisis intervention and stabilization. Brooke is seeking to work in Hampden or Hampshire County.

## Paige Fairman

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**Education:** *Master of Social Work, 2018 – Westfield State University*  
*Bachelor of Arts in Psychology, 2016 – Massachusetts College of Liberal Arts*

**Licensure:** *Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2018*

- **Work Experience:** Paige has worked as a residential counselor for ServiceNet, Inc. for the past 2 years at ServiceNet in Williamsburg, MA. In this position, she provides one-on-one supportive care for adults with traumatic brain injuries, including but not limited to, bathing, dressing, cooking, cleaning, and transportation. Prior to this, Paige was a camp counselor responsible for sports activities for children ages 3 to 10 years old in her local community.
- **IBHC Field Internship Experience:** Paige completed an advanced year internship at Mercy LIFE, a Program for All-Inclusive Care for the Elderly (PACE) organization. She provided individual counseling and case management for adults aged 55 and older. Within the fully integrated care program, Paige was part of an interprofessional team comprised of physicians, nurses, occupation and physical therapists, recreational therapists, social workers and day center managers. Paige participated in daily interprofessional clinical consultations to create and carry out team-based treatment plans specific to older adults.
- **Foundational Field Internship Experience:** Paige provided supportive counseling and case management to adults living with chronic mental health and substance dependence in Community Based Flexible Supports. She provided one-on-one supportive counseling, risk assessments, biopsychosocial assessments, and motivational interviewing to assess stage of change within a team-based environment.
- **Relevant Trainings/Certifications/Licensure:** Cardiopulmonary Resuscitation/First Aid, Trained Hospice Volunteer, Mental Health First Aid
- **Language and Technology Proficiency:** Paige is fluent in English. Technological skills include Word, Excel, PowerPoint, SPSS, eHana, and TruChart.

- **Presentations/Scholarship:** Paige and her supervisor at the PACE Program collaborated to present the inaugural IBHC Grand Rounds in March 2018.
- **Future Goals:** Paige aspires to build upon her growing knowledge within integrated health care settings and is looking for social work opportunities in a team-based setting providing care for the elderly that may include end of life care in the community. Paige is willing to work in Middlesex, Norfolk, Plymouth, Suffolk, Worcester, Hampden or Hampshire county.

## Daisy Marie Hernandez

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**Education:** *Master of Social Work, 2018 – Westfield State University*  
*Bachelor of Social Work, 2017 – Elms College*

**Licensure:** *Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2018*

- **Work Experience:** Daisy's work experience within social work has been largely in residential settings, for the past four years, she has been a direct care staff with adults living with substance use disorder and mental illness. Within the last year she has transitioned into a Recovery Coach Supervisor role where she guides Recovery Coaches in maintaining appropriate boundaries, maintaining role clarity and maintaining a strength-based approach to recovery.
- **IBHC Field Internship Experience:** in her advanced year, Daisy interned at Gadara Center Integrated Care as a Peer Wellness Coach. Working with adults diagnosed with severe mental illness, she facilitated Whole Health Action Management (WHAM) support groups, smoking cessation groups, and behavior change groups. She worked closely with primary care physicians, behavioral health prescribers, a care coordinator, a wellness coordinator, a personal trainer, clinicians, physical therapist and various medical specialists.
- **Foundational Field Internship Experiences:** Daisy interned at the Springfield Rescue Mission where she fulfilled the role of a direct care staff and managed a caseload of three residents managing issues related to homelessness. Daisy also interned as a Resource Liaison at the New North Citizens Council where she participated in morning "huddles" discussing client needs and resources and collaborated in weekly team meetings with interdisciplinary community providers for collaboration of resources.

- **Relevant Trainings/Certifications/Licensure:** Daisy is certified to facilitate Whole Health Action Management (WHAM), Mental Health First Aid (MHFA) and is certified in conducting Level of Service/Risk-Need-Responsivity (LS/RNR) assessment.
- **Language and Technology Proficiency:** Daisy is fluent in English and Spanish, through both verbal and written communication. Her technological skills include Word, Excel, PowerPoint.
- **Awards/Honors:** Daisy has received numerous awards and scholarships from 2015-2017 during her academic journey.
- **Future Goals:** Daisy aspires to create a residential facility for female returning citizens who were primary caretakers of their children prior to their incarceration and who are DCF involved with a goal of reunification. As a new MSW graduate she intends to continue to work for the Gandara Center and through her experience develop her management skills and the administrative understanding needed to competently quality residential services to female returning citizens.

## Laura Hoffman

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**Education:** *Master of Social Work, 2018 – Westfield State University*

**Licensure:** *Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2018*

- **Work Experience:** Laura has worked as an outpatient clinician for the past academic year at West Central Family & Counseling. Prior to this, she provided one-on-one support to students with disabilities at Westfield State University and worked with the Brown Bag Program, a program that provides food for the elderly and disabled through The Food Bank of Western Massachusetts. She has also worked as a self-employed business owner for nine years.
- **IBHC Field Internship Experience:** West Central Family & Counseling, Outpatient Clinician – Laura completed an advanced year internship at an outpatient behavioral health agency providing individual therapy to children, adolescents, and adults. She worked as part of an interprofessional team comprised of nurse practitioners, psychiatrists, psychologists, and social workers where clients were provided integrated behavioral health treatment.
- **Foundational Field Internship Experience:** Westfield State University, Access Advisor: As an access advisor graduate intern, Laura provided one-on-one support to students in disability services, providing accommodations for a wide array of disabilities from mental health to

physical disabilities. She assisted students in learning ways to advocate for themselves at the university level and provided support when communicating with those in the campus community. Laura provided support and problem solving skills when elevated issues arose.

- **Relevant Trainings/Certifications/Licensure:** Certified in Child and Adolescent Needs and Strengths assessment. MSW in social work from Westfield State University.
- **Language and Technology Proficiency:** Laura is fluent in English. Her technological skills include Word, Excel, PowerPoint, and social media advertising and management through Facebook and Instagram.
- **Awards/Honors:** Chosen fellow of the Integrated Behavioral Health Care Fellowship.
- **Future Goals:** Laura aspires to grow in knowledge in the integrated health care field and is looking for social work opportunities in an integrated care, team-based setting providing behavioral health and health care services to children, adolescents and adults. She is willing to work in Hampshire, Hampden and Worcester counties.

## Sarah Indomenico

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**Education:** *Master of Social Work, 2018 – Westfield State University*  
*Bachelor of Social Work, 2016 – Westfield State University*

**Licensure:** *Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2018*

- **Work Experience:** Sarah currently works at St. Michael's Academy as the School Social Worker, where she works with students both individually and in groups on behavioral management skills, social/emotional guidance, and academic support. Prior to this, Sarah worked with the Center for Human Development's In-home Therapy team as a Therapeutic Training and Support and Therapeutic Mentor supporting children and families during emotional and/or behavioral disturbances to develop skills of interpersonal communication, problem solving, and conflict resolution.

- **IBHC Field Internship Experience:** Sarah’s advanced internship was with Clinical and Support Options in Springfield, MA. where she provided outpatient therapy services to children, adolescents and adults. Sarah completed client intakes and utilized and TOPS assessment tools to develop Individualized Action Plans. Sarah engaged clients in collaborative documentation, provided client outreach, and engaged in program trainings, team meetings, and weekly individual and group supervision.
- **Foundational Field Internship Experience:** Sarah’s foundational internship was at Washington Elementary School. Sarah provided support to students from preschool through grade 5, using individual and group counseling techniques. Within the adjustment counselor role, Sarah implemented interventions to aid in students gaining behavioral management skills. Sarah also ran small groups and taught classroom lessons in collaboration with teachers and counselors based on students’ needs.
- **Relevant Trainings/Certifications/Licensure:** Sarah is certified in Child and Adolescent Needs and Strengths assessment, and has passed the Massachusetts Tests for Educator Licensure (MTEL) Communication and Literacy Skills- Reading and Writing Subtests.
- **Language and Technology Proficiency:** Sarah is fluent in English. Her technological skills include Word, Excel, PowerPoint. Sarah has experience with Credible, Virtual Gateway and eHana medical records software.
- **Awards/Honors:** Sarah was inducted into the Iota Phi Chapter of Phi Alpha for Social Work (2015).
- **Future Goals:** Sarah aspires to utilize integrative behavioral health care in a school social work setting to provide behavioral, social, emotional, and academic support for students in collaboration with parents and all relevant providers. She hopes to work in Hampden County.

## Mary Jamieson

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**Education:** *Master of Social Work, 2018 – Westfield State University*  
*Bachelor of Science in Art Therapy, 2012 – Lesley University*

**Licensure:** *Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2018*

- **Work Experience:** Mary has worked as an integrated behavioral health specialist in adult primary care at Western Mass Physician Associates for the past three years; providing brief assessments, referrals to ongoing treatment, and follow up care. Mary engages in regular care coordination meetings with medical doctors and family nurse practitioners. Prior to this, she facilitated coping skills groups in the Partial Hospitalization Program at Holyoke Medical Center and carried out several duties as a psychiatric clinician at Holyoke Medical Center's inpatient psychiatry unit.
- **IBHC Field Internship Experience:** River Valley Counseling Center – Mary completed an advance year internship providing ongoing individual therapy in clinic and outreach to individuals ranging from ages 10 to 85. Mary provided comprehensive intake assessments, mental health clearance, and ongoing support groups for adults participating in Holyoke Medical Center's Weight Management Program and Bariatric Surgery. Working with an interprofessional team comprised of psychiatrists, physician assistants, bariatric surgeons, registered dieticians, licensed mental health counselors, and social workers, clients were provided with integrated behavioral health treatment.
- **Foundational Field Internship Experience:** Social Work and Assessment Team, Holyoke Medical Center - Mary provided mental health assessments for adults hospitalized in the medical units and completed comprehensive assessments for admission to the adult partial hospitalization program. She gained skills in comprehensive assessment, engagement, and care coordination with medical providers.
- **Relevant Trainings/Certifications/Licensure:** Mary is certified in Child and Adolescent Needs and Strengths assessment, Cardiopulmonary Resuscitation, CPI Nonviolent Crisis Intervention, and SBIRT (Screening, Brief Intervention, and Referral to Treatment).
- **Language and Technology Proficiency:** Mary is skilled in various electronic medical records, including Meditech, eClinicalWorks, and ECHOehr.
- **Awards/Honors:** Mary is a member of Phi Kappa Phi, Westfield State University's highest academic honor society, recognizing the top 10% of graduate students within the University.
- **Future Goals:** Mary desires to continue to grow as a social worker integrated within a primary care and medical setting through collaborative work across the disciplines and continued education. She is looking for social work opportunities in a medical-based setting providing comprehensive, interdisciplinary physical and mental health care. Mary hopes to work in Hampden, Hampshire, or Worcester counties or Northern Connecticut.

# Michael P. Keeney

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**Education:** *Master of Social Work, 2018 – Westfield State University  
Bachelor of Arts, Sustainability Through Community & Social Human Development,  
2003 – University of Massachusetts, Amherst*

**Licensure:** *Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2018*

- **Work Experience:** Michael is President of Treefrog Landscapes, Inc, Northampton. He has 15 year's experience founding, owning, and operating an award-winning, landscape design and construction firm. He supervises a team of 8-10 employees, is the director of human resources, sales and marketing; does concurrent project management of construction budgets up to \$100k, manages roster of 30+ on-going clients; and collaborates with dynamic inter-professional teams and community organizations.
- **IBHC Field Internship Experience:** His advanced year internship was at Providence Behavioral Health Hospital in Holyoke, MA providing outpatient substance use treatment to dually diagnosed adult clients. An interprofessional system comprised of medical doctors, physicians assistants, advanced practice nurses, and social workers provided integrated treatment from acute inpatient to outpatient levels of care. Michael performed intakes, developed treatment plans, provided individual counseling, and facilitated intensive outpatient groups.
- **Foundational Field Internship Experience:** Michael's foundational internship was at Franklin County Jail serving adult men with varied clinical conditions. He worked within an interprofessional treatment team performing intakes, diagnostic risk/needs assessment, treatment planning, facilitating groups of 8-60 clients, providing individual counseling, and integrating evidence based treatments to create a therapeutic residential community.
- **Relevant Trainings/Certifications/Licensure:** Michael has been trained in Acceptance Commitment Therapy (ACT); American Society of Addiction Medicine (ASAM) Multidimensional Assessment, Dialectical Behavioral Therapy (DBT) Skills & Team Consultation, Learning Organizations & Soft Systems Methodology, Level of Service/Risk, Need Responsivity (LS/RNR) Assessment, Medically Assisted Substance Use Treatments (BSAS), and Mindfulness Based Stress Reduction (MBSR).
- **Language and Technology Proficiency:** Fluent in English and beginner level Spanish, his tech proficiencies include: Adobe, Photoshop, Illustrator, Sketch-Up, In-Design, MS Word, Pages, Office, Powerpoint, Excel, Quickbooks, Numbers, Wordpress and social media platforms.

- **Future Goals:** Michael aspires to contribute meaningfully to an inspired interprofessional treatment team within a values driven organization, integrating time tested evidence based practices with new modalities, to provide substance use and behavioral health treatment for the dually diagnosed client. He seeks to join a team in Hampshire, Central Franklin or Central Hampden County.

## Elizabeth Kelley

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**Education:** *Master of Social Work, 2018 – Westfield State University*  
*Bachelor of Science in Human Services, 2016 – Springfield College*

**Licensure:** *Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2018*

- **Work Experience:** Elizabeth has worked as a Behavioral Specialist with adolescents in a residential treatment center. Prior to this, she provided one-on-one and group addiction counseling in a both adult and adolescent substance abuse residential treatment center.
- **IBHC Field Internship Experience:** Elizabeth completed an advanced year internship at a CHD outpatient behavioral health agency providing individual therapy to children, adolescents, and adults. Working with an interprofessional team comprised of a psychiatrist, primary care physicians, and nurse practitioners, nurses, social workers, clients were provided integrated behavioral health treatment. Elizabeth participated in weekly interprofessional clinical consultations to create and carry out team-based treatment plans.
- **Foundational Field Internship Experience:** Elizabeth conducted substance abuse evaluations to assess substance abuse problems of inmates and coordinate service referral, including case managing client's substance abuse treatment. She facilitated psychotherapy groups and psycho-educational substance abuse groups in the 28 Day Treatment Program as well as individual therapy sessions to establish treatment plans, explore problems and develop alternative coping skills.
- **Relevant Trainings/Certifications/Licensure:** Elizabeth is certified in Child and Adolescent Needs and Services assessment, Medication Monitoring, and a Certified Alcohol and Drug Counselor (CADC) in Massachusetts.
- **Language and Technology Proficiency:** Elizabeth is fluent in English. She is proficient in Word, Excel, PowerPoint, and social media and Twitter

- **Future Goals:** Elizabeth seeks to continue building upon her growing knowledge base within integrated health care settings and will be looking for social work opportunities in a team-based setting providing early intervention services to at-risk children, youth and adults. She aspires to work in legislation to strengthen policies regarding integrated practices for working with children and adolescents; to ensure best practices are being utilized to education and prevention children from engaging in high risk behaviors. Elizabeth is seeking work in Hampden, Hampshire, Franklin and Worcester Counties.

## Montana McKim

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**Education:** *Master of Social Work, 2018 – Westfield State University*

**Licensure:** *Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2018*

- **Work Experience:** For the past three years, Montana has worked as a Family Support Worker for Clinical & Support Options. In this role, Montana has facilitated and enhanced the use of coping strategies with youth and adults in the community and at home.
- **IBHC Field Internship Experience:** Montana completed an advanced year internship at Clinical & Support Options outpatient behavioral health agency where she provided weekly outpatient therapy to LGBTQ adolescents and adults, as well as clients with dual-diagnoses. Montana worked as part of an interprofessional team with social workers, nurse practitioners, psychologists, and psychiatrists to provide clients with integrated behavioral health treatment. Montana conducted behavioral health consultations with primary care medical professionals to support her clients in addressing both their physical health and behavioral health needs.
- **Foundational Field Internship Experience:** During her foundational internship, Montana independently facilitated two groups, both designed to support adolescents and adults in developing and practicing positive coping strategies. She co-facilitated two groups to support latency age youth in the development of emotion identification and coping skills and to assist parents in practicing parenting skills through the use of the Attachment, Regulation, and

Competency (ARC) model. Montana also worked as a peer mentor with latency age youth and adolescents.

- **Relevant Trainings/Certifications:** Montana is Child and Adolescent Needs and Strengths (CANS) certified and trained in the Attachment, Regulation, and Competency (ARC) treatment model.
- **Language and Technology Proficiency:** Montana is fluent in English and speaks limited Spanish. Montana is proficient in Microsoft Word, Microsoft Excel, and Microsoft Powerpoint.
- **Future Goals:** Montana seeks to expand her growing knowledge base within an integrated health care setting, as well as to participate in an interprofessional team to provide clinical services to LGBTQ individuals and individuals with dual-diagnoses. Montana would like to find a position in Franklin or Hampshire County.

## Chantal L. Newkirk

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**Education:** *Master of Social Work, 2018 – Westfield State University  
Bachelor of Arts in Sociology, 2014 – University of Massachusetts, Amherst*

**Licensure:** *Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2018*

- **Work Experience:** For the past 4 years, Chantal has been working as a Case Manager at the Hampshire County Jail and House of Correction. She provides treatment to male inmates on both an individual and group level focusing on addressing substance use and mental health challenges. She also helps provide skills training and access to resources that assist in their re-entry process to reduce recidivism.
- **IBHC Field Internship Experience:** Chantal's advanced internship was as a clinician at Clinical and Support Options in Gardner, MA. Here she worked in an outpatient setting providing individual therapy and crisis management to adults in an office setting from a trauma informed lens. She collaborates and coordinates with other service providers to ensure optimal services for client recovery from mental illness and substance abuse from an integrated healthcare approach.

- **Foundational Field Internship Experience:** Chantal interned at the Child Trauma Institute in Florence, MA as a Resource Coordinator. She consulted with community providers and area resources to build collaborative relationships with the institute and clients in an effort to assist clients in identifying and accessing aftercare resources in the community upon completion of their intensive therapy retreats.
- **Relevant Trainings/Certifications/Licensure:** Certified in Child and Adolescent Needs and Strengths and CPR/First Aid. Chantal is also trained in Suicide Prevention, Neurobiology of Addiction, Thinking for a Change, Trauma Informed Care, Intro to Mindfulness Skills, Attachment Regulation and Competency (ARC) Framework for Treating Traumatic Stress (1-4), Progressive Counting.
- **Language and Technology Proficiency:** Chantal is fluent in English. Her technological skills include Word, Excel, PowerPoint, and social media advertising.
- **Awards/Honors:** Awards include: Donald Melisi Best Criminal Justice Student 2012, Henry Korson Best Sociology Junior 2013, W.E.B. Dubois Outstanding Sociological Achievement, Center for Research and Families Family Research Undergraduate Student Assistantship (2014), Iota Phi Chapter of Phi Alpha for Social Work (2015). Scholarships include: Securitas Security, Middlesex Community College Foundation Merit, UMass Amherst Mass Transfer, and Ansin Study Abroad Fellowship.
- **Presentations/Scholarship:** Chantal collaborated with an interdisciplinary team to present the IBHC Grand Rounds in May 2018.
- **Future Goals:** Chantal hopes to build on her growing knowledge base within integrated health care settings, and is looking for social work opportunities in a team-based setting providing trauma informed care within the criminal justice system or a related field with high risk juveniles and/or adults in Eastern Massachusetts (Worcester or Middlesex County and/or the Boston area)

## Julie Pearce

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**Education:** *Master of Social Work, 2018 – Westfield State University*  
*Bachelor of Social Work, 2013 – Westfield State University*

**Licensure:** *Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2018*

- **Work Experience:** For the past 5 years, Julie has worked at Highland Valley Elder Services. Julie is the Program Manager of Elder Protective Services, ensuring the safety and wellbeing of elders living in the community. Julie oversees a team of 6 dedicated Protective Services Workers, while also providing community trainings regarding Elder Abuse, Financial

Exploitation, Mandated Reporter requirements, and has presented at the Western Massachusetts Elder Care Conference. Additionally, Julie manages the agency's social media accounts.

- **IBHC Field Internship Experience:** Julie completed her advanced year internship in the Medical and Surgical Intensive Care Units at Baystate Medical Center as part of the social services team working with adult patients and their families. Working as part of a multidisciplinary care team that included doctors, nurses, psychiatrists, and spiritual services, Julie provided integrated behavioral health treatment. She participated in multidisciplinary medical team consultations and took an active role in family care plan discussions to create and carry out team-based treatment plans. She completed assessments, advocated on the behalf of the patient and their family, and collaborated with community resources to create discharge plans.
- **Foundational Field Internship Experience:** Julie completed her foundational field internship at the Phoenix House at Hampden County Community Corrections Center outpatient program. She performed individual client assessments and provided group counseling to clients who had been convicted of drug related felonies and sentenced to participate in the program in lieu of jail.
- **Relevant Trainings/Certifications/Licensure:** Julie has received specialized training in: Elder Protective Services: Basic Training, Financial Exploitation Investigations, Community Legal Aid, Diabetes, SNAP Benefits: Triage 101, Domestic Violence, De-escalation, Representing Clients in Guardianship Actions, Suicide Prevention, MOLST, Vicarious Trauma, and extensive trainings related to Alzheimer's Disease.
- **Language and Technology Proficiency:** Julie is fluent in English and limited amounts of ASL and French. Her technological skills include MS Office Suite Programs, Outlook, Excel, Banner, Harmony, Medware SIMS and CIS electronic medical records. Julie types 115+ WPM.
- **Awards/Honors:** Julie's awards and honors include: National Honor Society of Social Work Phi Alpha (2013) and Phi Kappa Phi Honor Society (2013).
- **Future Goals:** Julie intends to remain in her current role, providing integrated behavioral health assistance to elders in underserved communities.

## Saritzabellis "Sara" Pena

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**Education:** *Master of Social Work, 2018 – Westfield State University*

**Licensure:** *Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2018*

- **Work Experience:** Most recently Sara worked as a geriatric support services coordinator as part of an interdisciplinary care team, coordinating and assessing elderly for services to facilitate independent living. Prior to that, she worked as an intake coordinator for CBHI services, streamlining referrals for appropriate services, and ensuring program was compliant with MassHealth guidelines. She began working in the field in direct care in a DMH-funded residential program for adults living with chronic mental illness and dual diagnosis, where she collaborated in treatment planning. She later became a house manager at a DDS-funded residential program serving 3 women with developmental disabilities, and supervising 6 staff members.
- **IBHC Field Internship Experience:** Sara's Integrated Behavioral Health Internship was at an outpatient behavioral health agency, where she provided individual and family therapy to children, adolescents, and adults. She engaged in collaborative treatment and planning, grand rounds, and group supervision and consultation, working as part of an interprofessional team comprised of advanced practice nurses, psychiatrists, psychologists, and social workers.
- **Foundational Field Internship Experience:** Sara completed a foundational internship as a case manager, collaboratively completing assessments for teen parents and their children in order to help them achieve long-term self-sufficiency. She taught parenting and other life skill classes, facilitated groups, and assisted clients to access their inner resources as well as supportive services in the community.
- **Relevant Trainings/Certifications/Licensure:** Sara is certified in Child and Adolescent Needs and Strengths (CANS) Assessment, and has previously been certified in Medication Administration, Cardiopulmonary Resuscitation and First Aid. She has attended Basic Motivational Interviewing, Vicarious Trauma, and Neurobiology and Trauma-Informed Care Trainings. She is working towards Advanced Motivational Interviewing, as well as a certification in Attachment, Self-Regulation, and Competency.
- **Language and Technology Proficiency:** Sara is fluent in English and Spanish, through verbal and written communication. Technological skills include Word, Excel, PowerPoint, eClinical Works, and Credible Behavioral Healthcare Software.
- **Future Goals** Sara aspires to build on her growing knowledge base within integrated health care settings, and is looking for social work opportunities in a team-based setting in clinical case management and/or individual and family therapy with children, adolescents, and adults. Sara hopes to work in Hampden or Hampshire County.

## Jacqueline Rosado

**Phone:** (413)-523-2531

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**Education:** *Master of Social Work, 2018 – Westfield State University  
Bachelor of Arts, in Human Services, 2015 – Cambridge College*

**Licensure:** *Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2018*

- **Work Experience:** Jacqueline has nine years of experience working at Shriner’s Hospital for Children as a medical assistant, two-years as a medical assistant at Carlson’s Recovery Center Detoxification and Medical Units, and three years at Behavioral Health Network’s Crisis Team as a former family partner and crisis counselor.
- **IBHC Field Internship Experience:** In her advanced practicum placement, Jacqueline served as a psychotherapist at an outpatient facility working with children, adolescents, adults and families. Psychotherapy was offered in-clinic, or in the client(s) home, modalities include individual, couples, and family therapy. The internships setting offered wrap around services and other forms of integrated care.
- **Foundational Field Internship Experience:** Jacqueline supported adolescents from ages 10-17, in a voluntary short-term Community Based Acute Treatment (CBAT) mental health setting. She engaged the clients through a trauma lens/approach as she provided one-on-one supportive risk assessments and counseling. Jacqueline also facilitated motivational, “Here and Now,” and skills training groups.
- **Relevant Trainings/Certifications/Licensure:** Jacqueline is Child & Adolescent Needs and Strengths (CANS) assessment certified.
- **Language and Technology Proficiency:** Jacqueline is fluent in English and Spanish, both in verbal and written form. Her technological skills include Microsoft Word, PowerPoint and research competence in the Statistical Package for the Social Sciences (SPSS).
- **Future Goals:** Jacqueline hopes to become a contributor to macro level changes. Her driving belief is in welcoming change by linking the community to become a whole. She views integrated

health care as central to this process. By addressing systemic deficits, temporary solution(s) can be removed to allow room to reassess problems from a multifaceted perspective. Change cannot take flight without education, systemic change must begin at the school age level to encourage mastery as opposed to performance achievement. Jacqueline has accepted employment at West Central Family Counseling.

## Jessica Whitehead

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**Education:** *Master of Social Work, 2018 – Westfield State University  
Bachelor of Social Work, 2016 – Our Lady of Elms College*

**Licensure:** *Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2018*

- **Work Experience:** Jessica's most current work experience has been as a Direct Care Advocate at the Center for Human Development. Her position includes providing female adolescents receiving support from the Department of Mental Health and Department of Children and Families with daily structure, guidance, and positive direction. She previously worked for Wayfinder's Shelter and Stabilization Program where she provided families with a safe and secure place of residence, 24 hour emergency services related to medical and or mental health concerns, and advocated for family services.
- **IBHC Field Internship Experience:** Jessica's advanced year internship took place at the Baystate Adult Partial Hospitalization Program dedicated to providing acute intervention services. She led group based therapeutic interventions and provided intensive clinical case management. Within this fully integrated setting, Jessica worked collaboratively on an interdisciplinary team that included: clinical case managers, a psychiatrist, a nurse practitioner and a nurse.
- **Foundational Field Internship Experience:** Jessica's foundational internship was as an Adjustment Counselor at the full-service community Lawrence Elm School in Holyoke, MA. She provided support to students from Kindergarten through Fifth Grade presenting with trauma related behaviors by encouraging social and academic progress. Jessica led a social and emotional education-based group for seven-year-old female students coping with difficult emotions. She also assisted with fulfilling IEP and 504 plans.

- **Relevant Trainings/Certifications/Licensure:** Jessica's certifications include: CPR/ First Aid American Heart Association (2017-2019), and Medication Administration Program (2018-2020). She is trained in Problem Gambling and Trauma Informed Care.
- **Future Goals:** Jessica would like to continue expanding her integrated knowledge and practice by working within a hospital, hospice, and/or home settings to encourage and provide the optimal quality of life and services needed for patients and families affected by cancer. Jessica is seeking employment in Hampden County, Berkshire County or Franklin County and is open to working in some areas of Connecticut.

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