

## ***Your Personal Sustainability Action Plan – with Action!***

This is not a lab course – but it should be. We can talk all day long about sustainability, sustainable energy, and ‘being green’, but what we need is action!

I cannot tell you what your plan should look like or what action(s) you should do – that’s entirely up to you and depends on your own interests, situation, and circumstances.

➔ ***However, we all have (at least some) excess time, initiative, and money!***

### **Your Personal Sustainability Action Plan**

A plan is just that: a plan, not a commitment or contract, but rather a list of reasonable goals that you plan to attain over some time frame. Things to consider:

#### **Time Scales**

- Immediate (e.g. starting tomorrow, this semester, etc.)
- Medium-term (e.g. after graduation)
- Long-term (e.g. over 5 to 10 years)



#### **Technology Solutions**

- Be realistic, but not mundane!
- Connection between time scales and available/accessible technology.

#### **Behavior Solutions / Lifestyle Choices**

- Realistic, but not mundane!
- Connection between time scales and lifestyle.

#### **Sustainable Society**

- Activism/Politics
- Volunteering – not just in ‘green’ things!
- Education

How many pages is your personal sustainability action plan? That’s entirely up to you, but here are some broad parameters:

- You should consider and include the different time scales and options listed above.
- Please elaborate and reflect on each of your goals: Why? How? Opportunities? Difficulties?



## With Action!

Now you have a plan – now it's time for action!

Pick a small project, activity, goal, or lifestyle change related to sustainability and sustainable energy and put it into action right now! Once again – I cannot tell you what to do – that depends on your interests and circumstances, but here are some broad parameters:

- It has to be hands-on and active.
- You need to tell me in advance what you are doing.
- Be realistic with your time!
- You may not attain your goal or commit to your lifestyle change – that's okay!

Please include a documentation of your Action in your Personal Sustainability Action Plan. How many pages should your documentation be? That's again up to you, but here are some broad parameters:

- What did you do and why?
- Documentation of your action (include photographs, videos, interviews, etc.)
- Evaluation of your action (what worked, what did not work, why, etc.)
- Conclusion, reflection, suggestions for future actions or improvements.



'LET ME THROUGH! I'M GOING TO ORGANISE  
A SUMMIT TO DRAW UP AN ACTION PLAN.'

## Confused? Ideas? Questions? Unclear?

Talk to me anytime or show me a draft.