

# CAREER EXPLORATION ASSIGNMENT

Identifying a career that best suits your interests, values and skills requires self-reflection and research. This assignment will help you connect your major to a career and help you become familiar with resources to help you learn more about potential career paths. It will also help you assess how well a career matches your personal and professional goals. Select one career of interest and research the occupation using the [Occupational Outlook Handbook](#) and answer the questions below.

What is your major?

What are your career goals? Unsure? Take the Sokanu assessment and/or schedule an appointment with a career advisor by calling 413-572-5206.

What is the primary occupation title? (Please note-not all occupational titles will be listed in the Occupational Outlook Handbook; pick the title that is the closest match to your occupation. This is only for exploration purposes).

Describe in detail the tasks/duties a person in this occupation would perform.

Identify the employment settings (where you might work).

Describe the working conditions of a person employed in this occupation (hours, work environment, etc.)

What is the salary range of someone in this career?

What education/training is needed?

What courses should I take to prepare for this career?

What aptitudes/abilities/interests/values should a person in this occupation possess and why?

Are opportunities in this occupation (in the state you are looking for work) increasing or decreasing? By what percent? (Number found in the employment outlook/employment trends/job outlook section)

Based on your research, do you possess the appropriate certifications, licenses, or credentials for this occupation? If you answered no, what certification, licenses, or credentials do you lack to be employed in this field?

Using the Similar Occupations tab, were you able to identify any additional occupations of interest?