

Westfield State University

Ely Fitness Center

HOURS OF OPERATION

Fall 2025

September 3rd-December 18th

Service Desk Fitness Area		Aerobic Classes	Swimming Pool
SUN	10:30am-4:30pm	*Classes Begin on 9/8/2025	Pool Closed for Renovations
MON	7:00am-9:30pm		
TUE	7:00am-9:30pm	Class Schedule can be found on Social Media & Website	
WED	7:00am-9:30pm		
THU	7:00am-9:30pm	*Call Fitness Center to sign up for class(s). *Same day sign-ups only!	
FRI	8:00am-5:00pm		
SAT	10:30am-4:30pm	*Walk ins welcome but highly suggest signing up as classes fill quickly.	

Management reserves the right to adjust the hours of operation based on customer usage. Please call the Service Desk 572.5500 or check social media for updated information. Adjusted hours of operation for dates listed below will be posted at the Service Desk.

Holiday Schedule:

Labor Day:	9/1 & 9/2: 10:00am-8:00pm	9/3: Begins normal hours
Indigenous People Day:	10/11 & 10/12: Closed	10/13: 1:00pm-9:30pm
Veterans Day:	11/11: 7:00am-9:30pm	11/8 & 11/9: 10:30am-2:30pm
Thanksgiving:	11/25 : 7:00am-7:00pm	11/26-11/30: Closed
Exam Week Schedule	12/15 - 12/18: TBA	

Snow Day/Delay Schedule: Check social media updates on snow day/delay schedule.

Contacts:

Fitness Center Service Desk	elyfitness@westfield.ma.edu 413.572.5500
Mike Young, Assistant Athletics Director/Manager	mdyoung@westfield.ma.edu 413.572.8415
Kamal Makkiya, Assistant Manager	kmakkiya@westfield.ma.edu 413. 572.5437

Website & Social Media:

Facebook: [@WSUOwlsRec](#)
Instagram: [@wsuowlsrec](#)
Threads: [@wsuowlsrec](#)
TikTok: [@wsuowlsrec](#)
X: [@WSUOwlsRec](#)
Website: <http://www.westfield.ma.edu/student-life/fitness-centers/Fitness-Center>

Membership Information:

Membership Fee

- \$78.00/semester for faculty, staff, DGCE students, retirees payable at Student Accounts
- Full-time UG no fee

Membership Eligibility

- Full-time undergrad, Faculty, Administrators, Staff, Retirees, Trustees & DGCE Students can join during the semester months.
 - Alumni, spouses/partners of faculty/staff/admin in addition to the above list are eligible for summer memberships.

Services Provided Upon Request: email elyfitness@westfield.ma.edu or call 413.572.5500

- Orientation Tours of the Facilities
- Individualized Exercise Program Assistance by Certified Professional Staff (no personal training provided)
- Fitness Assessments (Blood Pressure, Heart Rate, Body fat %, Circumference measurements, weight, BMI, flexibility, cardiovascular and muscular endurance/strength testing.
- Fitness and Wellness programs
- Health, Fitness & Nutritional Information