

### WESTFIELD STATE UNIVERSITY ELY FITNESS CENTER'S HOURS OF OPERATION JANUARY 20 - MAY 8, 2020



Fitness/Desk Area		Aerobic Classes	Swimming Pool	Racquetball Court	
SUN	12P - 10:30P		6:30P - 9:30P	12P - 10:30P	
MON	6:30A - 10:30P	New Classes begin on 1/27	6:30P – 9:30P	6:30A - 10:30P	
TUE	6:30A - 10:30P		6:30P - 9:30P	6:30A - 10:30P	
WED	6:30A - 10:30P	Class Schedule at Desk	6:30P - 9:30P	6:30A - 10:30P	
THU	6:30A - 10:30P		6:30P - 9:30P	6:30A - 10:30P	
FRI	6:30A - 7:30P	Classes end on 4/24/2020		6:30A - 7:30P	
SAT	10A - 6P		*Pool Opens 1/21/2020	10 A - 6P	

Management reserves the right to adjust the hours of operation based on customer usage. Please call the Service Desk 572-5500 for updates. Adjusted hours of operation for dates listed below will be at the Desk

# **Holiday Schedule:**

Martin Luther King Day	Presidents' Day	Spring Break	Special April Hours	Patriots' Day	Finals Week
1/20: 12-10:30P	2/15: 12-4P	3/6: 6:30A-4P	4/11: 12P-4P	4/18: 12P-4P	5/4-5/7: 6:30A-6P
	2/16: 12-4P	3/7-8: Closed	4/12: 5:30P-10:30P	4/19: 12P-4P	5/8: 6:30A-2P
	2/17: 3-10:30P	3/9-12: 10:30A-4:30P		4/20: 3P-10:30P	5/9-5/10: 12-4P
		3/13: 10:30A-2P			
		3/14: Closed			
		3/15: 3-10:30P			

# Contacts

Fitness Center Service Desk	572-5500
Myra Ahern, Manager	572-8415
Kamal Makkiya, Assistant Manager	572-5437



### Membership Fee: Includes Ely and Woodward Fitness Center

#### Membership Fee Spring Semester (January 20, 2020-May 8, 2020)

- \$92.50 Faculty, Administrators, Staff, Retirees, Trustees, DGCE Students, Full-time UG (This is a waivable fee automatically charged to your tuition bill. If you have not paid a part of your tuition bill, you are required to pay in order to use the Fitness Centers.)
- Accepted means of payment: Owl Bucks or Check made payable to *Westfield State University*. For payment information please see Myra or Kamal.

#### **Special Membership Information**

• If you pay for a Fall and Spring Fitness Center membership you will receive a free summer membership.

## Who Qualifies for Fitness Center Usage during the Academic Year

- 1. Full-Time Undergraduate Students
- 2. DGCE Students
- 3. Faculty
- 4. Staff & Administrators
- 5. Retirees & Trustees
- 6. Spouses or Partners of faculty, staff and administrators qualify for summer membership only.
- 7. Membership is <u>not</u> extended to children or Alumni.

## Services Provided Upon Request: Call/Ask Kamal or Myra

- 1. Orientation Tours of the Facilities
- 2. Individualized Exercise Program Assistance by Certified Professional Staff
- 3. Individual Fitness Assessments by Certified Professional Staff
- 4. Blood Pressure Measurement
- 5. Health, Fitness & Nutritional Information on Display
- 6. Racquetball Court Reservation
- 7. Men's and Women's Shower and Rest Room Facilities

