

## IMPORTANT HEALTHCARE SUPPLIES TO BRING TO CAMPUS\*

- **A Thermometer (with a spare battery)**
- **Cloth face coverings/masks** (one mask for every day of the week if student only plans to do wash once weekly)
- **Hand sanitizer**
- **Cough/cold medication**
- **Tylenol and/or Ibuprofen**
- **Asthmatic patients bring your own nebulizer and Pulse Oximeter with you if you have one. We will not be giving updraft treatments in Health Services**
- **Allergy medications** (even if they don't usually bother you until late fall or early spring, have them on hand, just in case)
- **Any prescription medications** (be sure to have your prescriptions transferred to a local pharmacy for frequently used medicine like birth control, asthma meds, etc)
- **Birth Control/Condoms**
- **A small first aid kit with bacitracin, bandaids, etc.**
- **Hydrocortisone cream or Benadryl cream for insect bites**
- **Insect repellent**
- **Sunscreen**
- **Your Epi-pen if you have one prescribed for you**

\*This list is merely a tool to help you organize your packing, it is NOT meant to be the only things you pack!