

Westfield

STATE UNIVERSITY

IBHC Project

Westfield State University

Department of Social Work

Interdisciplinary Behavioral Health Collaboration (IBHC) Project

IBHC Fellows ~ Class of 2019 Graduate Catalogue

Interdisciplinary Behavioral Health Collaboration Project
Master of Social Work Program
IBHC Fellows ~ Class of 2019

Bandu Adhikari

Michelle Bachetti

Jenny Bender

Deirdre Brazenall

Tania Cabrera

Riley Cook

Haley Dexter

Toni Dolan

Melissa Gentile

Christina Girard

Jeremy Hill

Theresa James

Katie LeBlanc

Jessica Mooney

Madison Morse

Kelly Noga

Randy Reed

Nicole Twining

Karina Velazquez

Keith Ward

About the Project

Since receiving a \$1.3million HRSA (Health Resources & Services Administration) Behavioral Health Workforce Education and Training Program grant in 2017, the Department of Social Work has made an impact in local social work settings through the Interdisciplinary Behavioral Health Collaboration (IBHC) Project. The IBHC project is increasing integrated behavioral healthcare capacity in four areas; among MSW students, healthcare faculty members, field instructors, and within existing healthcare workforces. In 2018, the IBHC project launched 8 free integrated behavioral health training modules on topics ranging from an introduction to integrated behavioral healthcare to medication assisted treatment for opioid disorders to culturally competent healthcare for LGBTQ populations. Additional modules will launch over the next two years. Each online training module is co-authored by representatives from two healthcare disciplines, is offered in Spanish and CC, and include complimentary CEUs for social workers and nurses. The project also increases the availability of interdisciplinary graduate level social work internships and supports the development of greater integration in existing integrated internships through supervisor trainings, conferences, and site-specific consultations. Please visit the IBHC Project @ WSU at:

<http://www.westfield.ma.edu/interdisciplinary-behavioral-health-collaboration/modules>

Bandu Adhikari

Phone: 413-214-9947

Email: bandhu.adhikari7024@gmail.com

Education: *Master of Social Work, 2019 – Westfield State University
Bachelor of Business Administration, 2008 - DAV College of Management, Nepal*

Licensure: *Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2019*

- **Work experience:** Bandu has worked as a health outreach worker for Commonwealth Care Alliance for four years assisting low income people navigate the state and federal low income eligibility program. Prior to this he worked as a case Manager/ Employment specialist for Ascentria Care Alliance for 4 years, assisting refugees and immigrants.
- **IBHC Field Internship Experience:** At his IBHC field internship, Bandu worked as a Behavioral Health Specialist at Commonwealth Care Alliance and worked at the Caring Health Center, an integrated outpatient clinic. He also worked as a student therapist, doing 1-1 therapy for clients with behavioral and mental health challenges.
- **Foundational Field Internship Experience:** At his foundation field internship, Bandu worked as a Behavioral Health Clinician assessing clients with behavioral needs and helped connect them to other mental health service providers.
- **Language and Technology Proficiency:** Bandu is fluent in English and Nepali and can understand and speak Hindi.
- **Future Goals:** Bandu wants to expand his knowledge in an integrated health care setting and looking for a social work opportunity in a team-based setting providing service to underserved populations. He would like to work in Hampden County.

Michelle Bachetti

Phone: (413) 329-1175

Email: michellebachetti@gmail.com

Education: Master of Social Work, 2019 – Westfield State University
Bachelor of Human Services, 2016 – Springfield College

Licensure: Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2019

- **Work experience:** Michelle has worked as a Recovery Specialist in a residential treatment program for substance abuse and co-occurring disorders for three and a half years. She has also worked as a sober companion and helped to create a research project to track data after discharge from residential treatment.
- **IBHC Field Internship Experience:** Michelle provided supportive counseling, treatment planning and case management to transition aged youth struggling with mental illness in a residential group home setting for the Brien Center. She also facilitated a 10-week Creative Expression group and participated in weekly team meetings with outpatient clinicians, case managers, outreach workers, psychiatrists and nursing staff.
- **Foundational Field Internship Experience:** Michelle completed internship at Clinical and Support Options, an outpatient community mental health center providing outpatient therapy, family therapy, intensive outpatient programs, intensive care coordination, therapeutic mentoring and in-home behavioral therapy to children, adolescents and adults. She carried an outpatient caseload and worked collaboratively with psychiatrists, primary care physicians, schools and court systems to offer integrated behavioral healthcare.
- **Relevant Trainings/Certifications/Licensure:** Addiction Counselor Education program at Westfield State University, CANS Assessment, Crisis Prevention Institute (CPI) Safety Training, Introductory Motivational Interviewing Training, Mindfulness Skills Training, CPR/AED, First-Aid, and Narcan administration.
- **Language and Technology Proficiency:** Michelle is fluent in English. Her technological skills include Microsoft Office, Credible Behavioral Health Software, Salesforce CRM platform, SPSS and social media advertising.
- **Awards/Honors:** Michelle is a member of the Pi Gamma Mu International Honor Society.
- **Future Goals:** Michelle specializes in substance use and co-occurring disorders and aspires to advance clinical competency through social work opportunities in a vast range of settings. She is seeking to work in Berkshire County (MA) and Litchfield County (CT).

Jenny Bender

Phone: 917-805-5603

Email: jenny.bender@comcast.net

Education: *Master of Social Work, 2019 – Westfield State University*
Master of Education, 2001 – Teachers College Columbia University
Bachelor of Arts, 1996 – Vassar College

Licensure: *Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2019*

- **Work experience:** For fifteen years, Jenny has worked as a national literacy consultant, providing professional development to K-8 teachers and supervisors. She assesses school systems to support the development of district goals and action plans. She has published two books on the teaching of writing.
- **IBHC Field Internship Experience:** Jenny completed her advanced field placement at the Baystate Family Advocacy Center in Springfield, an interdisciplinary trauma clinic. Clinical experience included weekly, trauma-focused cognitive behavioral therapy (TF-CBT) for children, adolescents and adults; and co-facilitation of a Homicide Bereavement Group. Jenny participated in interdisciplinary team meetings, collaborating with team members to create treatment plans. She attended interdisciplinary presentations and attended meetings aimed at addressing the Commercial Exploitation of Children (CSEC).
- **Foundational Field Internship Experience:** During her foundational internship, Jenny worked as a clinician at Clinical Support Options Crisis and Respite in Greenfield. She provided mental health assessments, including Mobile Crisis Intervention (MCI) for adults and children, and recommended trauma-informed interventions. Jenny coordinated care with outpatient services, respite, recovery centers, mental health units and other community agencies. She provided case management for respite clients; and co-facilitated a therapeutic writing group.
- **Relevant Trainings/Certifications/Licensure:** Trauma Focused Cognitive Behavioral Therapy (TF-CBT); The 12 Core Concepts for Understanding Traumatic Stress Response in Children and Families; Attachment, Regulation and Competency (ARC) treatment model; Children’s Behavioral Health Initiative (CBHI); Risk Assessment for the Commercial Exploitation of Children; and Motivational Interviewing.
- **Language and Technology Proficiency:** Jenny is fluent in English and speaks limited Spanish. Technology skills include MSOffice, PowerPoint, Google Docs and WordPress. Jenny is proficient with Credible and CIS medical records software.
- **Awards/Honors:** Jenny graduated with honors from Vassar College, Columbia University and Westfield State University.
- **Future Goals:** Jenny is especially interested in working with populations that are underserved, vulnerable and/or impacted by trauma. She seeks employment with a team that is committed to collaboration, and to promoting social justice for individuals and communities. She welcomes opportunities to engage in a variety of tasks, including individual and group therapy, community outreach, education/training and program development. Jenny is seeking employment in Franklin, Hampshire or Hampden County.

Deirdre Brazenall

Phone: 413-923-4907

Email: dbrazenall@gmail.com

Education: *Master of Social Work, 2019 – Westfield State University
Bachelor of Arts, English Literature, 2016 - Mount Holyoke College*

Licensure: *Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2019*

- **Work experience:** Deirdre has been working for Behavioral Health Network's Psychiatric Emergency Service Department as a Crisis Counselor for the past year. Prior to this she worked as a counselor in Crisis Stabilization Units in Holyoke and Springfield.
- **IBHC Field Internship Experience:** Deirdre completed her advanced year placement as an Outpatient Intern at Clinical & Support Options. She provided individual therapy for children, adolescents and adults with a variety of mental health, and substance use disorders. Deirdre worked as part of an integrated team to provide clients with behavioral health treatment. She performed client intake sessions and diagnostic evaluations and facilitating communication between providers.
- **Foundational Field Internship Experience:** Deirdre interned as the Access Advisor for Westfield State University's Disability Services center. She advocated for student documentation by communicating with medical providers, met with students to facilitate the academic accommodation request process, and provided individual support to students with a wide array of mental health, physical and neurocognitive disabilities.
- **Relevant Trainings/Certifications/Licensure:** Certified in Child and Adolescent Needs and Strengths Assessment, CPR, CPI Nonviolent Crisis Intervention, Neurobiology and Trauma Informed Care, Non-Suicidal Self Injurious Behavior Intervention, Transgender Awareness in Clinical Care, Modules within Attachment Regulation and Competency (ARC) Framework for Treating Traumatic Stress.
- **Language and Technology Proficiency:** Deirdre speaks English. She is proficient in MS Word, Excel, PowerPoint, and various electronic medical records including CareLogic and Credible.
- **Awards/Honors:** Graduate with honors from Mount Holyoke College.
- **Future Goals:** Deirdre aspires to continue developing her social work skills in an integrated care environment. She is especially interested in serving adult and geriatric populations in a setting that provides interdisciplinary physical and mental health care. Deirdre can work in Hampden, Hampshire, Franklin and Berkshire counties.

Tania Cabrera

Phone: 413-333-6107

Email: taniacabrera92@gmail.com

Education: *Master of Social Work, 2019 – Westfield State University*
Bachelor of Social Work, 2016 – Westfield State University

Licensure: *Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2019*

- **Work experience:** Tania has worked in the psychiatric unit at Baystate Noble Hospital as a mental health counselor for the past year. She also worked as an Environmental Lead for Baystate Medical Center for 6 years. As a high school student, she participated with Baystate Springfield Educational Partnership Program.
- **IBHC Field Internship Experience:** Tania completed an advanced year internship at Baystate Hospital's Partial Hospitalization Program providing individual and group therapy to children, adolescents, and adults. She worked as part of an interprofessional team comprised of advanced practice nurses, a psychiatrist, and social workers. She participated in weekly interprofessional clinical consultations to create and carry out team-based treatment plans.
- **Foundational Field Internship Experience:** Tania worked at Brightwood Elementary School in Springfield delivering counseling services through classroom instruction, interdisciplinary curriculum, group activities, individual or small group appraisal and advisement, consultation, individual and small group counseling, crisis counseling/response and peer facilitation.
- **Relevant Trainings/Certifications/Licensure:** CPR, Crisis Prevention Institute Training and Parent Management Training
- **Language and Technology Proficiency:** Tania is fluent in both English and Spanish. Proficient technological skills include Word, Excel, PowerPoint, and social media. She has worked with programs such as CIS and EPIC.
- **Awards/Honors:** Tania assisted with the Koinonia Church Summer Program for children.
- **Future Goals:** Tania seeks to build on her growing knowledge base within integrated health care settings and is looking for social work opportunities in a team-based setting providing services to families of low socioeconomic status. She would like to work in the Hampden County area.

Riley Cook

Phone: 413-822-0140

Email: *rmcook145@gmail.com*

Education: *Bachelor of Arts in Sociology, 2012 – University of Massachusetts, Amherst
Master of Social Work, 2019 – Westfield State University*

Licensure: *Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2019*

- **Work experience:** Riley has worked as a Residential Case Worker in a DCF, DMH, and DYS adolescent inpatient behavioral treatment residence for adolescents and young children living with chronic mental illness. Prior to this, she was a front house manager for over ten years at a local restaurant in her community.
- **IBHC Field Internship Experience:** Riley completed her internship at an outpatient behavioral health agency providing individual therapy to adults, as well as an integrated clinical behavioral health program within the same agency providing care coordination services. She worked as part of an interprofessional team comprised of advanced practice nurses, a psychiatrist, and social workers. Riley provided clients with integrated behavioral health treatment and participated in weekly interdisciplinary group supervision and team-based care.
- **Foundational Field Internship Experience:** Riley provided supportive counseling to at-risk adults, ages 18-65 at a DMH developed Community Based Outreach and Residential Service Program. She gained skills in group and individual counseling techniques, implemented Individualized Action Plans, assessed for acute crisis within this setting and engaged outside health care systems as needed.
- **Relevant Trainings/Certifications/Licensure:** Working In Community Crisis Training: “Relationship Building, Crisis Management, and Boundaries,” Trauma Informed Training
- **Language and Technology Proficiency:** Microsoft Office, Microsoft Excel, Microsoft PowerPoint, Microsoft Money, and SPSS.
- **Future Goals:** Riley’s future goals include building on her growing knowledge base within integrated health care settings. She is looking for social work opportunities in a team-based setting to provide treatment, outpatient therapy, and other intervention services to at-risk children, adolescents and adults. Riley is seeking work in Berkshire, Hampden, Hampshire, and Suffolk Counties.

Haley Dexter

Phone: (413) 668-8021

Email: Hdexter4572@gmail.com

Education: Bachelor of Social Work, 2017 – Westfield State University
Bachelor of Arts in Ethnic & Gender Studies, 2017 – Westfield State University
Master of Social Work, 2019 – Westfield State University

Licensure: Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2019

- **Work experience:** Haley has worked as a Home Health Aid for the past five years. She has provided one-on-one care with clients in geriatric and disabled populations. She has worked cohesively with team members to create and maintain treatment plans for clients and has advocated on their behalf.
- **IBHC Field Internship Experience:** Haley completed an advanced year internship at Clinical & Support Options in Northampton, MA, an outpatient community health center. She provided weekly individual therapy to adults between the ages of 18 and 75. Haley collaborated with medication providers, outpatient clinicians, and clients' primary care physicians to create cohesive integrated behavioral health treatment. She participated in weekly interprofessional Grand Rounds to discuss team-based treatment approaches.
- **Foundational Field Internship Experience:** Haley worked with children ages 8-18 at Pathways North; a Service Net funded milieu therapeutic program for children referred through DMH. She developed strong relationship building skills through direct client interaction, creating positive therapeutic relationships with adolescent clients. Haley utilized case management and documentation skills, such as, developing individualized treatment plans and progress notes. She also created and co-facilitated group therapy with clients.
- **Relevant Trainings/Certifications/Licensure:** CANS Assessment, Introductory Motivational Interviewing, Mindfulness Skills Training, Medication Monitoring Training, Alzheimer's and Dementia Training.
- **Language and Technology Proficiency:** Haley is fluent in English. Her technology skills include: Microsoft Word, Excel, PowerPoint, Social Media Management, Credible Behavioral Health Software.
- **Awards/Honors:** Haley was inducted into Phi Kappa Phi (2017) and is a member of the Westfield State University Chapter of Phi Alpha for Social Work (2017).
- **Future Goals:** Haley aspires to further clinical competence and knowledge base through collaborative team-based settings in crisis work and medical settings. She is seeking work in Hampshire or Hampden County.

Toni Dolan

Phone: 413-727-5264

Email: Tonid210@yahoo.com

Education: Bachelor of Social Work, 2018 – Westfield State University
Master of Social Work, 2019 – Westfield State University

Licensure: Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2019

- **Work experience:** Toni is experienced as an integrated care coordinator and case manager in a community outpatient behavioral health and wellness clinic.
- **IBHC Field Internship Experience:** Toni worked as part of an interprofessional team, providing individual therapy to children, adolescents, and adults. She collaborated by providing behavioral health consultations to primary care medical professionals for the benefit of the clients. She also co-facilitated care team meetings and DBT skills group.
- **Foundational Field Internship Experience:** Toni worked as an outreach case manager at the Department of Mental Health, serving adult with serious mental health diagnosis. She gained skills performing assessments and evaluations, completing Individualized Action Plans, as well as advocating for client's needs.
- **Relevant Trainings/Certifications/Licensure:** CANS Certified, Family Leadership Training, Opioid Overdose Prevention Training, Guardianship Process Training, Co-occurring Disorders & the Impact of Trauma, Safe Zone, Psychopharmacology Update Training, QPR Suicide Prevention
- **Language and Technology Proficiency:** Student is fluent in English. Her technological skills include, Word, Excel, and PowerPoint.
- **Awards/Honors:** Phi Kappa Phi, President's Award of Excellence in Leadership, Phi Alpha, Dean's List
- **Future Goals:** Toni aspires to work with individuals and families in a holistic manner, while helping people understand and heal in ways that are culturally relevant. She is also passionate about working with families and individuals preparing mindfully for death and dying. Toni is open to working in the New England region.

Melissa Gentile

Phone: 413-271-0447

Email: Mgentile91@gmail.com

Education: Bachelor of Business Administration, 2014 – University of Massachusetts, Amherst
Master of Social Work, 2019 – Westfield State University

Licensure: Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2019

- **Work experience:** Melissa worked at East of the River Five Town Chamber of Commerce providing advocacy to the local businesses community and organizing fundraising events. Prior to this, she worked at South End Middle School in Springfield, MA instructing at-risk, inner-city middle schoolers in a team-based setting while collaborating with their adjustment counselor and teachers to advance their social and educational needs.
- **IBHC Field Internship Experience:** Melissa completed an advanced year internship at Clinical and Support Options, an outpatient community mental health center, providing individual therapy, including outreach, to individuals between the ages of 14 and 75. She collaborated with medication providers, social workers, and mental health counselors to enhance integrated behavioral health treatment for medically complicated clients.
- **Foundational Field Internship Experience:** Melissa provided support to children ages 6-13 at the Three Rivers Program, a DMH funded Clinically Intensive Treatment Program. She participated in weekly interdisciplinary team meetings, facilitated duo therapy, and assisted in the implementation of treatment plans.
- **Relevant Trainings/Certifications/Licensure:** Certified Usui Reiki Practitioner; Certified CANS Assessor; Crisis Prevention Institute (CPI) Safety Training: Non-Violent Crisis Intervention; Introduction to ACE (Adverse Childhood Events): Implications for Trauma-Informed Care Training; Neurobiology and Trauma-Informed Care Training; Trauma-Informed Customer Service Training; Attachment, Regulation, and Competency (ARC) Framework for Treating Traumatic Stress in Children and Adolescents (Modules 1-4) Training; Introductory Motivational Interviewing Training; Mindfulness Skills Training
- **Language and Technology Proficiency:** Melissa is fluent in English. Her technological skills include: Microsoft Office, Credible Behavioral Health Software, Social Media Advertising/Management, Constant Contact, and ChamberMaster.
- **Awards/Honors:** Melissa was invited to join the Phi Kappa Phi Honor Society.
- **Future Goals:** Melissa aims to advance clinical competence through social work opportunities in medical settings, crisis work, and areas of criminal justice. She is also interested in victims and systems advocacy. Melissa is looking for work in Hampden and Hampshire counties.

Christina Girard

Phone: (413) 250-3354

Email: NinaGirard234@gmail.com

Education: *Bachelor of Social Work, Bachelor of Psychology, 2017 – Westfield State University
Master of Social Work, 2019 – Westfield State University*

Licensure: *Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2019*

- **Work experience:** Christina's current work experience has been at Home Care for Independent Living as a home health aide caring for a quadriplegic individual. Christina monitored the patient through observing physical and mental conditions, provided support with daily routines, as well as helping the patient with exercise programs. Prior to this Christina worked at the Boys and Girls Club in Holyoke, Massachusetts as a kindergarten mentor.
- **IBHC Field Internship Experience:** Christina completed an advanced year internship at the Baystate Partial Hospitalization Program in Holyoke, Massachusetts providing case management to both children and adolescents. She worked as part of a multidisciplinary team that included and participated in multidisciplinary clinical consultation meetings that were held weekly to collaborate with the team about treatment plans. Christina also facilitated group and individual counseling, completed biopsychosocial intake assessments, created treatment goals and discharge meetings.
- **Foundational Field Internship Experience:** Christina interned at Abner Gibbs Elementary School in Westfield, Massachusetts as a school adjustment counselor, providing supportive counseling to at-risk students from Kindergarten to fifth grade. While at her internship Christina expanded her knowledge in group and individual counseling, collaborating with teachings and implementing Individualized Education Plans and 504 Plans.
- **Relevant Trainings/Certifications/Licensure:** CPR/First Aid, Parent Management Training, and is a 200 hour registered yoga teacher from Kripalu.
- **Language and Technology Proficiency:** Christina is fluent in English. Her technological skills include: Word, Excel, PowerPoint, Credible and CIT electronic health records.
- **Awards/Honors:** Christina will be inducted into Phi Kappa Phi (2019) this spring and is a member of the Iota Phi Chapter of Phi Alpha for Social Work (2017).
- **Future Goals:** Christina aspires to build on her growing knowledge base within integrated health care settings and is looking for social work opportunities in a team-based setting in clinical case management and/or individual therapy with children and/or adolescents. Christina would also love to incorporate her yoga teacher training into her work. Christina hopes to work in Hampden or Hampshire County.

Jeremy Hill

Phone: (860)539-4385

Email: jrmyhill2001@gmail.com

Education: Bachelor of Social Work, 2000 – Central Connecticut State University
Master of Social Work, 2019 – Westfield State University

Licensure: Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2019

- **Work experience:** Jeremy has worked as a Substance Abuse Counselor at a Community Mental Health Agency in a Pre-trial Intervention Program completing court evaluations and facilitating Alcohol Education Classes. Prior to this, he worked as a CSP & ACTT worker, and counselor at a methadone clinic.
- **IBHC Field Internship Experience:** Jeremy worked in cooperation with a treatment team in providing a consistently safe and therapeutic structure in which clients/patients are given the opportunity to progress through treatment. He worked with each client/patient to enhance their treatment based on communication with family, outside agencies and the treatment team.
- **Foundational Field Internship Experience:** Jeremy maintained a caseload of 4 patients with a myriad of medical issues such as cardiac and pulmonary disease, chronic neurological disorders, complications of strokes, dementia with major behavioral issues, and end stage terminal illnesses of various diagnoses.
- **Relevant Trainings/Certifications/Licensure:** Jeremy is a Connecticut Certified Alcohol & Drug Counselor
- **Language and Technology Proficiency:** Jeremy is fluent in English. His technological skills include MS Word, Power Point, Google Sheets, Google Docs
- **Awards/Honors:** Jeremy won the running high jump and softball toss two years in a row (5th grade and 6th grade).
- **Future Goals:** Jeremy seeks to increase my knowledge base of adult treatment therapies in a team based integrated health care setting that provides a quality supervision experience. Jeremy's ideal work locations include, but are not limited to Central Connecticut, Northern Connecticut, Hampden, & Hampshire Counties.

Theresa James

Phone: (413) 273-2110

Email: *theresajameslcsw@gmail.com*

Education: *Bachelors in Social Work, 2017 - Elms College
Master of Social Work, 2019 – Westfield State University*

Licensure: *Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2019*

- **Work experience:** Theresa worked as a Support Worker, advocating for individuals with developmental limitations and helping them access services in the community. After 10 short months Theresa was promoted to Supported Living Supervisor in a DDS-funded community outreach program for adults living with chronic mental illness, helping them live independently for the past 6 years.
- **IBHC Field Internship Experience:** Theresa completed her Integrated Behavioral Health Internship at Baystate Partial Hospitalization Program where she was a part of an interdisciplinary team of doctors, nurses and clinicians to provide short-term psychiatric services to individuals in need of crisis intervention. The program provided a comprehensive, multidisciplinary approach that includes milieu treatment, individual and group treatment, psychiatric evaluation, medication monitoring, and case management.
- **Foundational Field Internship Experience:** Theresa gained a wide range of skills at the Department of Children and Families in the adoption and licensing unit, supporting children eligible for adoption as well as the families is looking to adopt, and making the appropriate connections. Theresa also interned at BHN Crisis, taking crisis calls, meeting with individuals and collaborating with team members to provide crisis stabilization to children and adults.
- **Relevant Trainings/Certifications/Licensure:** Theresa attended the Teen Pregnancy Institute Conference in November 2012. She is currently taking a mindfulness training course and holds certifications as a Fire Safety Officer, Human Rights Officer, MAP Certification and an LSW license in Massachusetts
- **Language and Technology Proficiency:** She is fluent in English. Her technological skills include Word, Excel, PowerPoint and social media advertising through website management.
- **Awards/Honors:** Cum Laude – Elms College 2017
- **Future Goals:** Theresa would like to expand on her experience with children and families and is looking for social work opportunities in a team-based setting providing services to at risk families in Hamden and Hampshire county.

Katie LeBlanc

Phone: 774-364-7938

Email: kleblanc21@yahoo.com

Education: Bachelor of Social Work, 2016 – Western New England College
Master of Social Work, 2019 – Westfield State University

Licensure: Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2019

- **Work experience:** Katie provides supportive services to adult and older adult residents in a long-term unit, a ventilator and skilled nursing unit, and a subacute unit. She facilitates Care Plan meetings, creates and updates person-centered care plans, makes referrals for visiting nurses, completes Patient Health Questionnaire (PHQ-9) mood assessments, does intake work for subacute unit and documents in an online system. She currently works in an interdisciplinary environment
- **IBHC Field Internship Experience:** Katie worked in an integrated clinic affiliated with New England Geriatrics. In her advanced year she worked at the outpatient behavioral health part of the agency. She provided individual therapy to children, adolescents, and adults with various affective, developmental and substance use disorders. She provided behavioral health consultations to primary care medical professionals. Clients were provided integrated behavioral health treatment by a multidisciplinary team. Katie developed treatment plans completed CANS assessments with these clients.
- **Foundational Field Internship Experience:** During her foundation internship experience, Katie worked in a number of settings. At Soldier's Home in Holyoke she worked with veterans and conducted daily psychosocial wellbeing assessments. She also interned with a Massachusetts State Senator. Katie later worked with youth at Rick's Place and Head Start. In these settings she worked with groups of children on the grieving process, helped facilitate classroom activities and developed care plans with families.
- **Relevant Trainings/Certifications/Licensure:** Certified in CANS assessment, Certified in Palliative Care, Substance Use Disorder Training, LSW in Massachusetts.
- **Language and Technology Proficiency:** Katie is fluent in English. Her technological skills include Word, Excel, PowerPoint, and social media advertising through Website Management and Twitter.
- **Awards/Honors:** Dean's List, Certificate of Leadership Program in 2015.
- **Future Goals:** Katie aspires to continue growing her knowledge base within integrated health care settings and is looking for social work opportunities in a team-based setting providing early intervention services and service to at-risk individuals of all ages. She is looking for work in Worcester County.

Jessica Mooney

Phone: (413) 441-9187

Email: jessicamooney54@gmail.com

Education: Bachelor of Social Work, 2015 – Elms College
Master of Social Work, 2019 – Westfield State University

Licensure: Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2019

- **Work experience:** Jessica has worked in an acute care residential treatment center for youth who have experienced trauma for the last 9 years. She has held direct care positions, academic, supervisory, and now administrative positions. Jessica currently works as part of an integrated treatment team.
- **IBHC Field Internship Experience:** Jessica worked as an Integrated Behavioral Health fellow with young adults on the Autism Spectrum in a post-secondary school setting. She worked as a social mentor, clinical support, and group facilitator. She worked with the Life Skills department, the Social Skills department, the Academic department, the Careers department, the Clinical department, and the Advising department to provide the appropriate services for each student.
- **Foundational Field Internship Experience:** Jessica worked with now Senator Adam Hinds in a grant funded program for youth at risk for gang involvement. She did outreach, counseling, job placement, and other related services as needed.
- **Relevant Trainings/Certifications/Licensure:** Trauma Informed Care, Skills for Life, Collaborative Problem Solving, Therapeutic Crisis Intervention, Girl's Circle facilitator, Residential Child and Youth Care Professional, Massachusetts Chiefs of Police Association Intermittent Reserve Police Academy.
- **Language and Technology Proficiency:** Jessica is fluent in English. Her technological skills include Word, Excel, PowerPoint, and Google drive-based technology.
- **Awards/Honors:** Cum Laude – Elms College 2015, Employee of the Month, as well as Employee of the Year.
- **Future Goals:** Jessica aspires to build on her education within the social work field. She prefers to work in an integrated healthcare setting that provides team-based care to vulnerable populations. She is seeking work in Berkshire, Hampshire and Hampden Counties.

Madison Morse

Phone: (413) 250-3114

Email: maddy.m.123@Hotmail.com

Education: Bachelor of Psychology, 2016 – Elms College
Master of Social Work, 2019 – Westfield State University

Licensure: Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2019

- **Work experience:** Madison currently works as an intake coordinator at Swift River Addiction Campus. She has also worked as a case manager, assisting clients entering detox, conducting therapy groups, providing counseling services, performing utilization reviews for clients and discharge planning. Prior to that she was a recovery specialist, orienting new clients to the program and facility, provide direction to clients, tracking client safety and supporting facility guidelines.
- **IBHC Field Internship Experience:** Madison was a therapy intern at Swift River Addiction Campus. She worked with patients at the CSS level of care, developed treatment plans, completed treatment plan reviews, administered DASS assessments, completed utilization review forms, conducted individual therapy, conducted family therapy, communicated with other providers on a weekly basis to coordinate care.
- **Foundational Field Internship Experience:** Madison interned as an intake coordinator at Swift River Addiction Campus. She gathered pertinent information to complete biopsychosocial assessment for each new admission, completed initial treatment plans, completed ACES assessments, completed safety assessments, developed safety plans and recommended appropriate therapist assignment.
- **Relevant Trainings/Certifications/Licensure:** CPR, AED, and First Aid certified, Introductory Motivational Interviewing
- **Language and Technology Proficiency:** Madison is proficient in Microsoft Office (Word, Excel, Outlook, Powerpoint), and Google Docs.
- **Awards/Honors:** Cum Laude - Elms College 2016
- **Future Goals:** Madison aspires to build on her growing knowledge base within integrated health care settings and is looking for social work opportunities in a team-based setting providing intervention in the field of corrections and reform. Hampden or Hampshire County.

Kelly Noga

Phone: (413)-454-5080

Email: nogakelly@yahoo.com

Education: Bachelor of Social Work, 2011 – Westfield State University
Master of Social Work, 2019 – Westfield State University

Licensure: Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2019

- **Work experience:** Kelly has worked as an outpatient clinician for the past academic year with Clinical and Support Options at their Friends of the Homeless, and Springfield sites. Prior to this, she spent 7 years at a Behavioral Health and Consultation agency providing executive administrative support, and facilitation for the Psychological Testing and Consulting teams.
- **IBHC Field Internship Experience:** Kelly completed an advanced year internship at an outpatient CSO Friends of the Homeless, providing individual therapy to children, adolescents, and adults experiencing homelessness. She worked as part of an interprofessional team that provided integrated behavioral health treatment to clients. She provided individual therapy and collaborated with the Director of Integrated Treatment Services on mental health and substance use programs.
- **Foundational Field Internship Experience:** As an outreach intern at Westfield State’s Counseling Center, Kelly provided one-on-one relaxation coaching, case management and motivational planning support to students with mental health concerns. In addition to individual student support, Kelly co-facilitated student anxiety groups, supervised undergraduate interns, and presented multiple student workshops. She assisted students in learning ways to advocate for themselves at the university level and provided support when communicating with those in the campus community. She was also an active committee member for the Jordan Porco national suicide prevention campaign that sponsored Westfield State University’s 2018 “Fresh Check Day.”
- **Relevant Trainings/Certifications/Licensure:** Certified in Child and Adolescent Needs and Strengths assessment (CANS), CPI Safety Training, Attachment, Regulation and Competency (ARC). 2019 Humphries Institute Campaign Attendee
- **Language and Technology Proficiency:** Kelly is fluent in English. Her technological skills include Word, Excel, PowerPoint, QuickBooks, Credible EMS system, KRONOS Talent acquisition and social media advertising and management through Facebook and Instagram.
- **Awards/Honors:** CSO T.R.I.B.U.T.E Employee recipient
- **Future Goals:** Kelly aspires to expand her growing knowledge base within an integrated healthcare setting and is looking for social work opportunities in a team-based agency that provides cutting edge treatment and support to individuals and families. Kelly is seeking employment in Central Connecticut or Hampden County.

Randy Reed

Phone: (413)727-4205

Email: talktorandy@gmail.com

Education: *Bachelor of Philosophy, 2001 – University of Massachusetts, Amherst
Master of Social Work, 2019 – Westfield State University*

Licensure: *Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2019*

- **Work experience:** Randy has 12 years of experience as a bachelor's level Counselor in different settings with youth, families, transitional-age youth, and adults who represent the range of diverse communities in contexts that include: psycho-social rehabilitation group homes for youth and adults; a school-based program for at-risk special needs students; an in-home outpatient therapeutic mentoring for youth; in-home family stabilization services for DCYF-referred families; and as a homelessness prevention case manager at a low-income housing building for dually diagnosed clients.
- **IBHC Field Internship Experience:** Randy interned as an Outpatient Clinical Therapist with Clinical and Support Options in Northampton, MA. He provided trauma-informed individual therapy to clients as one part of an inter-professional team comprised of social workers, psychiatrists and primary-care providers. He conducted intakes and assessments, diagnosed, provided behavioral health consultations to primary care professionals, engaged in treatment planning, and integrated theoretical models including psychodynamics, narrative therapy, CBT, and DBT to address treatment goals.
- **Foundational Field Internship Experience:** Randy interned as a Student Adjustment Counselor at Pittsfield High School. He assisted students with academic learning and achievement by addressing social/emotional issues in regular check-in meetings with students on a walk-in and as-needed basis. He worked closely with parents/guardians, teachers, guidance counselors, school administrative staff, and community-based resources to provide services that address social-emotional and behavioral concerns that interfere with learning. Randy used motivational interviewing, techniques for short-term solutions-focused therapy, and assessed for acute crisis.
- **Relevant Trainings/Certifications/Licensure:** CANS assessment, Motivational Interviewing, Attunement, Regulation and Competency (ARC) framework, Collaborative Problem Solving
- **Future Goals:** Randy has been consistently and passionately involved in social work and social justice throughout his adult life, a trend that increases with every new day in the field. He feels comfortable and competent working with youth and families as well as adult clients and can see himself happily working on teams with fellow professionals in schools, out-patient community-based mental health clinics, residential settings, in-home/outreach, and in-patient settings. Randy has accepted a position with Clinical and Support Options in Northampton and is not looking for employment opportunities at this time.

Nicole Twining

Phone: (413)364-3165

Email: nicole.twining03@gmail.com

Education: Bachelor of Social Work, 2017 – Westfield State University

Master of Social Work, 2019 – Westfield State University

Licensure: Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2019

- **Work experience:** Nicole has worked for CHD's Diversion, Shelter and Housing Program as a Senior Case Manager at a family homeless shelter in Springfield, MA, where she assisted families in identifying and resolving barriers to finding permanent housing, including childcare, mental health, unemployment, etc. She has also worked per diem as a crisis counselor at BHN Mount Tom Respite/CCS, where she had previously completed her 1st year social work internship.
- **IBHC Field Internship Experience:** Nicole completed an advanced year internship at Mercy Life PACE (Program of All-inclusive Care for the Elderly) and was part of interdisciplinary team (IDT), comprised of social workers, nurses, doctors, rehab therapists and dieticians, who met for daily team meetings regarding individual client needs, goals and progress. She was responsible for providing individual therapy to a clinical caseload, completing monthly social work assessments, collaborating with team members regarding treatment plans, and implementing behavioral health interventions as needed.
- **Foundational Field Internship Experience:** Nicole provided supportive mental health counseling, utilizing both individual and group therapy, to individuals referred by Crisis, as well as individuals in DMH-funded beds at BHN Mount Tom, Respite/CCS. She was part of team-based approach to care, worked with counselors, clinicians, psychiatrists and nurses to create individualized treatment plans and maintain client safety during crisis.
- **Relevant Trainings/Certifications/Licensure:** CPR/AED, First Aid, Crisis Prevention Institute (CPI), Narcan/Naloxone MAT training
- **Language and Technology Proficiency:** Nicole is proficient with Microsoft Office programs such as Word, PowerPoint, Excel, etc.
- **Awards/Honors:** Cum Laude - Westfield State University, Phi Alpha Member, Dean's List
- **Future Goals:** Nicole aspires to build on her growing knowledge base within integrated health care settings and is looking for social work opportunities in a team-based setting where she can apply both care management and clinical skills to her work with adult populations. She is willing and able to work in Hamden or Hampshire county, as well as some CT locations.

Karina Velazquez

Phone: 413-355-9853

Email: karinavl24@gmail.com

Education: Bachelor of Social Work, 2018 – Westfield State University
Master of Social Work, 2019 – Westfield State University

Licensure: Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2019

- **Work experience:** Karina has worked for ServiceNet as a Residential Counselor for 4 years working with individuals with Traumatic Brain Injuries and Developmental Brain Injuries. She has also been working with Holyoke Medical Center as a Switchboard Operator for two years assisting people with appointments, customer service and patient bed management.
- **IBHC Field Internship Experience:** Karina's IBHC field placement was at West Central Family Counseling Center, an outpatient mental health clinic servicing all populations. She interned as an Outpatient Individual Therapist providing psychotherapy to individuals and families, collaborating in weekly team meetings and individual therapy.
- **Foundational Field Internship Experience:** Karina completed her foundational field internship at The Chicopee Academy in Chicopee, MA as an At-Risk Counselor. Karina held a caseload of individuals, ages ranging from 11 to 22 years. She assisted students working on interpersonal skills, after-high school planning, regular check-in meetings on an as needed basis, and helped with academic achievement.
- **Relevant Trainings/Certifications/Licensure:** CPR, First Aid, AED, CANs Assessment Certification
- **Language and Technology Proficiency:** Fluent in English. Word, Excel, PowerPoint, MediTech, ClaimTrak
- **Future Goals:** Karina's future goals include continue to provide psychotherapy for individuals, families and groups. She seeks to continue educating herself and expanding her knowledge in interdisciplinary care and team-based care. She is seeking work in Hampden County.

Keith Ward

Phone: 207-233-3346

Email: keith.harris.ward@gmail.com

Education: Bachelor of Arts, 2008 – Hampshire College
Master of Social Work, 2019 – Westfield State University

Licensure: Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2019

- **Work experience:** Keith has over seven years of human services work, primarily serving adults with developmental disabilities and geriatric populations in group homes and individual residences. As a case manager, personal care attendant, and direct care worker, he has frequently advocated for clients with their medical doctors, neurologists, psychiatrists, and other health care professionals.
- **IBHC Field Internship Experience:** Keith completed an advanced year internship at an outpatient behavioral health agency providing individual and family therapy to adolescents, adults, and geriatric populations. He served clients with a variety of mental health conditions, ranging in age from 12 to 71 years. The agency program provides interdisciplinary care to clients, involving collaboration between behavioral and psychiatric services.
- **Foundational Field Internship Experience:** Keith provided case management services to adolescent mothers and their children at a Hampden County shelter for teenage parents. He gained skills in group work and engaging health systems related to the needs of his clients, including partial hospitalization programs, outpatient clinics, and primary care offices.
- **Relevant Trainings/Certifications/Licensure:** CANS assessment, Medication Administration Program (MAP), CPR, First Aid, AED Certification.
- **Language and Technology Proficiency:** Keith is fluent in English, and rudimentary American Sign Language skills. Word, Excel, PowerPoint, Final Cut Pro, Audacity, ClaimTrack, Carelogic, and Kronos.
- **Awards/Honors:** Keith has presented a study on IBH education that he conducted with a team of social workers at the 2018 Council on Social Work Education (CSWE) conference in Orlando, Florida. He is an honors student at Westfield State University with a consistent 4.0 GPA in the MSW program.
- **Future Goals:** Keith aspires to build on his growing knowledge base within integrated health care settings and is looking for social work opportunities in a team-based setting providing services to at-risk adolescents, adults, or geriatric populations in settings such as schools, prisons, or inpatient facilities. Student has an interest in working in Hampshire, Hampden, or Franklin county.

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