

IBHC Project

Westfield State University

Department of Social Work

Interdisciplinary Behavioral Health Collaboration (IBHC) Project

IBHC Fellows ~ Class of 2020 Graduate Catalogue

Interdisciplinary Behavioral Health Collaboration Project Master of Social Work Program IBHC Fellows ~ Class of 2020

Emma Baar-Bittman Alison Kinsey

Olivia Bernstein Kelly MacLeod

Ana Bracken Ben Mclaughlin

Ellie Brotherton Aaron Slater

Alex Camire Matt Swift

Liz Caracciolo Ray Tea

Felicita Cintron-Serrano Julio Vergne

Elisha DeJesus Sandra Vrankovic

Terenz Deleon Laresa Wood

Zee Johnson Ryan Zenevitch

About the Project

Since receiving a \$1.3 million HRSA (Health Resources & Services Administration) Behavioral Health Workforce Education and Training Program grant in 2017, the Department of Social Work has made an impact in local social work settings through the Interdisciplinary Behavioral Health Collaboration (IBHC) Project. The IBHC project is increasing integrated behavioral healthcare capacity in four areas: among MSW students, healthcare faculty members, field instructors, and within existing healthcare workforces. In 2018, the IBHC project launched eight free integrated behavioral health training modules on topics ranging from an introduction to integrated behavioral healthcare to medication assisted treatment for opioid disorders to culturally competent healthcare for LGBTQ populations. Additional modules will launch over the next two years. Each online training module is co-authored by representatives from two healthcare disciplines, is offered in Spanish and CC, and include complimentary CEUs for social workers and nurses. The project also increases the availability of interdisciplinary graduate level social work internships and supports the development of greater integration in existing integrated internships through supervisor trainings, conferences, and site-specific consultations. Please visit the IBHC Project @ WSU at: http://www.westfield.ma.edu/interdisciplinary-behavioralhealth-collaboration/modules

Emma Baar-Bittman

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Education: Master of Theater and Education, Emerson College, 2014

Master of Social Work, Westfield State University, 2020 Bachelor of Liberal Arts, Sarah Lawrence College, 2007

- Work experience: Emma worked as a Therapeutic Mentor and as Therapeutic Training and Support with families and youth on an in-home therapy team through Servicenet to assist on building skills within the community, as well as enhance communication and strengths within the family system, providing support for each individual. Prior to transitioning to the field of social work, Emma worked with theater and education nonprofit organizations.
- IBHC Field Internship Experience: Emma completed her internship at Baystate's Child Partial
 Hospitalization Program as a Behavioral Health Clinician. Working with an integrated team, Emma
 provided care for clients and met daily/weekly with the team to collaborate on treatment plans, discharge,
 wraparound services, diagnostic clarification, and clinical formulation. Emma led psychoeducational
 groups, developed safety plans, conducted intakes, completed insurance reviews, and made collateral
 contacts with community stakeholders.
- Foundational Field Internship Experience: Through the Department of Mental Health, Emma provided therapeutic support to clients under age 35 with chronic mental health diagnoses, communicating with and supporting families of clients as needed. Meeting weekly in the community, Emma formed relationships and gained skills in case management, such as conducting comprehensive assessments, crisis evaluations, completing progress and clinical notes, as well as making collateral contacts.
- Relevant Trainings/Certifications: PMT (Physical/Psychological Management Techniques), SBIRT (Screening, Brief Intervention, and Referral to Treatment), Courageous Conversations, Columbia Suicide Severity Rating Scale (C-SSRS)
- Language and Technology Proficiency: Emma's first language is English and she speaks conversational Italian. Proficient in Word, Office, Excel, PowerPoint, Google Suite, Mirah (online measurement-based care system), CIS (electronic medical records), and eHana (electronic medical records).
- Future Goals: Emma hopes to continue working with youth and their families, ideally continuing to work within a team-based setting and providing integrated health care. She is looking for social work opportunities to continue learning, as well as to provide support for individuals and families from a holistic approach. Emma is looking for employment in Hampshire or Hampden counties.

Olivia Bernstein

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Education: Master of Social Work, Westfield State University, 2020

Bachelor of Science - Public Health, University of Massachusetts, 2016

- Work Experience: Olivia worked as the Program Supervisor of a DMH-funded transitional homeless shelter for individuals living with mental health and/or substance use challenges for three years. In this role, she managed a team of ten staff members and implemented a low-barrier service model designed to best support the residents' unique needs. She coordinated transition planning for each individual, managed crises, developed and ran groups related to life skill/coping skill development, and engaged in ongoing care coordination with external healthcare and housing providers. Prior to this, Olivia was a case manager working with young adults and families.
- IBHC Field Internship Experience: Olivia completed her advanced year clinical internship at Clinical & Support Options (CSO) in Greenfield as an In-Home Therapy clinician. In this role, she provided intensive therapy services to children/youth and their families. She engaged in ongoing care coordination as part of an interdisciplinary team comprised of mental health and legal professionals, school systems, and medical providers.
- Foundation Year Internship Experience: Olivia completed her foundation year clinical internship at After Incarceration Support Systems in Springfield, a program of the Hampden County Sheriff's Department, that serves individuals re-entering their community after incarceration. Olivia facilitated groups related to substance use and anger management with a Cognitive Behavioral Therapy and Motivational Interviewing framework and provided one-on-one counseling.
- Relevant Trainings/Certifications: Child and Adolescent Needs and Strengths Assessment (CANS), Introductory Motivational Interviewing Training, Attachment, Regulation, and Competency (ARC)
- Language and Technology Proficiency: Olivia is fluent in English and is skilled in the use of Microsoft Office programs, Credible, and eHana.
- **Future Goals:** Olivia aspires to work in an integrated behavioral health care setting where she can continue to develop her clinical skills in both individual and group therapy. She is seeking employment in Hampshire, Franklin, or Hampden County.

Ana Bracken

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Education: Master of Social Work, Westfield State University, 2020

Bachelor of Social Work, Westfield State University, 2018

Licensure: Eligible for Licensed Certified Social Worker (LCSW-MA) in May 2020

• Work Experience: Ana currently works as a Mental Health Counselor for Baystate Health at Child Partial Hospitalization Program for the past 1.5 years. This facility promotes integrated care by assigning patients to an interdisciplinary team consisting of psychiatry, nursing, social work, and counseling. Ana has also worked for Behavioral Health Network at Community Crisis Stabilization for the past 2.5 years, providing 1:1 counseling to adults in crisis and developing continuum of care planning.

- **IBHC Field Internship:** Ana completed her second-year internship at Center for Human Development Outpatient Services. Ana worked as a clinician in the Greenfield Center for Wellness, which provides medical, mental health, dental, and outreach services. Ana independently carried a caseload of 12 clients and conducted weekly sessions, completed insurance authorizations and referrals, engaged in collateral contacts, and attended interdisciplinary team meetings. Ana also co-facilitated a DBT group.
- **Foundational Field Internship:** Ana completed her first-year internship at BHN Crisis Stabilization/Respite Care. She was trained in crisis intervention, 1:1 counseling, treatment planning, facilitating groups, and conducting admissions/discharges.
- Relevant Trainings/Certifications: CANS assessment, CPI, PMT, DBT Basics, SBIRT, Columbia Suicide Severity Rating Scale
- Language and Technology Proficiency: Ana is fluent in English. Technological skills include Word, Excel, PowerPoint, CIS, Mirah, Ehana, and Carelogic.
- Awards/Honors: Social Work Association at Westfield State University, Phi Alpha Social Work Honors Society
- **Future Goals:** Ana aspires to work in underprivileged communities with at-risk adolescents/adults within an integrated care setting that promotes a team-based approach, to ensure clinical growth and collaboration with other professionals. Ana would like to work within Hampden or Hampshire County.

Elyena (Ellie) Brotherton

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Education: Master of Social Work, Westfield State University, 2020

Bachelor of Arts - Critical Social Thought, Mount Holyoke College, 2006

- Work Experience: Ellie worked for the Baystate Midwifery Education Program and the Baystate Medical Center Division of Midwifery and Community Health for two years where she provided executive support to the Division Chief and the Education Program Director and played a key role in the Midwifery Program's reaccreditation process. Prior to her time at Baystate, Ellie worked as a Certified Postpartum Doula for women in the hill towns of Western Massachusetts for two years and worked for the Daily Hampshire Gazette/Newspapers of New England for five years.
- **IBHC Field Internship:** Ellie completed an advanced year clinical internship at Clinical & Support Options (CSO) in Greenfield where she worked as an In-Home Therapy clinician in the Family Support Services program. In this role, she provided intensive therapy to children/youth and their families while working within an interdisciplinary team at CSO and in collaboration with community resources.
- Foundational Field Internship: Ellie completed her foundation year clinical internship at Baystate Medical Center in Springfield. In this role she independently managed a patient caseload while working within an interdisciplinary team. Her responsibilities included completing biopsychosocial assessments to identify both potential barriers to treatment and strengths upon which patients could build, providing psychoeducation and emotional support to patients and their families, assisting with discharge planning, and collaborating with outside agencies.
- Relevant Trainings/Certifications: Certified in Child and Adolescent Needs and Strengths assessment (CANS). Completed Attachment, Regulation and Competency (ARC) Training, Beginner's Motivational Interviewing Training, and CAPPA Postpartum Doula Training.
- Language and Technology Proficiency: Ellie is fluent in English and proficient in Microsoft Word, PowerPoint, Outlook, Credible, and CIS.
- **Future Goals:** Ellie aspires to work in an integrated behavioral health care setting where she can continue to hone her clinical skills and broaden her social work knowledge while working as part of an interdisciplinary team. She is seeking employment in Hampshire, Franklin, or Hampden County.

Alex Camire

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Education: Master of Social Work, 2020 – Westfield State University

Bachelor of Science in Human Services, 2016 - Springfield College

Associate of Science in Social Services, 2015 – Manchester Community College

Licensure: Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2020

• Work Experience: Alex has worked in the Behavioral Health field for over a decade. He's had consistent professional experience within Aetna's Employee Assistance Program since 2010, managing and coordinating EAP and Work/Life educational training services, working closely with account executives and clinical providers to facilitate client needs. He has also provided case management and advocated for Domestic Violence victims as an intern with Interval House, a DV organization which serves Hartford County; and served the CT Department of Corrections as a corrections counselor intern, assisting with case management and administrative work.

- **IBHC Field Internship Experience:** Alex completed an advanced year internship with Baystate Medical Center's Adult Partial Hospitalization Program (PHP), providing clinical case management to adults experiencing acute mental health crises and co-occuring disorders. He worked as part of an interprofessional team that provides behavioral health care to clients. He interviewed individuals referred for treatment, provided clinical evaluations and preliminary diagnoses. He collaborated with psychiatric providers, created treatment plans with clients, and led psychotherapeutic and psychoeducational groups.
- Foundational Field Internship Experience: As an intern with Behavioral Health Network's Community Crisis Stabilization and Respite (CCS/R), Alex provided counseling, case management, treatment planning, and group therapy to clients admitted to the Holyoke CCS/R unit. He was responsible for performing initial and concurrent reviews for insurers, submitting referrals for outpatient support, and collaborating with interdisciplinary staff for psychiatric and medication consultations with nursing and psychiatry.
- Relevant Trainings/Certifications/Licensure: CPR & First Aid Training, CPI Safety Training
- Language and Technology Proficiency: Alex is fluent in English. He is proficient with most Microsoft Office and Apple iWork programs, WebEx, Sharepoint, Adobe, and various social media platforms.
- **Awards/Honors**: Summa Cum Laude, Dean's List, President's List, Phi Theta Kappa Honor Society, and the Pi Gamma Mu International Honor Society.
- Future Goals: Alex aspires to expand his experiential knowledge within an integrated healthcare setting and is looking for social work opportunities in a team-based agency that provides treatment and support to individuals and families experiencing trauma, grief, loss, and psychosocial issues related to co-occuring disorders and dual diagnoses. Alex is seeking employment in Massachusetts and Connecticut.

Elizabeth Caracciolo

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Education: Master of Social Work, 2020 – Westfield State University

Bachelor of Social Work, 2018 – Westfield State University

- Work experience: Elizabeth has been employed at Baystate's Child Partial Hospitalization Program since September 2018. She works as a per-diem Mental Health counselor at the program for children aged 5-18 presenting with psychiatric, emotional, and/or behavioral difficulties.
- **IBHC Field Internship:** Elizabeth completed her internship at West Central Family and Counseling as an outpatient clinician. She worked with clients from diverse populations on a long-term basis providing them with integrated care on a team with two nurses, one geriatric psychiatrist, and experienced clinicians. Responsibilities included weekly individual sessions using a range of therapeutic skills, treatment plan coordination between client and clinician, detailed clinical documentation, supervision with clinical director and fellow interns.
- Foundational Field Internship: Elizabeth completed her internship at an elementary school under the School Adjustment Counselor. She worked closely with students in grades 2 and 4, facilitating coping skills groups, providing 1:1 support throughout the day, participating in FBA, BIP, and IEP meetings, crisis interventions, collaborating with teachers and staff, and performing assessments.
- Relevant Trainings/Certifications: Certified in Child and Adolescent Needs and Strengths assessment (CANS), CPI Safety Training, Physical and Psychological Management Training (PMT)
- Language and Technology Proficiency: Elizabeth is English-speaking. She has received efficient training in technological systems such as Microsoft Word, Powerpoint, Excel, ClaimTrak, and CIS Powerchart
- Awards/Honors: President's List 2014-2015, Dean's List 2015-2018
- Future Goals: Elizabeth plans to continue working in integrated behavioral health settings throughout her career in Social Work. She will remain at Baystate CPHP as a full-time Mental Health Counselor while working part-time as an outpatient clinician at West Central Family and Counseling. She hopes to obtain her LCSW as soon as she is eligible.

Felicita Cintron

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Education: Master of Social Work, Westfield State University, 2020

Bachelor of Science in Human Services, Springfield College, 2016

- Work experience: Felicita has worked as an outpatient clinician for the past year with Clinical and Support Options (CSO). Prior to this, she spent 7 years at Behavioral Health Network (BHN). Felicita started as a Family Partner providing Family Support & Training (FS&T) services to families of children suffering from mental health. In 2016, Felicita was promoted to Senior Family Partner.
- **IBHC Field Internship Experience:** Felicita completed an advanced year internship at the outpatient CSO clinic, providing individual therapy to children, adolescents, and adults experiencing mental health and substance use challenges. She provided individual therapy and collaborated with other providers involved in the treatment and care of clients.
- Foundational Field Internship Experience: Felicita worked as a Care Coordinator for the Intensive Care Coordination (ICC) program at the Carson Center a program of BHN providing services for families and children ages 0 to 21. She gained skills conducting diagnostic assessments and coordinating care with other providers including DCF, DDS, DMH, schools and crisis services.
- Relevant Trainings/Certifications/Licensure: Certified in Child and Adolescent Needs and Strengths assessment (CANS), Regulation and Competency (ARC), Helping then Helpers: Understanding, Responding, and Transforming Vicarious Traumatization, Working with Adults Survivors of Trauma.
- Language and Technology Proficiency: Felicita is fluent in English and Spanish. Her technological skills include Word, Excel, PowerPoint, Credible EMS system, KRONOS, and Care logic.
- Awards/Honors: Felicita is a recipient of CSO T.R.I.B.U.T.E Employee nomination.
- Future Goals: Felicita aspires to expand her growing knowledge base within an integrated healthcare setting and is looking for social work opportunities in a team-based agency that provides cutting edge treatment and support to individuals and families.

Elisha DeJesus

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Education: Master of Social Work, 2020 – Westfield State University

Bachelor of Social Work, 2017 – Westfield State University

Bachelor of Arts in Ethnic and Gender Studies, 2017 – Westfield State University

Licensure: Eligible to take Licensed Clinical Social Worker (LCSW-MA) in May 2020

Work experience: Elisha has worked as a Mental Health Counselor through Baystate Medical
Centers Child Partial Hospitalization program for the past two years. She collaborated within an
interdisciplinary team to provide therapeutic support and stabilization with children and
adolescents in acute crisis. Elisha has experience working as a residential counselor within various
residential programs including an adolescent Short Term Assessment and Rapid Reintegration
(STARR) program.

- IBHC Field Internship Experience: Elisha completed an advanced year internship at Baystate Child Partial Hospitalization Program as a Behavioral Health Clinician. Elisha collaborated with children, families and team members to create treatment plans, participate in weekly/daily team meetings, attend grand rounds, and complete collateral contacts ensuring continuum of care, including contacting schools, medical and outpatient providers, and insurance agencies. She gained skills in clarifying diagnoses, creating clinical formulations, facilitating psychoeducational groups and interprofessional clinical consultations to create and carry out team-based discharge planning, with both children and adults, as she shadowed the Adult Partial Hospitalization Program on occasion.
- Foundational Field Internship Experience: Through Catholic Charities of Springfield, Elisha provided assistance to Immigrant and Refugee populations helping complete citizenship and other immigration forms, such as permanent residency and sponsorship applications, as well as helping low-income and chronically homeless individuals and families apply for rental and fuel assistance. Elisha gained skills in case management, advocacy, facilitating skill building groups, and arranging outside referrals.
- Relevant Training/Certifications/Licensure: CPI, PMT, CPR, SBIRT, Columbia Suicide Severity Rating Scale
- Language and Technology Proficiency: Elisha is fluent in English. Her technological skills include Word, Excel, PowerPoint, KRONOS, CIS, and Mirah.
- Awards/Honors: Dean's List, Social Work Phi Alpha Honors Society, Tau Sigma National Honors Society, Sankofa Scholar, Rainbow Graduate, Adrienne Rich Academic Excellence Award
- **Future Goals:** Elisha aspires to promote and provide integrated behavioral health care, specifically with the youth in underserved, marginalized communities. She is seeking employment in Hampden and Worcester counties as well as the Boston area.

Terenz Deleon

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Education: Master of Social Work, Westfield State University, 2020

Bachelor of Science in in Human Services, Springfield College, 2014

Licensure: Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2020

 Work experience: Terenz has worked as an outpatient clinician for the past academic year with West Central Family and Counseling. She has been at Greater Springfield Senior Services as a Geriatric Support Services Coordinator for the past four years providing social service supports to elders in the Springfield community.

- IBHC Field Internship Experience: Terenz completed an advanced year internship at the outpatient West Central Family and Counseling, providing individual therapy to children, adolescents, adults and seniors. She worked as part of an interprofessional team that provided integrated behavioral health treatment to clients. She provided individual therapy and collaborated with Psychiatrist, Nurse Practicioners and Primary Care Physicians.
- Foundational Field Internship Experience: As an outreach intern at West Central Family and Counseling, Terenz provided individual therapy sessions in clinic and outpatient. She utilized CBT techniques, motivational interviewing, and relaxation methods. She provided clients with greater coping skills for improvement of cognitive and emotional skills.
- Relevant Trainings/Certifications/Licensure: Child and Adolescent Needs and Strengths assessment (CANS).
- Language and Technology Proficiency: Terenz is fluent in both English and Spanish. Her technological skills include Word, Excel, PowerPoint and QuickBooks.
- **Future Goals:** Terenz aims to grow and learn more within an integrated healthcare setting and is searching for social work opportunities in a team-based agency that provides services to support individuals and their families

Zelmon Johnson

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Education: Master of Social Work, Westfield State University, 2020

Master of Science degree – Business Education – Morgan State University Bachelor of Science degree – Business Education – Morgan State University

Licensure: Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2020

• Work Experience: Zelmon has worked at the City of Springfield, Massachusetts, Department of Elder Affairs as an Outreach Coordinator, which included supervising the Outreach team, and servicing the senior population with elder care resources. Prior to this, she spent over 10 years as a senior human resource professional in corporate environments, non-profit, and social justice organizations.

- IBHC Field Internship Experience: Zelmon completed an advanced year internship at the Trinity Health/Mercy Life Pace Program providing behavioral health consultations, individual therapy and case management to the senior population. She worked as part of an interdisciplinary team providing all-inclusive care for the elderly which was designed to assist seniors to live safely and in their homes. She conducted annual and semi-annual assessments for participants and utilized the TruChart system for documentation.
- Foundational Field Internship Experience: Zee completed a foundation year internship at Western Mass Hospital, where she supported the Dementia/Memory Loss and Behavioral units. She participated in weekly interdisciplinary team meetings, determined the suitability of pre-admission and discharged assessments (with supervision), provided support to families regarding grief counseling, one on one counseling for family and patients, utilized the MediTech Patient system for documentation and assisted with overall ADL activities.
- Relevant Trainings/Certifications/Licensure: CPR/First Aid, Narcan Nasal Spray Training
- Language and Technology Proficiency: Zelmon is fluent in English. Her technological skills include Word, Excel, PowerPoint, various payroll and HRIS systems.
- Awards/Honors: MLK, Jr. Family Services 2020 Social Justice Award Recipient for Entrepreneurship, First Lady Luncheon "Community Builder, 2017", UBORA 2010 Recipient-Springfield Museums-African Hall, Elms College "Woman of Vision" Award Recipient 2004.
- Community Affiliations: Board Member of Multicultural Community Services; Village Keepers/Safe Harbor; H.M. Hutchings Family Life Center, Inc.; and the Springfield Dementia Friendly Coalition.
- Future goals: Zelmon aspires to expand her knowledge base within an integrated healthcare setting, utilizing her work experiences and skills. Zelmon is open to geographical locations within Hampden, Hampshire, and Worcester counties.

Alison Kinsey, LSW

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Education: Master of Social Work, Westfield State University, 2020

Bachelor of Arts - Human Development and Social Relations, Earlham College

Licensure: L.S.W., Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2020

• Work experience: Alison has worked in the social work field for 12 years supporting families with children with significant emotional, developmental, and medical needs. She currently works in crisis services, and in the past has provided CBHI wraparound services, and facilitated family engagement in a public virtual school environment.

- **IBHC Field Internship Experience:** Alison completed an advanced year internship at West Central Family Counseling in West Springfield as an outpatient clinician for adults. Alison specialized in understanding and supporting clients struggling with adjusting to chronic illness.
- Foundational Field Internship Experience: As an intern at Baystate Hospital Alison collaborated with medical team members to treat patients on the Intensive Care Unit and the Heart and Vascular floors. She participated in daily triage meetings, as well as in team meetings with family members of ICU patients having to make end-of-life decisions for their loved one.
- Relevant Trainings/Certifications/Licensure: Motivational Interviewing Advanced Training; Integrated Health Treatment Education, Psychopharmacology for Integrated Behavioral Health Practice; Mobile Crisis Intervention Training; Certified in Child and Adolescent Needs and Strengths assessment (CANS); CPI Safety Training, Attachment, Regulation and Competency (ARC); Mental Health First Aid USA; National Certification Care Coordinator Tier One, Vroom Vandenberg
- Language and Technology Proficiency: Alison is fluent in English and speaks conversational Spanish. Her technological skills include Word, Excel, and PowerPoint.
- **Awards/Honors**: Resource Coordination Award, The Arc of the Pikes Peak Region; Award for Excellence in Secondary Teaching, Honor Roll, College of Santa Fe; Phi Beta Kappa and Departmental and College Honors, Earlham College.
- **Future Goals:** Alison aspires to expand her growing knowledge base within an integrated healthcare setting. She is specifically looking for social work opportunities in a team-based agency that provides cutting edge treatment and support to individuals and their families struggling with adjustment to illness and end-of-life care. Alison is seeking employment in Berkshire, Hampden, Hampshire, and Franklin counties.

Kelly MacLeod, LSW

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Education: Master of Social Work, Westfield State University, 2020

Bachelor of Sociology, University of Massachusetts, Lowell, 2005

Licensure: Eligible to take LCSW exam (LCSW-MA) in May 2020

• Work experience: Kelly has a variety of experience including DYS, working with those with mental health issues in the community. She managed two group homes for people with developmental disabilities and managed a substance abuse recovery home for women. Kelly has worked as a case manager at an elder services agency, and director of social services at a nursing home.

- **IBHC Field Internship:** Kelly completed her advanced year internship with New England Hospice. She was an integral part of an Integrated Behavioral Health Team. Kelly took an active role in biweekly clinical consultations to facilitate team-based treatment plans for individuals on hospice care. The Interprofessional Team included doctors, social workers, hospice aids, chaplains, nurses, volunteers, clinical director and agency director.
- **Foundational Field Internship:** She was a therapeutic trainer and support (TT&S) for children at YOU Inc. This entailed working with the entire family on treatment planning, intake, service coordination, assessment, referral, termination and making collateral contacts.
- Relevant Trainings/Certifications: Certified in Crisis Prevention Intervention (CPI), Child and Adolescent Strengths Assessment (CANS). Member of the National Association of Social Workers (NASW). Kelly is the central point of contact in regard to researching and writing grants at her current employer.
- Language and Technology Proficiency: Kelly is fluent in English. Her technological skills include Word, Excel, PowerPoint, LinkedIn, Google, Google Docs, Matrix, Carelogic, Hospicesoft, Virtual Gateway and Relias.
- Awards/Honors: Kelly is a member of the Alpha Kappa Delta (Sociology) Honor Society. At
 different employers, her colleagues have given her Employee of the Month and the Annual
 Achievement Award.
- **Future Goals:** Kelly aspires to enhance her Clinical knowledge within an Integrated Health Setting and is looking for a position collaborating with team members to provide quality end of life care. Her preferred geographic region is Worcester county.

Ben McLaughlin

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Education: Master of Social Work, Westfield State University, 2020

Bachelor of Science – Psychology, University of Massachusetts, Amherst, 2013

Licensure: Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2020

Work Experience: Ben has worked as a mental health counselor for Baystate Franklin Medical Center's
psychiatric unit, where they provide group facilitation, individual counseling, and crisis intervention to
adults with acute mental illness. Previously, Ben was a research assistant for the Language, Intersensory
Perception, and Speech (LIPS) Lab at UMass Amherst.

- **IBHC Field Internship:** In their work for Clinical and Support Options' Northampton office, Ben provided outpatient counseling services to children and adults in the Hampshire County. They also participated in interdisciplinary group supervision, consulted on cases as part of CSO's Grand Rounds, and worked with CSO's Certified Community Behavioral Health Clinic program to provide outreach and wellness resources for MassHealth clients.
- Foundational Field Internship: As an adjustment counselor intern for Holyoke High School, Ben provided mental health services to students in a variety of capacities. In addition to their work with individuals, they provided counseling, co-facilitated the student GLBTQ+ alliance, and co-facilitated a social skills group. Ben also worked as part of IEP teams to develop socioemotional goals for students and served on the school's interdisciplinary Care Team to identify and intervene with at-risk students.
- Trainings & Certifications: Certified in Basic Life Support (BLS); CPI nonviolent crisis intervention;
 Child and Adolescent Needs and Strengths (CANS) assessment; Attachment, Regulation, and Competency (ARC) framework; CSO Trauma-Informed Care (TIC) core competencies.
- Language and Technology Proficiencies: Ben is fluent in English. Proficient in Microsoft Office Suite, Google Drive and related programs, Cerner Information Systems (CIS) healthcare management program, SchoolBrains student database, and the Credible clinical charting program.
- Awards/Honors: CSO T.R.I.B.U.T.E awards, Baystate Celebrates Employee awards, and co-recipient of the Baystate Presidential Quality Award
- Future Goals: Ben hopes to develop creative and expressive therapeutic modalities as part of a larger goal to expand their clinical work with individuals and groups. Ben also has a passion for working with GLBTQ+ individuals and is looking to apply an intersectional lens to integrated healthcare practices for disadvantaged populations. Ben is currently looking for work in the Hampden, Hampshire, and Franklin counties.

Aaron Slater

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Education: Master of Social Work, Westfield State University, 2020

Master of Fine Arts, Columbia University, 2014

Bachelor of Psychology and English, 2010 – Williams College

- Work experience: Aaron has worked as an intensive care coordinator in Berkshire County for over three years at The Brien Center's Community Service Agency, collaborating with interdisciplinary teams to develop and implement individualized care plans for the families of youth with mental health diagnoses. He also has experience in grant writing, project management, outcomes reporting, resource development, data collection, education, and program design from his work with other non-profit agencies in Massachusetts and New York.
- IBHC Field Internship Experience: Aaron interned at The Brien Center's Adult Clinical Community Services and Behavioral Health Community Partners programs, serving individuals with significant mental and physical health needs. He worked as part of an interdisciplinary team to coordinate and provide behavioral care to holistically support individuals to live independently and move toward wellness. He provided individual therapy, facilitated regular team meetings, and developed and implemented a smoking cessation group alongside nursing for Brien Center clients and staff.
- Foundational Field Internship Experience: As an intern with Berkshire Children and Families, Aaron provided social-emotional and therapeutic support to children and youth served by the Early Education and Care programs. He provided education and instruction on emotional regulation and mindfulness, facilitated activities and lessons on feelings, and worked to provide specialized attention and support to students especially struggling. Aaron collaborated with teachers and program administration to ensure students' needs were understood and met.
- Relevant Trainings/Certifications/Licensure: Child and Adolescent Needs and Strengths (CANS) assessment, The Wraparound Institute.
- Language and Technology Proficiency: Aaron is fluent in English. He is proficient in Word, Excel, PowerPoint, and various health record and database systems including eHana, iCentrix, and FileMaker.
- Future Goals: Aaron is interested in continuing to work within an integrated healthcare setting, supporting individuals toward overall wellness through addressing the social determinants of health. Aaron is open to employment opportunities in Western Massachusetts, including Berkshire, Hampden, Hampshire, and Franklin Counties.

Matt Swift

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Education: Master of Social Work, Westfield State University, 2020

Bachelor of Arts, Simon's Rock of Bard College, 1988

- Work experience: Matt has worked as an outpatient clinician this last academic year with Clinical and Support Options at their Northampton Outpatient Clinic. Previously he worked as a recovery counselor at ServiceNet's Community Based Flexible Support program in Northampton where he provided outreach support for participants with a variety of mental health and substance use challenges. He also served on ServiceNet's MHRS Substance Use Task Force which identified best practices for addressing substance use throughout MHRS.
- **IBHC Field Internship Experience:** Matt is completing an advanced year internship at the CSO outpatient clinic in Northampton providing individual and group therapy to adults, children, and adolescents. He has been working as part of an inter-professional team providing integrated behavioral health care through the grant funded Certified Community Behavioral Health Center wellness program. He regularly participates in weekly grand rounds meetings with prescribers and family support staff as well as outpatient clinicians.
- **Foundation Field Internship Experience:** Matt completed his foundation practicum at CSO's Respite program in Greenfield where he provided short term treatment planning, case management, assessment, and support to clients struggling with a variety of challenges including mental illness, substance abuse, and homelessness, assisting them in pivotal moments of their lives.
- Relevant Trainings/Certifications/Licensure: Child and Adolescent Needs and Strengths assessment (CANS), Medication Administration Protocol, CPR, Recovery Coach Academy Training, Certified in Youth Mental Health First Aid, Motivational Interviewing.
- Language and Technology Proficiency: Matt is fluent in English. He is competent is Word and Power Point as well as Credible and eHana electronic health records systems.
- Future Goals: Matt is looking forward to continued growth and education in an integrated teambased setting working with at risk adults and youth. He is looking for positions in and around Hampshire county Massachusetts.

Ray Tea

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Education: Master of Social Work, Westfield State University, 2020

Bachelor of Film & Performance, University of Massachusetts, 2015

Licensure: Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2020

• Work experience: Ray has worked as an in-home therapist for the past academic year with Clinical and Support Options at their Greenfield site. Prior to this, he spent one year as a school adjustment counselor in the first trauma-informed school in Springfield, MA.

- **IBHC Field Internship Experience:** Ray completed an advanced year internship providing inhome therapy to children, adolescents, and adults. He worked as part of an interprofessional team that provided integrated behavioral health treatment to clients. He provided family therapy and collaborated with the Director of Family Support Services on mental health and trauma.
- Foundational Field Internship Experience: As an in-home therapist, Ray provided family counseling, relaxation coaching, case management, stress management, and motivational planning support to families with mental health concerns. In addition to working with family support services, Ray was a member of the MSW student counsel.
- Relevant Trainings/Certifications/Licensure: Certified in Child and Adolescent Needs and Strengths Assessment (CANS), CPI Safety Training, Adverse Childhood Experience Training (ACE), Attachment, Regulation, and Competency Training (ARC), and Trauma-Informed Care Certified.
- Language and Technology Proficiency: Ray is fluent in English and Khmer. His technological skills include Word, Excel, PowerPoint, QuickBooks, Credible EMS system, social media advertising and management through Facebook and Instagram.
- **Future Goals:** Ray aspires to expand his growing knowledge base within an integrated healthcare setting and is looking for social work opportunities in a team-based agency that provides cutting edge treatment and support to individuals and families. Ray is seeking employment in the Hampden County area.

Julio Vergne

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Education: Master of Social Work, Westfield State University, 2020

Bachelor of Arts – Psychology, Emmanuel College (Boston, MA), 2007

Licensure: Eligible to take Licensed Certified Social Worker (LCSW – MA) in May 2020

• Work Experience: Julio worked as an outpatient clinician this current academic year with Clinical and Support Options at the Friends of the Homeless site. Presently, he has been working as a residential living counselor and spent three years as a special education teacher. Julio also has past experience working for Crisis and In-Home Therapy through the agency Behavioral Health Network (BHN).

- **IBHC Field Internship Experience:** Julio completed an advanced year internship at the outpatient CSO Friends of the Homeless, providing individual therapy to adults experiencing homelessness. He worked as part of an interprofessional team that provided integrated behavioral health treatment to clients. He provided individual therapy and collaborated with the Director of Integrated Treatment Services on mental health and substance abuse programs.
- Foundational Field Internship Experience: Julio interned with the adjustment counselor at Holyoke High School-Dean Campus. Responsibilities included servicing students with Individualized Action Plans (IEP), by administering outpatient therapy and facilitating an anger management/conflict resolution group. Julio had a caseload of high school students, between the ages of 14-19. He worked as a case manager on the schools Care Team, which identified academically at-risk students and developed a treatment plan for student success and graduation.
- Relevant Trainings/Certifications/Licensure: Crisis Prevention Intervention (CPI) Training
- Language and Technology Proficiency: Julio is fluent in both English and Spanish. His technological skills include Word, Excel, PowerPoint and Credible EMS system.
- **Future Goals:** Julio aspires to gain more experience within an integrated healthcare setting and is looking for social work opportunities working with underserved children and families. Julio is seeking employment in Hampden County but is willing to travel.

Sandra Vrankovic

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Education: Master of Social Work, Westfield State University, 2020

Bachelor of Social Work, Westfield State University, 2018

- Work experience: Sandra has worked as an outpatient clinician for the past year with the Clinical and Support Options of Springfield. Prior to this, she also was working as Family Support Services, providing intensive clinical case management to children, adults and families that need extra supports. Sandra also has worked in residential group homes with individuals with developmental disabilities over the past six years at the Center of Human Development and Mental Health Association in Springfield.
- IBHC Field Internship Experience: Sandra completed an advanced year internship at the Clinical and Support Option as outpatient therapist, providing individual therapy to children, adolescents, and adults. She has worked as part of an interprofessional team that provided integrated behavioral health treatment to clients. She provided individual therapy and collaborated with team members to create treatment plans. Participated in weekly interprofessional clinical consultations to create and carry out team-based treatment plans.
- Foundational Field Internship Experience: Sandra provided social work services to elders living with Alzheimer's and assisted the clients in maintaining their independence at Christopher Heights of Northampton. She also provided coaching support to adults from age 18 to 22, to teach life and vocational skills to transition to a job at the East Mountain Road Transition Program of Westfield. She also assisted clients with activities at Sunshine Village in Westfield and Springfield.
- Relevant Trainings/Certifications/Licensure: Child and Adolescent Needs and Strengths assessment CANS, Advanced Practice in Trauma-Informed Care, Attachment, Regulation, and Competency (ARC), MAP, and CPR
- Language and Technology Proficiency: Sandra is fluent in English and Croatian. Her technological skills include Word, PowerPoint and Credible EMS system.
- Awards/Honors: CSO Tribute Quarterly and Monthly Winner, Judy Hoyt Counselor of the Summer at Kamp for Kids
- Future Goals: Sandra aspires to build on her growing knowledge base within integrated health care settings and is looking for social work opportunities in a team-based setting providing quality services and support to individuals and families. Sandra is seeking employment in Hampden County, MA.

Laresa Wood

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Education: Master of Social Work, Westfield State University, 2020

Bachelor of Arts - Sociology, University of Massachusetts, Amherst, 2016

Licensure: Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2020

• Work experience: Prior to academic placements, Laresa worked as a Therapeutic Training and Support and Therapeutic Mentor for in-home therapy in Franklin County. Laresa also worked at STARR, which is a short-term residential program for at risk youth. This STARR program was a 15 bed, co-ed facility for youth age 6 to 19.

- IBHC Field Internship Experience: Laresa provided outpatient therapy for her advanced year internship at a child advocacy center, the Family Advocacy Center in Springfield. She provided individual TF-CBT to children and adolescents. Laresa offered individual therapy to children, adolescents and adults. She also has co-facilitated a group therapy for sexual abuse victims following the Empowered and Resilient curriculum. Laresa also collaborated with community members with the focus on commercial sexual exploitation of children. Laresa helped facilitate two community events that raised awareness and support around homicide bereavement.
- Foundational Field Internship Experience: Laresa worked as a medical social worker alongside a medical doctor, nurse practitioner and licensed social worker to assist with exams and provided psychoeducation to the caregivers. In this role she was able to complete assessments of caregivers and connect them with services to best support them, such as therapy referrals to the clinical team. Additionally, Laresa worked with the caseworkers to create awareness for the suicide bereavement program and services for the community.
- Relevant Trainings/Certifications/Licensure: DBT for individual and group therapy, TF-CBT
- Language and Technology Proficiency: Laresa is fluent in English. Her technological skills include Word, Excel, PowerPoint, Centricity, CIS medical system and social media advertising through Facebook and Instagram.
- Future Goals: Laresa strives to increase her knowledge within an integrated healthcare setting and is looking for social work opportunities in a team-based agency. Laresa wants to work with children, adolescents, adults and families in an individual setting. Laresa is seeking employment in Massachusetts.

Ryan Zenevitch

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Education: *Master of Social Work – Westfield State University*, 2020

Bachelor of Science - Psychology, University of Massachusetts, Amherst, 2012

Licensure: Eligible to take Licensed Certified Social Worker (LCSW-MA) in May 2020

• Work Experience: Most recently, Ryan has worked as a clinical intake coordinator for an inpatient psychiatric hospital. Prior to that, he worked as a program manager for a supported housing program for a community mental health agency providing CBFS services. He has also worked as a mental health counselor on inpatient psychiatric units, in an emergency mental health services unit, and as direct care staff in the community.

- **IBHC Internship:** Ryan completed an advanced year internship in a family medicine clinic providing individual therapy to children, adolescents, and adults. He worked as part of an interprofessional team comprised of Advanced Practice Nurses, Primary Care Physicians, a Psychologist, and Social Workers. Clients were provided integrated behavioral health treatment informed by interprofessional treatment consultations.
- Foundational Internship: Ryan interned as a crisis intervention specialist on an emergency mental health services unit located in an emergency department. He gained skills related to crisis evaluation and intervention. He interviewed clients from across the lifespan facing mental health crises and worked with an interdisciplinary team and the client to determine the most appropriate level of care on the spectrum of mental health treatment services.
- Relevant Trainings/Certifications/Licensure: Child and Adolescent Needs and Strengths (CANS), CPR / First Aid
- Language and Technology Proficiency: Ryan is fluent in English. His technological skills include Word, Excel, PowerPoint, and multiple electronic health record (EHR) systems.
- Awards/Honors: NASW Massachusetts Board of Directors, MSW Student Representative.
- **Future Goals:** Ryan aspires to build on his growing knowledge base within integrated health care settings and is looking for social work opportunities in a team-based setting providing mental health treatment services to adults and young adults. Ryan is seeking employment in Worcester County.

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