

# Health Education in the Elementary School

MOVP 303-501

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announced

## Course Description

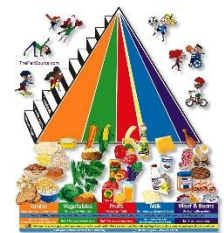
Students in this class will investigate current content and practices necessary for implementation of an effective, integrated early childhood and elementary school health programs.

Topics will include: risk factors, safe school environment, bullying, school health services, mental and emotional health, nutrition, childhood obesity, puberty and growth and development, assessment and HIV/AIDS. Instructional strategies and current material available in health education will be introduced and discussed.



## REQUIRED TEXTS:

Meeks, Linda; Heit, Philip; and Page, Randy, Comprehensive School Health Education-Totally Awesome Strategies for Teaching Health, (6th, 7th or 8<sup>th</sup> edition), Ohio: MeeksHeit Publishing Company. (2003).



Coloroso, Barbara, The Bully, the Bullied and the Bystander, Harper Resource. (2004)

Hallowell, MD, Edward M., The Childhood Roots of Adult Happiness, Ballantine Books, (2002)