

SOCW 0621: Mental Health and Children

Instructor: Amy Shuman, MSW, LICSW, DCSW
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Hybrid Course. Face to Face portion on Mondays 5:30 – 7:00 pm

COURSE DESCRIPTION

In this Social Work Graduate level 3-credit **Hybrid Course**, Child Mental Health Theories are critically examined with particular attention given to the influences of gender, race, ethnicity, and other forms of diversity on the development of deviations.

Course materials in Mental Health and Children will expand students' abilities to conceptualize children's strengths and needs, and support students' abilities to develop effective interventions with children.



Course materials will lay this groundwork by focusing on three separate, inter-related bodies of knowledge.

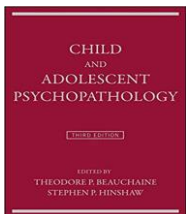
- A review of psychodynamic theories and concepts will provide students with an historical perspective on both human development perspectives and mental health practice principles that are highly influential in clinical social work practice today.
- Through the lens of the presented psychodynamic theories, we will learn about child development and childhood behavioral health disorders.
- Finally, students will discuss and practice application of the DSM classification system, the field tool used to identify and drive aspects of treatment in behavioral health practice. While the focus of this course is children, the topics addressed also substantially impact a student's ability to assess and intervene with adults and families.

Texts:



American Psychiatric Association (2013). *Diagnostic and Statistical Manual of Mental Disorders-V*. Washington, DC: American Psychiatric Association.

<https://www.psychiatry.org/psychiatrists/practice/dsm>



Beauchaine, T.P. & Hinshaw, S.P., eds. (2008). *Child and adolescent psychopathology*. Hoboken, NJ: John Wiley and Sons.

<https://www.amazon.com/Child-Adolescent-Psychopathology-Theodore-Beauchaine/dp/111916995X>

- Bowlby, J. (1988). *A secure base: Parent-child attachment and healthy human development*. New York, N.Y.: Basic Books.
- Herman, J.L. (1992). *Trauma and recovery*. New York, NY: Basic Books.